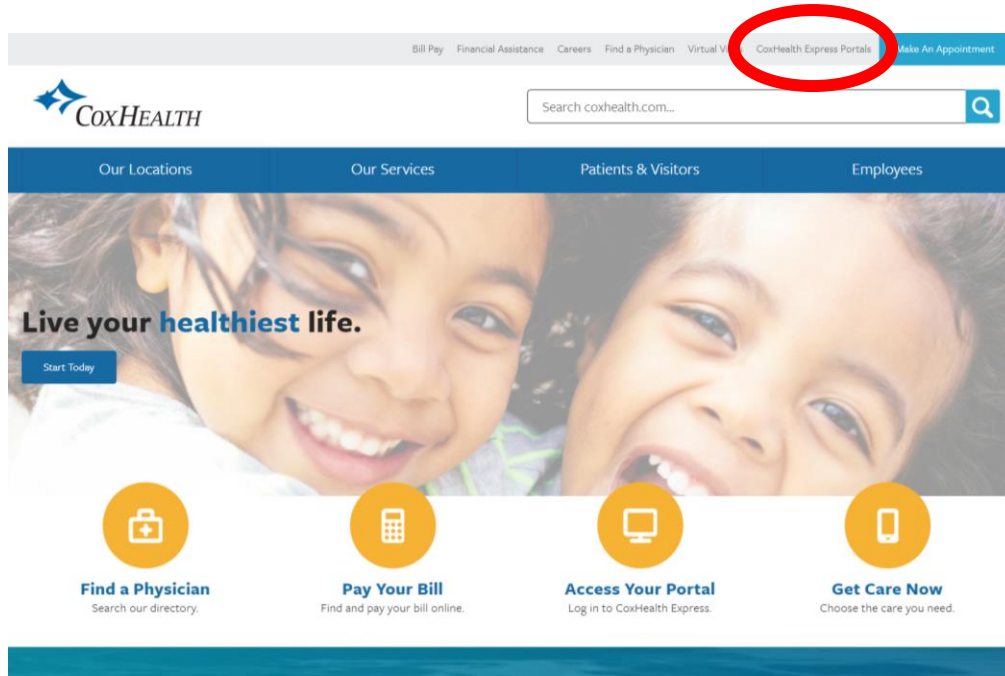


****For login issues please call 1-888-252-8150**

First time User Login Instructions

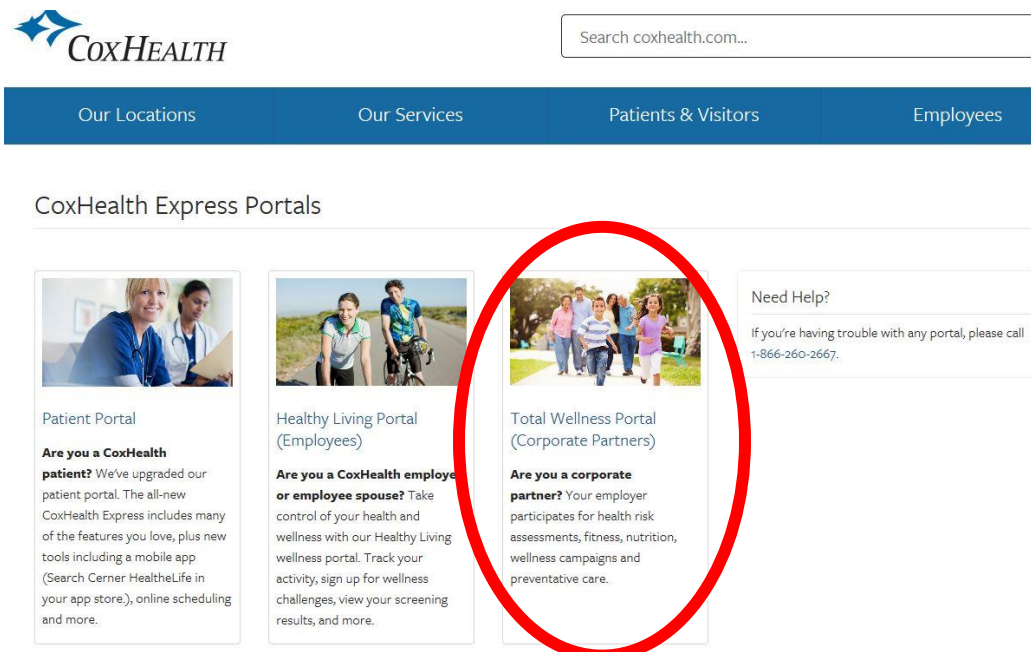
Step 1

Go to www.coxhealth.com and select the “CoxHealth Express Portal” link on the top right side of the page.



Step 2

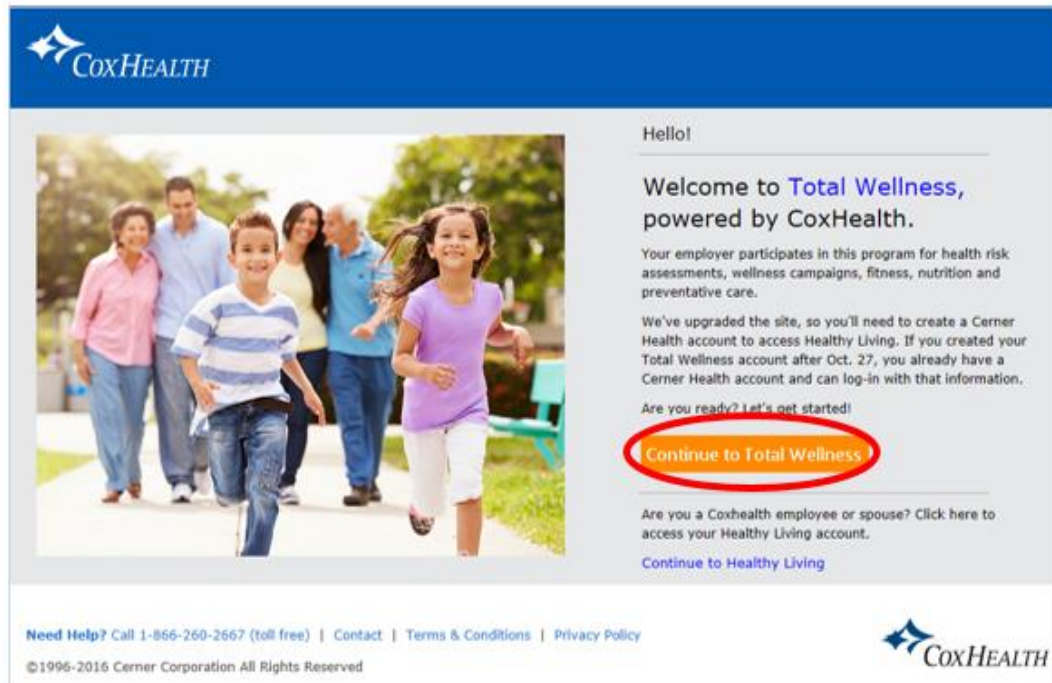
Select the far right box below labeled, “Total Wellness Portal (Corporate Partners)” to access the wellness portal.



****For login issues please call 1-888-252-8150**

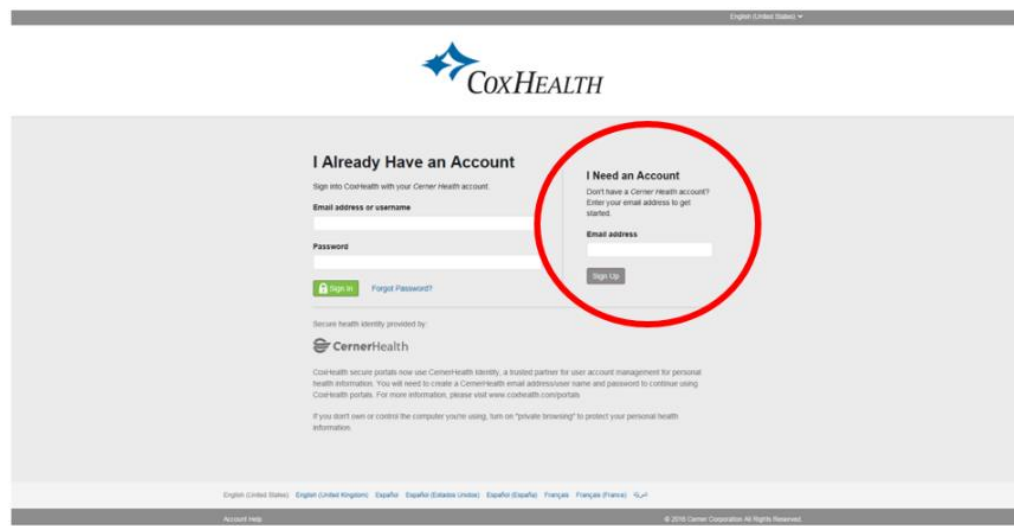
Step 3

Click the **orange** “Continue to Total Wellness” button.



Step 4

All users will need to create a new Cerner Health account upon the first visit to the Wellness website. Enter in your email and click “Sign Up”.





****For login issues please call 1-888-252-8150**

Step 5


Complete the required fields. You will need to create a unique username and password. The username and password will be used for all CoxHealth portals. Once completed; click **“Create Account.”**

English (United States) ▼





Already have an account?
[Sign in](#)

Secure health identity provided by:


CoxHealth secure portals now use CernerHealth identity, a trusted partner for user account management for personal health information. You will need to create a CernerHealth email address/user name and password to continue using CoxHealth portals. For more information, please visit www.coxhealth.com/portals

If you don't own or control the computer you're using, turn on "private browsing" to protect your personal health information.

Create an Account

* Indicates a required field.

* First name

* Last name

* Email address

* Re-enter email address

* Date of birth
Month Day Year
Select ☒ Enter the year as 4 digits.

* Gender

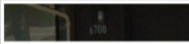
* Username

* Password
Passwords must be at least eight (8) characters long.

* Re-enter password

* Security question

* Security answer



Can't read it? [Try new words](#) or [try listening](#).

Enter the text shown above *

reCAPTCHA

☐ * I agree to the Cerner Health [Terms of Use](#) and [Privacy Policy](#).


English (United States) English (United Kingdom) Español Español (Estados Unidos) Español (España) Français Français (France) العربية

Account Help © 2016 Cerner Corporation All Rights Reserved

****For login issues please call 1-888-252-8150**

Step 6

Enter in your date of birth, first name and last name to access your wellness dashboard.




Please verify your information with us so we can identify your account.

DOB:
MM / DD / YYYY


First/Last Name:

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If Your **“Account was not found”** please verify your demographics and try again. If you need additional help please call the Cerner help line: 1-888-252-8150.



Please verify your information with us so we can identify your account.


Account was not found. Please check to make sure you entered the correct credentials.

DOB:
10 / 14 / 1986

First/Last Name:
Minnie Mouse

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****For login issues please call 1-888-252-8150**

Step 7

You are now logged into your Wellness account. You may be asked to complete your profile information.

The screenshot shows a web browser window with the CoxHealth logo in the top left. A modal window titled "Profile" is open, with a sub-header "Data Required". Below this, it says "Please enter information for this page" and "This page requires the information below in order to function correctly. Closing this window without providing this information will cause this page to not display." There is a note: "* Indicates required field". The modal has a pink header "Edit Information". Under "Personal Details", there is a "Height" field with a red asterisk, showing "0" feet and "0" inches. At the bottom of the modal is a green "Save And Continue" button. The background of the browser shows a sidebar with "Health", "W", and "New User Vid" and a main area with "Steps W/".

Step 8

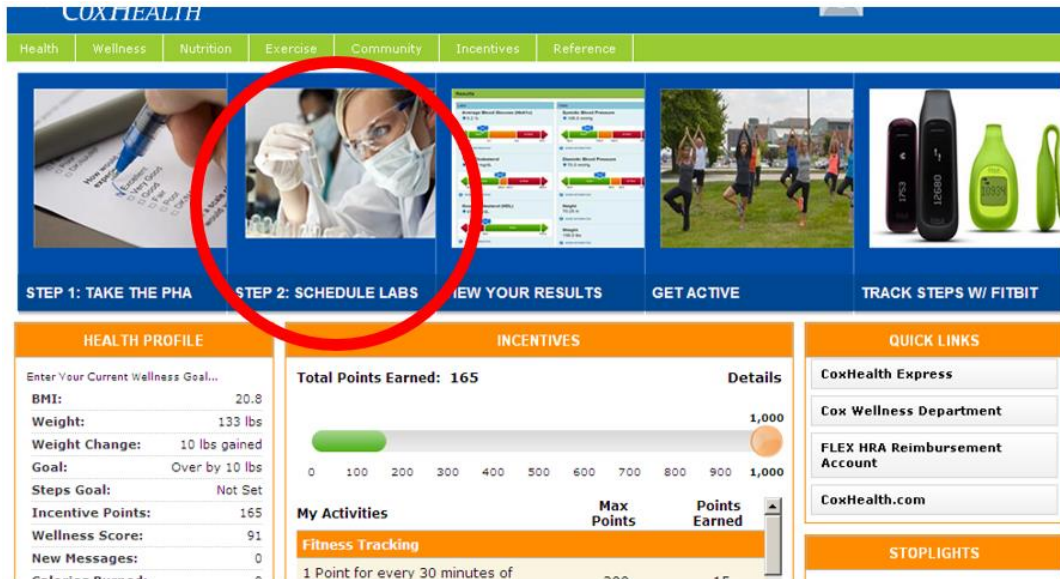
Click on "Step 1: Complete Your Personal Health Assessment."

The screenshot shows the CoxHealth dashboard. At the top is a navigation bar with "Health", "Nutrition", "Exercise", "Community", "Incentives", and "Reference". Below this is a row of five tiles: "STEP 1: TAKE THE PHA" (circled in red), "STEP 2: SCHEDULE LABS", "VIEW YOUR RESULTS", "GET ACTIVE", and "TRACK STEPS W/ FITBIT". Below the tiles are three main sections: "HEALTH PROFILE", "INCENTIVES", and "QUICK LINKS". The "HEALTH PROFILE" section shows "Enter Your Current Wellness Goal...", "BMI: 20.8", "Weight: 133 lbs", "Weight Change: 10 lbs gained", "Goal: Over by 10 lbs", "Steps Goal: Not Set", "Incentive Points: 165", "Wellness Score: 91", and "New Messages: 0". The "INCENTIVES" section shows "Total Points Earned: 165" and a progress bar from 0 to 1,000. Below this is a table "My Activities" with columns "Max Points" and "Points Earned". The "QUICK LINKS" section has buttons for "CoxHealth Express", "Cox Wellness Department", "FLEX HRA Reimbursement Account", and "CoxHealth.com". At the bottom right is a "STOPLIGHTS" section.

****For login issues please call 1-888-252-8150**

Step 9

Click on “**Step 2: Schedule Lab and Biometrics.**”



Step 10

On the calendar, use the arrows in the top left to advance the months and look for blue boxes to schedule your date.

Step 11

Select a **time** to register for the Lab/Biometric session.

****If you enter in the incorrect username or password or you get locked out of CoxHealth Express, please call the CoxHealth Express 24/7 helpline 1-888-252-8150; if you have questions regarding the wellness program, please call **417-269-9170** or email Zachary.Starnes@coxhealth.com ****

