

Town of Pound Ridge Neighbor to Neighbor Newsletter Programs for Pound Ridge Seniors

Join us for a trip to the NY Botanical Gardens

BRAZILIAN MODERN: THE LIVING ART OF ROBERTO BURLE MARX Thursday, September 5, 2019 10:00 am to 4:00 pm \$20 + lunch

Immerse yourself in lush gardens and vibrant art

Roberto Burle Marx (1909–94) was a force of nature in Brazil—through his bold landscapes, vibrant art, and passionate commitment to plant conservation. His powerful modernist vision produced thousands of gardens



and landscapes, including the famous curving mosaic walkways at Copacabana Beach in Rio and the beautiful rooftop garden at Banco Safra in São Paulo. Feel his artistic energy and love of plants during our Garden-wide exhibition of lush gardens; paintings, drawings, and textiles; and the sights and sounds of Brazil that inspired his life and work.

Price includes transportation and All-Gardens Pass.

Bring your lunch or enjoy lunch at the Pine Tree Cafe
RSVP by August 26

Depart from Town House

Faraway Farm Alpacas

Yorktown Heights, NY Lunch at Oscar's Italian Restaurant (Pay for your own lunch, please bring cash)

Thursday, September 19th (register by Sept 10th)
Depart from Town Park at 9:30, return 2:00 PM
\$10 per person (pay that day)



Visit with the alpacas and Icelandic Horses, learning about their history, care and uses; then you have the opportunity to shop in the farm store

We had such a long waitlist for the visit to the Alpacas in May that we are offering the trip again.

UPCOMING EVENTS



Halloween Luncheon

Thursday, October 31st

Conant Hall 12:00 lunch

Food, friends and fun!



For Pound Ridge Seniors

> No Charge RSVP by October 21st

Let us know if you need transportation



Neighbor to Neighbor (N2N)

Holiday Luncheon
For Pound Ridge Seniors

Join us at Conant Hall on Thursday, December 12th

11:30 – Songs by the PRCC Playschool

12 Noon – Lunch

Food, Friends and Holiday Cheer!

No Charge RSVP by Dec. 1st

Let us know if you need transportation



Out of Town Shopping on Thursdays

The N2N Bus will travel to various shopping areas outside of Pound Ridge
No charge for the bus ride

Please reserve a spot on the bus at least **one week** prior to the trip. The Bus leaves from the Town House.

October 17 Norwalk

Depart 10:30 am Return 3:30 pm Walmart, Homegoods, Lunch

November 14 Cortlandt Manor

Depart: 10:30 am Return 3:30 pm Walmart, Lunch at King Buffet

December 19 Danbury

Depart: 11:30 am Return 3:30 pm Lunch, Christmas Tree Shop



Chair Yoga

At Conant Hall



No Charge Mondays 9:15 am

Wear comfortable clothes.

There will be no class on Holidays.

This special program will be presented by Northern Westchester Hospital.





Westchester Broadway Theatre Show and I unch

10:30 am—5:00 pm Depart from Town House

\$58 per person

An American in Paris Thursday, November 21st

Payment due by September 15th

The thrilling story of a young American soldier, a beautiful French girl, and an indomitable European city, each yearning for a new beginning in the aftermath of war. Hoping to start a new life, World War II veteran Jerry Mulligan chooses newly-liberated Paris as the place to make a name for himself as a painter. But Jerry's life becomes complicated when he meets Lise, a young Parisian shop girl with her own secret - and realizes he is not her only suitor.

YOUR LUNCH AND SHOW PACKAGE includes entrée of your choice, salad, vegetable, potato or pasta, fresh rolls and corn muffins, Chef's Choice dessert, coffee, decaffeinated coffee or regular tea prior to the performance.

Appetizers, luxury desserts, specialty drinks including souvenir glass, beer, alcoholic and non-alcoholic drinks are available at an additional charge.

Upcoming Local Events

- September 7—Drive-in Movie in Scotts Corners
- September 14—Pound Ridge PBA Car Show in Town Park
 - September 20—Food Truck Friday in Scotts Corners
 - October 5—Harvest Festival at Town Park

Café Conant All welcome

We provide the coffee, tea and snacks.

No Charge Each Monday 10:15 am-11:00 am (The Café will be closed on Holidays)

Location: Conant Hall, 257 Westchester Ave





Pound Ridge Elementary School Annual Senior Luncheon

Come to the much enjoyed luncheon for an afternoon of fine food, great Entertainment and fun with friends.

12 noon Thursday, November 7th

RSVP by October 26th No charge

Held at Pound Ridge Elementary School. Let us know if you need transportation.



Celebrate Aging: Livable Communities Village Fair

Wednesday, September 18 10 am—2 pm

Mount Pleasant Community Center 125 Lozza Drive, Valhalla

Music, movement, discussion, interactive learning and fun.

Free admission. Complimentary light lunch.

We are NOT going as group

You may go on your own any time between 10 AM and 2 PM



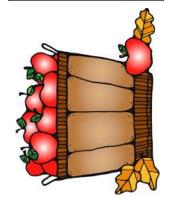




Sponsors: Westchester County Dept. of Senior Programs and Services, the
Age-Friendly Community
Sustainability Collaborative of the Westchester Public/Private Partnership for
Aging services &
the Mount Pleasant community Center

Please contact Louise Paolicelli at 764-8201 or PRSeniors@townofpoundridge.com with any questions or to register for programs.

For programs that require registration please register at least one week prior to event unless noted otherwise. Event will be cancelled if we do not get enough participants.



Neighbor to Neighbor Events **For Pound Ridge Seniors** September 2019



And other local events of interest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day	3	4 Bus to Market	5 NYBG Trip	9	7 Drive-In Movie in Scotts Corners
∞	9 Chair Yoga 9:15-10:15 Café Conant	10	11 Bus to Market	12 Trip to Innisfree Gardens 1	13	14 PBA Car Show
15	Chair Yoga 9:15-10:15 Café Conant	17	18 Bus to Market Senior Village Fair in Valhalla	19 Trip to Alpaca Farm	20 Food Truck Friday	21
22	Chair Yoga 9:15-10:15 Café Conant	24	25 Bus to Market	26 Trip to Innisfree Gardens 2	27	28
29	Chair Yoga 9:15-10:15 Café Conant			T _i Ree Seni PRSenio	Town of Pound Ridge Recreation Department, Senior Services: 764-8201 PRSeniors@townofpoundridge.com	lge ent, -8201 ridge.com



October 2019 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest

Saturday	5 Harvest Festival	12	19	26	
Friday	4	11	18	25	
Thursday	Tour and Tea at the Bartow-Pell Mansion	10 Tour of Bedford Playhouse	17 Shopping: Norwalk	24	arket 31 ealth Halloween the Luncheon
Wednesday	2 Bus to Market	9 Bus to Market	16 Bus to Market Seminar: Financing Long Term Healthcare	23 Bus to Market Seminar: Planning for Alzheimer's	30 Bus to Market Seminar: Health Info. on the internet
Tuesday	1	∞	15	22	29
Monday	Town of Pound Ridge Recreation Department, Senior Services: 764-8201 PRSeniors@townofpoundridge.com	7 Chair Yoga Café Conant	14 Columbus Day	21 Chair Yoga Café Conant	28 Chair Yoga Café Conant
Sunday	Town Recreu Senior !	9	13	20	27

For more information on any of these events please contact the PR Recreation Department at (914) 764-8201 or email at prseniors@townofpoundridge.com



November 2019 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest

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Saturday	7	6	16	23	30
Friday	-	∞	15	22	29
Thursday		7 Luncheon at PRES	14 Shopping: Cortlandt Manor	21 WBT: An American in Paris	28 Thanksgiving
Wednesday		6 Bus to Market	13 Bus to Market	20 Bus to Market	27 Bus to Market
Tuesday	n Department, idge.com	5 Election Day	12	19	26
Monday	Town of Pound Ridge Recreation Department, Senior Services: (914) 764-8201 PRSeniors@townofpoundridge.com	4 Chair Yoga 9:15-10:15 Café Conant	Veterans Day	Chair Yoga 9:15-10:15 Café Conant	25 Chair Yoga 9:15-10:15 Café Conant
Sunday	Town of Po PRSen	ဗ	10	17	24

For more information on any of these events please contact the PR Recreation Department at (914) 764-8201 or email at prseniors@townofpoundridge.com



December 2019 Neighbor to Neighbor Events For Pound Ridge Seniors



And other local events of interest

Saturday	7	14	21	28	dge vent, -8201 tridge.com
Friday	9	13	20	27	Town of Pound Ridge Recreation Department, Senior Services: 764-8201 PRSeniors@townofpoundridge.com
Thursday	5	12 Holiday Luncheon	19 Shopping: Danbury	26	To Red Seni PRSenio
Wednesday	4 Bus to Market	11 Bus to Market	18 Bus to Market	25	
Tuesday	3	10	17	24	31
Monday	2 Chair Yoga 9:15-10:15 Café Conant	9 Chair Yoga 9:15-10:15 Café Conant	16 Chair Yoga 9:15-10:15 Café Conant	23 Chair Yoga 9:15-10:15 Café Conant	30 Chair Yoga 9:15-10:15 Café Conant
Sunday	1	8	15	22	29

For more information on any of these events please contact the PR Recreation Department at (914) 764-8201 or email at prseniors@townofpoundridge.com

Neighbor to Neighbor (N2N) Services:

- ◆ "Are you OK?" Call Reassurance Program
- Grocery Deliveries—Temporary assistance
- Rides to Scotts Corner Market each Wednesday
 - Medical Equipment Loans
 - Meals on Wheels—temporary assistance

For more information about these and other programs call Louise at (914) 764-8201, email PRSeniors@townofpoundridge.com or check us out online at: www.townofpoundridge.com



Suggestions and ideas are welcome!

We always welcome any ideas or suggestions on services, trips or events you would like to have.

Call or email Louise with your ideas.



Ride the N2N Bus to town

Ride the N2N Bus to do your chores in Scotts Corners.

Each Wednesday we pick Seniors up at their homes and bring them to places in Scotts Corners to do their shopping.

Call on Tuesdays to sign up for the Wednesday service. 764-0947



To Register for a program or for Questions

Contact Louise Paolicelli (914) 764-8201

email: PRSeniors@townofpoundridge.com

Program Guidelines:

- Trips will be cancelled if there is not enough participation
- ◆ Trips are open to Pound Ridge Senior Residents and one guest
- ◆ Additional guests will be placed on a waitlist and are welcome if there is space available.
 - ♦ Some trips may charge additional fees for Non-residents.
- ♦ Non-Senior Pound Ridge adults will be placed on a waitlist and are welcome to join if there is space available.

Town of Pound Ridge Recreation Department Senior Programs Program Registration Form

This form must be completed to register for any program that requires payment. To register for programs that do not have a fee you may complete the form or call 764-8201 or email prseniors@townofpoundridge.com.

Name:	Phone:	
Email:		
Mailing address:		

Make checks payable to "Town of Pound Ridge"

Separate checks are required for each program

Mail to: Senior Programs, PR Recreation Department, 179 Westchester Avenue, Pound Ridge, NY 10576 For any programs that you are bringing a guest(s), please attach a list of your guest(s) names and phone numbers.

Event Date	Event/Trip	# of People	Cost per Person	Total Cost
September 5	Trip to Botanical Gardens		\$20	
September 12	Trip 1 to Innisfree Gardens		\$6	
September 19	Trip to Alpaca Farm		\$10	
September 26	Trip 2 to Innisfree Gardens		\$6	
October 3	Tour and Tea at Bartow-Pell Mansion		\$30	
October 10	Tour of Bedford Playhouse		no charge	
October 16	Seminar: Financing Long Term Healthcare		no charge	
October 17	Shopping: Norwalk		no charge	
October 23	Seminar: Planning for Alzheimer's		no charge	
October 30	Seminar: Health Info on internet		no charge	
October 31	Halloween Luncheon		no charge	
November 7	PRES Luncheon		no charge	
November 14	Shopping: Cortlandt Manor		no charge	
November 21	WBT: An American in Paris		\$58	
December 12	Holiday Luncheon		no charge	
December 19	Shopping: Danbury		no charge	



Innisfree Gardens in Millbrook, NY

Thursday, September 12th or 26th 11:00—4:30 Register by Sept 1 — Depart from Town House

\$6 per person admission—pay that day

This is a rescheduled program from the summer when it was rained out. We have scheduled two trips since there was so much interest.

Choose the date that is best for you.

Lunch at Maura's Kitchen of Millbrook (pay for your own lunch—please bring cash)

Innisfree Garden is an American nonprofit public garden in the Chinese style. The 150-acre garden has streams, waterfalls, terraces, retaining walls, rocks and plants based on principles of Chinese landscape design.

The terrain at Innisfree varies, but is often steep and/or uneven. There are some steps and stairs. There are no paved paths, and walking surfaces include gravel, lawn, pine needles, and packed earth. There are chairs and benches throughout the garden.

THIS TRIP IS NOT RECOMMENDED FOR THOSE WITH MOBILITY ISSUES.



Tour the new Bedford Playhouse followed by lite refreshments

Thursday October 10th 10:45 AMNo charge

Depart from Town House at 10:45

Register by October 1st

Join us for lite refreshments and a tour of the newly renovated Bedford Playhouse

See the three new theatres, the Café and wine tasting room





Seminars for Seniors and Caregivers



Join us for one or all

Wednesdays 10:30 AM @ the Pound Ridge Library

How to Finance Long Term Care Costs

Presenter: Moira S. Laidlaw

October 16th (register by October 9th)

- Pros and Cons of keeping your Loved One at Home
- Review of LTC Insurance Policies, Medicare and Medicaid for Home Care

Planning for Alzheimer's Disease

Presenters: Moira S. Laidlaw and Jody Addeo

October 23rd (register by October 16th)

- Legal and Financial Issues to consider
 - How to access resources near you

Navigating Health information on the internet

Presenter: Elena Falcone

Director, Public Information and Engagement, Westchester Library System

October 30th (register by October 23rd)

To register call Louise at 914-764-8201 or email prseniors@townofpoundridge.com





You must provide your own Transportation. We are NOT going to these movies as a group. Please make your own reservations.

BEDFORD PLAYHOUSE INTRODUCES A NEW SERIES JUST FOR SENIORS! "Lunch & A Flick"

A Special Monthly Event on Tuesday Afternoons

Join us for lunch at 12:30pm in the Playhouse Cafe followed by a screening of a "classic" hit film

from the 40's, 50's or 60's. **\$20 per person** (film only, \$10)



Tuesday, Sept 24, 12:30 lunch, 1pm film

An American in Paris

Three friends struggle to find work in Paris. Things become more complicated when two of them fall in love with the same woman. Starring Gene Kelly.



Tuesday, Oct 22, 12:30 lunch, 1pm film

The Searchers

An American Civil War veteran embarks on a journey to rescue his niece from the Comanches. Starring John Wayne.



Tuesday, Nov 19, 12:30 lunch, 1pm film

Sabrina

A playboy becomes interested in the daughter of his family's chauffeur, but it's his more serious brother who would be the better man for her. Starring Audrey Hepburn and Humphrey Bogart.



Tuesday, Dec 17, 12:30 lunch, 1pm film

Treasure of the Sierra Madre

Fred Dobbs and Bob Curtin, two Americans searching for work in Mexico, convince an old prospector to help them mine for gold in the Sierra Madre Mountains. Starring Humphrey Bogart.

Reserve your space by calling Dan at 914.867.3051. Payment accepted at box office upon arrival.

TICKETS AVAILABLE AT BEDFORDPLAYHOUSE.ORG

Town of Pound Ridge Recreation Department Senior Programs 179 Westchester Avenue Pound Ridge, NY 10576 PRSRT STD U.S. Postage PAID White Plains, NY Permit NO. 7624

See inside for more details on:

WBT:

An American in Paris

Trips to:

Bartow-Pell Mansion Faraway Alpaca Farm Innisfree Gardens NYBG

And more



Join us for Tour and Tea at Bartow-Pell Mansion

Thursday October 3rd 10AM-2:30 PM \$30 per person for Tour and Tea

Register by September 10th Depart from Town Park

Visiting Bartow-Pell Mansion Museum, with its splendid Greek Revival interiors and country setting in Pelham Bay Park, is a unique New York City experience.

As the only grand 19th-century country house still in existence on Pelham Bay, the museum pro-

vides an important link to the social and architectural history of New York. Take a guided tour of the mansion and carriage house, view the collection of furnishings, fine and decorative arts, and stroll the grounds and formal garden.

There are stairs in the house and there is no elevator.

