

FEB 24, 2023

LEADERSHIP

# CATHOLIC CORNER

## STATIONS OF THE CROSS FRIDAY IN PARISHES

This Friday we are invited to take part in The Stations of the Cross in the parishes. The common time is 7 pm. However, please check your parish bulletin. If you are unable to make the stations of the cross then you can walk the Stations of the Cross outside at St. Charles Garnier or at Seaton House of Prayer. If you would like a Stations of the Cross for the young person then please follow the link

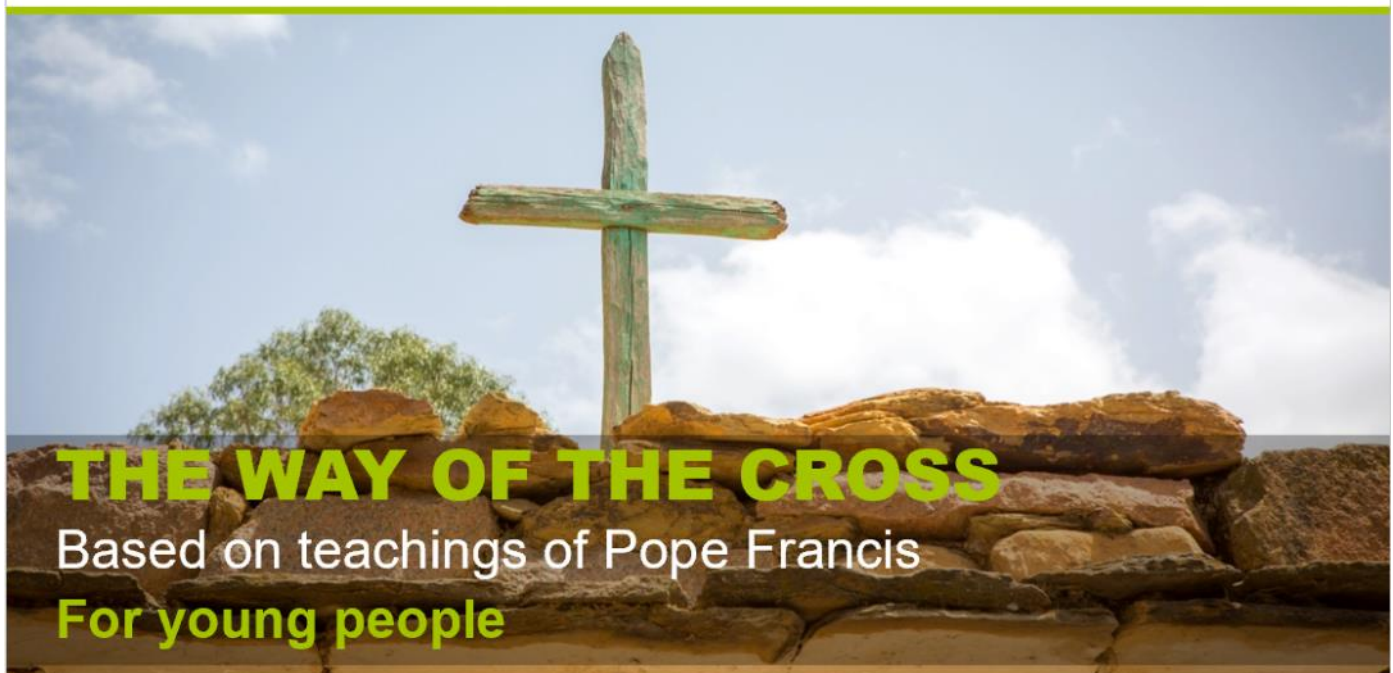
<https://cafod.org.uk/education/secondary-and-youth-resources/lent-resources-young-people/stations-of-cross-young-people>

From the Introduction of the Stations of the Cross for Young People;

The Way of the Cross is a pilgrimage, in which we travel with Jesus along his path to the Crucifixion, stopping to reflect at different stages on the way. In this Stations of the Cross we will be helped by some powerful messages from Pope Francis. He asks us to think deeply about the harm we are causing our planet and to change the way we live. He places special hope in young people, pointing out how many care about the environment. He also says we need a new system that does not shut out so many of our sisters and brothers trapped in poverty.

To make our world a better place, we have to act together as one human family. As Pope Francis says: “we are either all saved together or no one is saved.” (Fratelli Tutti 137)

**CAFOD** Catholic Agency for  
Overseas Development



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## FIRST SUNDAY OF LENT READINGS

On Sunday we are going to hear about how Jesus spent 40 days in the desert. At the end of this time when he was tired and hungry, he was tempted with offers of bread, power and glory.

Can you think of a time when you have been tempted to do something even though you knew it wasn't right? What happened next?

Sometimes we can make really good choices, like Jesus did. We can choose to do what is right even when it's hard. Like standing up for someone in the playground, or pointing out when others are being mean. Or sharing when we'd really like to keep things to ourselves.

We can also choose not to do something we know is wrong, even if we really want to. It takes a lot of strength to make the right choices.

What or who gives you strength?

We can find strength in God's love for us, in the love of our friends and family who care for us and help us, and in the food we eat to keep our bodies strong and healthy.

The Full Reflection is here

<https://cafod.org.uk/education/children-s-liturgy>

### First Sunday in Lent

*"Then the Spirit led Jesus into the desert to be tempted..." Matthew 4:1-11*

