

## BUILD A SUPPLIES & EQUIPMENT KIT



What does your child need on a daily basis to live and thrive? This should include medication, supply labels, and backup power sources. Multiply for a two week supply.



Develop an Emergency Information Form (EIF). This form is meant to give healthcare providers a snapshot of your child's medical condition(s), medications and special healthcare needs in an effort to optimize care during emergency or disaster situations.



If allowable or feasible, place advanced orders for supplies with your suppliers. Ask your provider to write a prescription for additional medicine, supplies or equipment.




Consider your child's mental and behavioral health. Comfort items are important for calming to reduce anxiety when routines are disrupted. Include items such as sensory needs, toys, and books.





Put together a kit for your caretakers as well. This can be a duplicate of the kit you make for your family. Are you prepared to take over fully if you are separated from your caregiver?

## RESOURCES


### Useful Links


[EMSC Innovation and Improvement Center](#) 

[Family Voices](#) 

[AAP: Children and Youth with Special Needs](#) 

### Pediatrics

[Emergency Information Forms and Emergency Preparedness for Children With Special Health Care Needs](#) 

[CDC: Children and Youth with Special Healthcare Needs in Emergencies](#) 

### Downloadable Resources

- [NPR Goats and Soda: What Kids Want to Know About Coronavirus](#)
- [Center for the Study of Traumatic Stress: Taking Care of Your Family During Coronavirus and Other Emerging Infectious Disease Outbreaks](#)
- [Relaxation Techniques](#)



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