

Roots and Fruits of Toxic Relationships



**Come join us as we explore together
many of the roots of toxic relationships.**

Together we will look at issues such as:

- ♥ *how to recognize toxic behavior*
- ♥ *how to heal from the fruit of toxic relationships*
 - ♥ *how to find safe people*

WHEN Tuesdays, September 9 - October 28

TIME 12:30 - 1:30 pm (lunch provided)

WHERE Daybreak Lifecare Center
1601 St. Julian Place
Columbia, SC 29204

To register, contact Julie Armstrong at 803-210-0528