Jane Owings

Office Administrator



I have been Daybreak's Office Administrator for over nine years, beginning at our Hampton Street location and now at the Middleburg Plaza facility. I am the mother of a son and two daughters, mother-in-love to two wonderful men and a precious daughter-in-love. But my proudest title is NANA to my six awesome grandchildren.

In 1974 I made the biggest mistake of my life – I chose to have an abortion. For 40 plus years I carried that secret, silent shame around with me. I always felt God was leading me to get involved in a Pro-Life ministry to help women who are having to make the choice of life or death for their preborn child. A good friend of mine's daughter who was working at Daybreak is how I first got involved. I started off as an office volunteer.

I was encouraged to go through an abortion recovery bible study. Reluctantly I agreed and I am so thankful I did. It changed my whole life. I found God's forgiveness and was set free of the guilt and shame I had carried around for choosing abortion. I have been a co-leader of the abortion recovery Bible Study for seven years and have seen God change women's lives and take their hurt and shame and replace it with love, forgiveness and hope. How grateful I am that God brought me to Daybreak.

FUN FACT: I am an avid non-pro baseball fan – my son played it through college and now three of my grandsons are playing. Sitting on the sidelines cheering them on is heaven to me.