

Lourdes Miranda

Client Advocate



I was born and raised in my beautiful country, Puerto Rico. In 1986, I came to New York for two weeks to help my sister with her newborn baby, and thereafter decided to stay in New York. While there, I married and had two daughters, Sarah and Arianna, and worked in the mental health field for 30 years. My job consisted of monitoring patients' mental health status, compliance with treatment and advocating for their needs and benefits. Most of my caseload was Spanish-speaking people. Working with them was a very rewarding experience for me.



Lourdes & her daughters

After my 2022 retirement, I decided to move to South Carolina in 2023 to live near one of my daughters, Sarah. Since relocating to Columbia, I attend Midtown Fellowship Church where I enjoy volunteering at Kidtown with the toddlers.

By the end of 2025, one of my best friends, who volunteers at Daybreak, informed me of the need for Spanish-speaking volunteers. That was enough to encourage me to apply. The day that I interviewed to become a Daybreak volunteer, I felt very welcomed by all of the staff and volunteers whom I met.

For me, having the opportunity to share the gospel, God's love and plans for salvation, His purpose in the lives of the families that come through the doors of Daybreak is a very humbling experience!

Recently, I witnessed how the Holy Spirit moved during an Options Consultation that I participated in with a 40-year-old, Spanish-speaking woman who came to Daybreak with her mind set on having an abortion. She believed she was "too old" to carry another baby. After talking with her and praying for her, I am so happy to say that she changed her mind and decided to parent! She shared with me that her family is very excited and can't wait to welcome the baby. When she came into Daybreak for an ultrasound a few days later, she was concerned about the safety of the procedure for her baby. The nurse put her mind at ease that it would be safe for the baby. What a blessing to witness the care she had already begun to feel for her preborn child!!

My prayer is for God's wisdom to help me minister to every single woman that comes to Daybreak so that they may make the best decision of their lives!

If you feel God is calling you to become a volunteer at Daybreak, please fill out the application at:
<https://friendsofdaybreak.org/volunteer-opportunities/volunteer-application/>