

Eating Well for You & Your Baby

September 3rd

12:30-1:30 p.m.

With Katie Norris, RN



Food matters... It helps baby grow,
helps baby's brain and heart,
and gives mom energy.

There is no charge for this class.
Light lunch provided.

For questions and to register,
please contact
Katie at 803-210-0938 or
katie@daybreakcola.org