

**the hero
in me**



**Donate
BLOOD**

at **GLVAR**

TUESDAY, JULY 25 • 12:30 - 4 P.M. Classroom B

Join United Blood Services & the Community Outreach Committee

HELP SAVE A LIFE

There is a hero inside each of us, ready to make a difference when others need our help. When you donate blood you are a hero, and you can get that feeling over and over again throughout the year. Think about how the people who needed those donations feel about you. You are, without a doubt, a hero to them.

*A minimum of 18 donors is being requested for the event.
To book your appointment visit <http://bit.ly/GLVARbd>*

For more information contact Jennifer at 702.784.5056 or jnicholson@glvar.org