



living **WELL** aware™

PATRICIA J. SULAK, MD

## **KEYS to a Successful Wellness Journey**

*Presented by Patricia J. Sulak, MD and Jeffrey A. Waxman, MD*

**December 1 - or - December 2, 2017**

**Registration: 8:30 am | Program 9:00 am - 12:00 pm**

**Temple College East Campus | Pavilion Leopard Room**

**2600 South 1st St, Temple, TX**

*We all want to be healthier and happier but often struggle in making the necessary changes. Don't miss this wellness conference which will give you the latest information on what we can do to be physically, emotionally, socially, financially, and spiritually healthier and the 6 necessary components to make it happen. This event will focus on HOW we implement essential elements to greater wellness and will be LIFE-CHANGING for all attendees.*

*All registration proceeds benefit Our Lady of the Angels Maternity Shelter in Temple, TX, an emergency shelter for homeless pregnant women.*



### **Our Lady of the Angels**

### **Maternity Shelter**

**Offering dignity, hope & sanctuary to women in crisis pregnancies.  
We are an emergency shelter**

**Register Online at [www.ladyoftheangels.org](http://www.ladyoftheangels.org)**

**Register by Mail: complete form below with \$25 per person (check payable to OLAMS)  
and mail before November 24 to: OLAMS, 613 South 9th St, Temple TX 76501**

Name(s) of Attendee(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

I will be attending (Check one): ☐ December 1 - or - ☐ December 2

I will be registering for \_\_\_ [no. of participants]: Total: \$ \_\_\_\_\_

(\$25.00/per person. 100% tax deductible. Everyone must be registered to participate.)

**REGISTER NOW! LIMITED SEATING. Last Living WELL Aware™ event was a Sell Out. Deadline November 24.**

For information email [info@livingwellaware.com](mailto:info@livingwellaware.com) or call **254-742-2340**