



Cal-MAP

# CHILD & ADOLESCENT MENTAL HEALTH ACCESS PORTAL

A CalHOPE program powered by UCSF

**Cal-MAP** is California's pediatric mental health care access program that increases timely access to mental health care for youth ages 0-25. **Cal-MAP's** team of psychiatrists, psychologists, and clinical social workers provide **no-cost** consultation, education, and resource navigation directly to California primary care providers (PCPs) caring for mental and behavioral health concerns in youth ages 0-25.

Click each link or scan the QR code for more information on our website:



## Mental Health Curbside Consultation for PCPs

Prompt real-time [consultation](#) with a psychiatrist, psychologist, or social worker



## Education

Continuing Medical Education  
Continuing Education Units-eligible [trainings](#) for PCPs, behavioral health clinicians and school-based health center and school staff



## Resource Navigation Support

[Website Resources](#)

Care Coordination

## How to Access a PCP-to-BH Specialist Consultation

(Monday-Friday,  
8:30am-4:30pm)

### 1. Contact Us

[Online Consult  
Request Form](#)

or

call (800) 253-2103

### 2. Consultation

with psychiatrist,  
psychologist, or  
social worker

### 3. Consult Letter

with  
recommendations

"The program has been an absolute godsend. Advice has been on-point, clearly stated and given in a timely fashion. One of my favorite parts of the service is that I am never made to feel ignorant or off-base in my thinking. Everyone has been so supportive. I have learned so much and my patients' psychiatric care has dramatically improved."

-Barbara Botelho, MD, Pediatrician