## SW EDUCATIONAL SERIES PRESENTS:

## **SPECIAL NEEDS PARENTING**



Jamie Coyne, MSW, LCSW will present on how to create a plan for self-care while being a parent of a special needs child.

As parents, we often deal with feelings of anxiety, guilt, fear and shame. Join us as we discuss how to work through these feelings and find a sense of peace and calm in our lives.

Join us:

Wed. Feb 12<sup>th</sup> @ 7pm

Fair Lawn Campus

Childcare offered upon

request – RSVP to your school social worker by Feb. 7<sup>th</sup>.