



Diversity + Inclusion

PS39

Summer 2020

Summer Engagement Kit

Welcome Summer!



PS39's Diversity & Inclusion Committee and the PS39 Outreach Committee know this has been a trying school year for everyone. The challenges of remote learning and lack of socialization have made this an unprecedented year for our kids and for us. It has however, allowed us to find new and creative ways to connect and has given us the opportunity to reach out to our community in ways that we hope will continue far beyond the current state of the world.

In addition to our goals of thoughtfully addressing concerns and incidents around race, class, gender, sexuality and different abilities, we want to see our school community proactively adopt and promote a culture of respect, social justice, equity, inclusivity and openness at PS39 through policy, practice and engagement in community outreach.

In past years, we've engaged 100% of our school community through our events, trainings and communications. We believe that if parents, caregivers, teachers, students, and administration all work together we can achieve our goal of making PS39 a more inclusive community for all. This year we found so many ways to engage in our community. These initiatives can and will continue through the Summer.

As we come to the end of another school year, school is looking so much different than in years past. We don't know what the new school year will bring; whether our children will continue learning remotely or will be back in the classroom, the work that we've done will continue. There is so much more to be done, especially now. Our kids need empathy, understanding, inclusion and hope. Below are some highlights of the goals and initiatives that we engaged in this year, prior to and during Remote Learning:



**Book of the Month
List and reading
resources:
pp. 5 - 14**



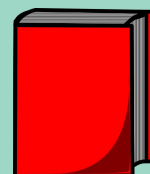
**Celebrating Culture:
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**Mindfulness and
Wellness and Social
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**Community action
and Black Lives
Matter
pp. 21 - 22**



**Reading Challenge &
Weekly Challenges
pp. 23 - 24**



**Last Looks from 5th
Graders p. 25**

Initiatives

- ❖ **Book of the Month:** An at home Book of the Month series with discussion guides centered around monthly themes, such as Black History, Women's History, LGBTQIA+, Immigration/Migration, Different Abilities, etc. Often these stories find their way into classroom libraries and are incorporated into lessons.
- ❖ **Monthly Newsletter:** Staff and Families receive both print and online versions. Updates on current D&I initiatives as well as features on media, defining a word and community efforts.
- ❖ **The Welcome Dinner:** Aptly named, it is a potluck feast to welcome in the new year and welcome new families to PS39. We encourage families to bring a dish that is special to their culture or their family. This first school event of the year is a celebration of the many cultures that are housed in our school, families, and community. Activities are designed to encourage meeting new people - especially across grades - and getting to know what makes them who they are. This event is well attended by families and staff. There is nothing to purchase at this event and no one is required to bring a dish in order to attend.
- ❖ **D&I Webpage:** Carefully curated to include information on monthly initiatives, community events and further resources for parents who want to raise race-conscious, social justice-minded kids.
- ❖ **Dialogue & Drinks:** A monthly Book Club/Discussion Group for adults that engages parents, families, and caregivers and offers a space to discuss topics of interest aligned with the themes of the Book of the Month series for students.
- ❖ **Windows and Mirrors Project:** Organize classroom libraries to ensure that the books to which students have access reflect the community both within the school and outside. Teachers and students work together to sort through books, identifying books that reflect themselves (mirrors) or provide a view into someone different from them (windows).
- ❖ **Outreach Committee initiatives:** The second half of the year gave us a great opportunity for community outreach. The Outreach Committee, started by the PS then absorbed by D&I has worked extremely hard on many initiatives. Through our partnership with PS15, PS39 Successfully supported 150 families from in Red Hook with books, school supplies and other donated supplies and funds. Highlights of our continued outreach initiatives include:
 - Sewing masks, ear savers, and caps for doctors and nurses at NY Presbyterian and Mt. Sinai hospitals
 - Hospital Supply Drive and supports for the SCO Food Pantry in Sunset Park, Roots Cafe Food Pantry and Camp Friendship Food Pantry
 - Bringing the school choir online
 - Juneteenth school / community engagement and Family March
 - EBT Card Donation Project
 - Shared resources and supports with PS107

Initiatives

- ❖ **AoK (Ambassadors of Kindness) Club:** Awarded a grant in support of an afterschool club to promote kindness, foster empathy and develop leadership skills. The Ambassadors spread messages of kindness and inclusion, through bulletin boards, morning announcements, supporting Mix It Up for Lunch days, and most importantly by planning and implementing “kindness missions” that everyone in the PS 39 community can participate in.
- ❖ **Continuation of Parent/Family and Staff Workshops** to further anti-bias work at home and in the classroom.
- ❖ **Summer Engagement Kit!:** A curated list of free community events, books for adults and students, virtual museum tours , social distancing activities and conversation starters to keep families engaged around issues of race, class, gender, sexuality, and different abilities throughout the summer months as well.

The incredible strides that we’ve made as a school in just over three years would not be possible without the support, dedication and unwavering commitment of all the students, families, caregivers, and staff at PS39. Thank you for believing in the importance of this journey with us. Thank you for volunteering not just your time, but your ideas. And finally, thank you for choosing to invest in making PS39 a more inclusive community for all.

We look forward to sharing next year’s plans with you. In the meantime, please enjoy this curated list that we’ve created to keep you engaged and enjoy the summer!

And, as always, if you would like to get involved in the Diversity & Inclusion Committee or have any ideas or suggestions, please email us at diversity@ps39.org.

With best wishes for a wonderful summer,
PS39’s Diversity & Inclusion Committee Members

This Tool Kit includes:

- | | |
|--|--|
| ★ Free events within NYC | ★ A Weekly Challenge to engage in learning and community |
| ★ Opportunities to get involved in community outreach | ★ A Guide to Digital Citizenship |
| ★ Booklists to encourage discussion on race, gender, ability, and social justice as well as a reading challenge! | ★ Mindfulness and Wellness Resources |
| ★ Current year Book of the Month selections for children and adult selections for Dialogue & Drinks | ★ Safe Social Distancing Activities |
| ★ Museum exhibits and safe social distancing activities around the city that focus on the cultural diversity and history of NYC and beyond | ★ Resources on how to volunteer and get involved in community action |
| | ★ Black Lives Matter Resources, Events, Organizations and book Lists |
| | ★ Social Emotional Learning Resources |
| | ★ Last Looks from our Fifth Graders |
| | ★ Check out some useful infographics at the end of the kit |

Working together, we can develop a better understanding of the opportunities and challenges we face in undoing racism, fostering inclusion, and raising the next generation of socially responsible citizens.

School's out! Let's Read!

Just because school is out doesn't mean we stop learning. Enjoy these Summer reading recommendations.

We all know how critical it is for kids to see themselves reflected in books, and also to read about a diversity of characters, stories and issues— in both fiction and non-fiction stories.

More and more books that directly or indirectly address issues of diversity and inclusion— from race to culture, to gender to ability— are published each year. If you haven't had a chance to read some of the titles featured in the Book of the Month selections, this is a great place to start.

Additional reading suggestions for both children and adults can be found on our [website](#), as well as [here](#).

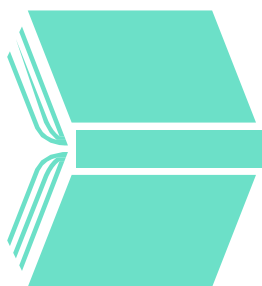
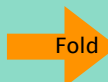
D&I Past Books of the Month

[2017-18 Book List](#)

[2018-19 Book List](#)

[2019-20 Book List](#)

Finally, below is a bookmark to cut out that has prompts for discussing these books with your children. HAPPY READING!



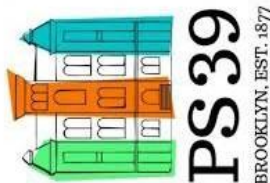
As you read each book, take some time to think about and answer the following:

Feel: Put yourself in the character's shoes. What would it be like to spend a day as someone else?

Wonder: What questions would you like to ask the characters about their life?

Connect: "This reminds me of...but it's different from..."

Imagine: "If I met this character, I would say..."



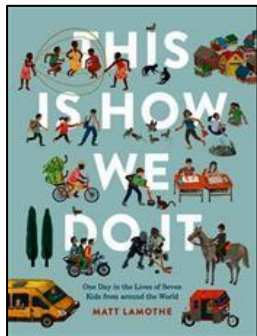
Diversity & Inclusion at PS 39

Through our work we will develop a better understanding of the opportunities and challenges we face as members of the PS 39 community in undoing racism, fostering inclusion and raising the next generation of socially responsible citizens. We are committed to engaging in this work with respect, curiosity, authenticity and vulnerability. We seek to build community and partnerships and maintain accountability to ourselves, our families and school in the process.

Welcome!



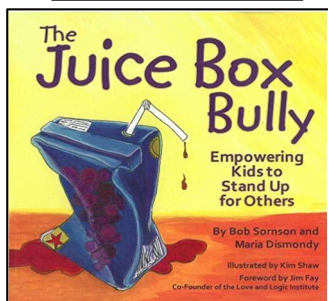
Book of the Month Picks



[This Is How We Do It: One Day in the Lives of Seven Kids from Around the World](#) By Matt Lamothe

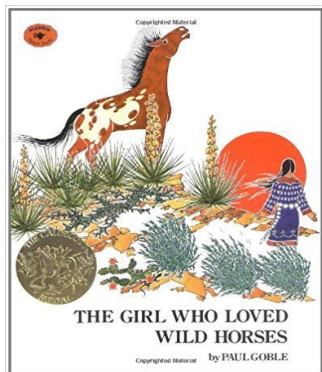
In Japan, Kei plays Freeze Tag, while in Uganda, Daphine likes to jump rope. While the way they play may differ, the shared rhythm of their days—and this one world we all share—unites them.

This genuine exchange provides a *window* into traditions that may be different from our own as well as *mirrors* reflecting our common experiences.



[The Juice Box Bully: Empowering Kids to Stand Up for Others](#) By Bob Sornson and Maria Dismondy

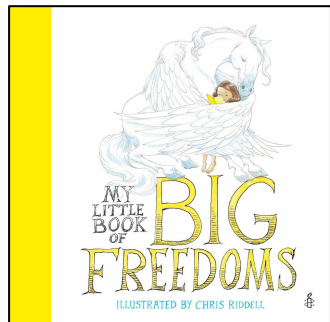
Have you ever seen a bully in action and done nothing about it? The kids at Pete's new school get involved, instead of being bystanders. When Pete begins to behave badly, his classmates teach him about "The Promise". Will Pete decide to shed his bullying habits and make "The Promise"?



[The Girl Who Loved Wild Horses](#) By Paul Goble

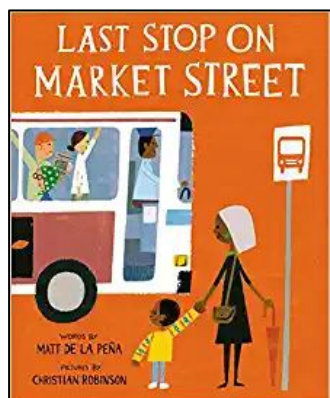
"There was a girl in the village who loved horses... She led the horses to drink at the river. She spoke softly and they followed. People noticed that she understood horses in a special way."

And so begins the story of a young Native American girl devoted to the care of her tribe's horses. With simple text and brilliant illustrations. Paul Goble tells how she eventually becomes one of them to forever run free.



[My Little Book of Big Freedoms](#) By Chris Riddell

We all want a good life, to have fun, to be safe, happy, and fulfilled. For this to happen, we need to look after each other and stand up for the basic human rights that we often take for granted. This book features 16 different freedoms, each accompanied by beautiful illustrations. It shows why our human rights are so important--they help to keep us safe. Every day.



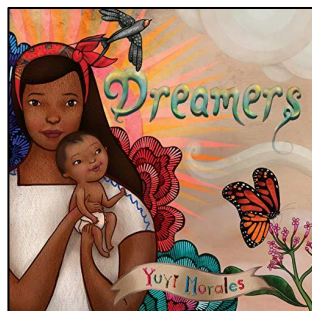
[Last Stop on Market Street](#) By Matt de la Peña

Every Sunday after church, CJ and his grandma ride the bus across town. But today, CJ wonders why they don't own a car like his friend Colby. Why doesn't he have an iPod like the boys on the bus? How come they always have to get off in the dirty part of town? Each question is met with an encouraging answer from grandma, who helps him see the beauty—and fun—in their routine and the world around them.



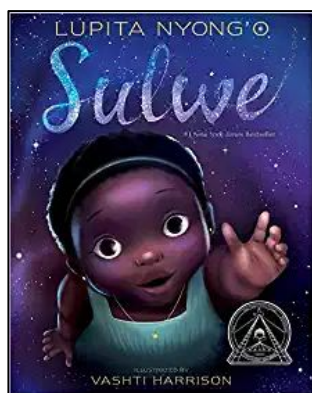
Just Ask!: Be Different, Be Brave, Be You By Sonia Sotomayor

In *Just Ask*, United States Supreme Court Justice Sonia Sotomayor celebrates the different abilities kids (and people of all ages) have. Using her own experience as a child who was diagnosed with diabetes, Justice Sotomayor writes about children with all sorts of challenges--and looks at the special powers those kids have as well. As the kids work together to build a community garden, asking questions of each other along the way, this book encourages readers to do the same: When we come across someone who is different from us but we're not sure why, all we have to do is *Just Ask*.



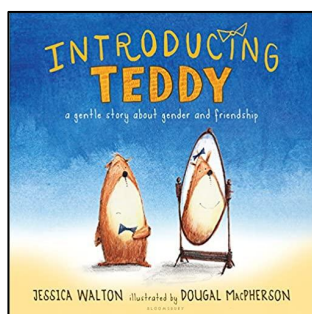
Dreamers By Yuyi Morales

Dreamers is a celebration of making your home with the things you always carry: your resilience, your dreams, your hopes and history. It's the story of finding your way in a new place, of navigating an unfamiliar world and finding the best parts of it. In dark times, it's a promise that you can make better tomorrows.



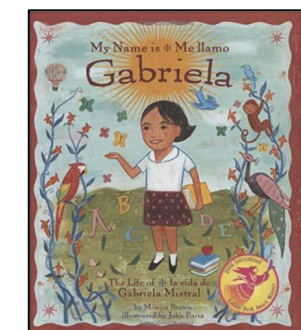
Sulwe By Lupita Nyong'o

Sulwe has skin the color of midnight. She is darker than everyone in her family. She is darker than anyone in her school. Sulwe just wants to be beautiful and bright, like her mother and sister. Then a magical journey in the night sky opens her eyes and changes everything.



Introducing Teddy: A Gentle Story About Gender and Friendship By Jessica Walton

Errol and his teddy, Thomas, are best friends who do everything together. Whether it's riding a bike, playing in the tree house, having a tea party, or all of the above, every day holds something fun to do. One sunny day, Errol finds that Thomas is sad, even when they are playing in their favorite ways. Errol can't figure out why, until Thomas finally tells Errol what the teddy has been afraid to say: "In my heart, I've always known that I'm a girl teddy, not a boy teddy. I wish my name was Tilly, not Thomas." And Errol says, "I don't care if you're a girl teddy or a boy teddy! What matters is that you are my friend."

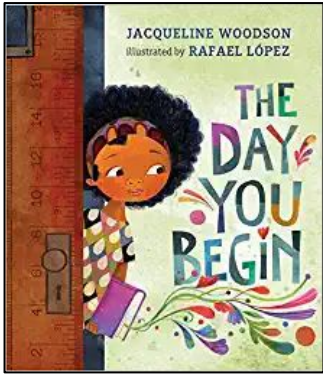


My Name Is Gabriela/Me llamo Gabriela By Monica Brown

Gabriela Mistral loved words and sounds and stories. Born in Chile, she would grow to become the first Nobel Prize-winning Latina woman in the world. As a poet and a teacher, she inspired children across many countries to let their voices be heard. This beautifully crafted story, where words literally come to life, is told with the rhythm and melody of a poem. The second in Luna Rising's bilingual storybook biography series. *My Name Is Gabriela/Me llamo Gabriela* is beautiful tribute to a woman who taught us the power of words and the importance of following our dreams. **6**



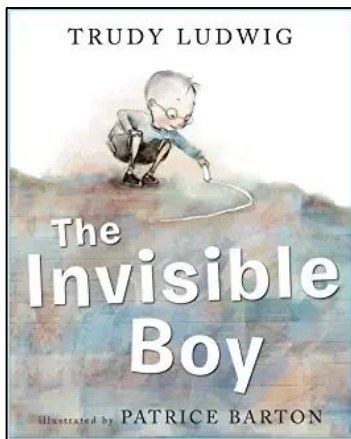
Book of the Month Picks



[The Day You Begin By Jacqueline Woodson](#)

There will be times when you walk into a room and no one there is quite like you.

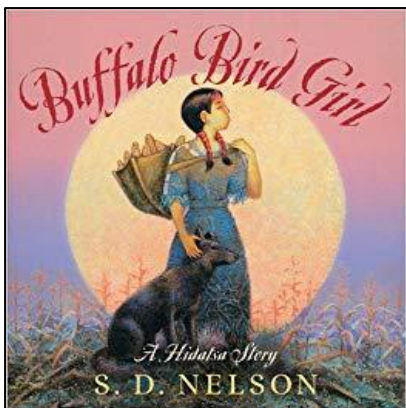
There are many reasons to feel different. Maybe it's how you look or talk, or where you're from; maybe it's what you eat, or something just as random. It's not easy to take those first steps into a place where nobody really knows you yet, but somehow you do it.



[The Invisible Boy By Trudy Ludwig](#)

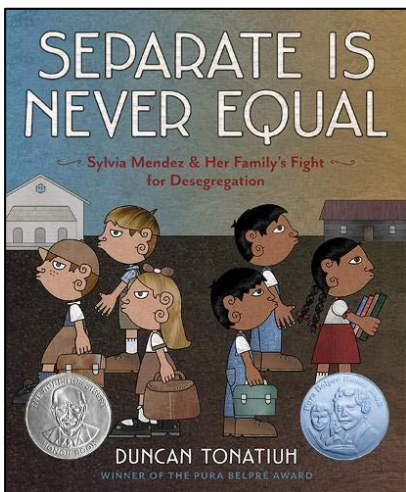
A simple act of kindness can transform an invisible boy into a friend... Meet Brian, the invisible boy. Nobody ever seems to notice him or think to include him in their group, game, or birthday party...until, that is, a new kid comes to class.

When Justin, the new boy, arrives, Brian is the first to make him feel welcome. And when Brian and Justin team up to work on a class project together, Brian finds a way to shine.



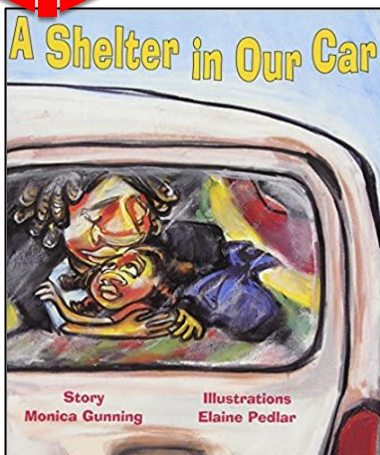
[Buffalo Bird Girl: A Hidatsa Story By S.D. Nelson](#)

This fascinating picture book biography tells the childhood story of Buffalo Bird Woman, a Hidatsa Indian born around 1839. Through her true story, readers will learn what it was like to be part of this Native American community that lived along the Missouri River in the Dakotas, a society that depended more on agriculture for food and survival than on hunting. Children will relate to Buffalo Bird Girl's routine of chores and playing with friends, and they will also be captivated by her lifestyle and the dangers that came with it.



[Separate Is Never Equal: Sylvia Mendez and Her Family's Fight for Desegregation By Duncan Tonatiuh](#)

Almost 10 years before *Brown vs. Board of Education*, Sylvia Mendez and her parents helped end school segregation in California. An American citizen of Mexican and Puerto Rican heritage who spoke and wrote perfect English, Mendez was denied enrollment to a "Whites only" school. Her parents took action by organizing the Hispanic community and filing a lawsuit in federal district court. Their success eventually brought an end to the era of segregated education in California.

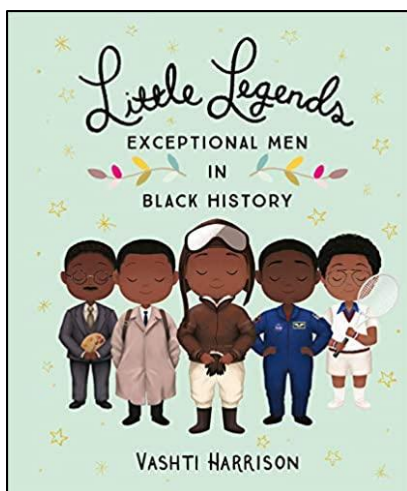


[A Shelter in Our Car By Monica Gunning](#)

Zettie and her Mama left their warm and comfortable home in Jamaica for an uncertain life in the United States. With Papa gone, Mama can't find a steady job that will sustain them and so they are forced to live in their car. But Mama's unwavering love, support, and gutsy determination give Zettie the confidence that, together, she and her mother can meet all challenges. Monica Gunning's moving and authentic story about homelessness in an American city was developed with the help of the Homeless Children's Network in San Francisco. Elaine Pedlar's strong and lively illustrations bring the story to life in vibrant chalk pastel."

[Little Legends: Exceptional Men in Black History By Vashti Harrison](#)

An important book for readers of all ages, this beautifully illustrated and engagingly written volume brings to life true stories of black men in history. Among these biographies, readers will find aviators and artists, politicians and pop stars, athletes and activists. The exceptional men featured include writer James Baldwin, artist Aaron Douglas, filmmaker Oscar Devereaux Micheaux, lawman Bass Reeves, civil rights leader John Lewis, dancer Alvin Ailey, and musician Prince.

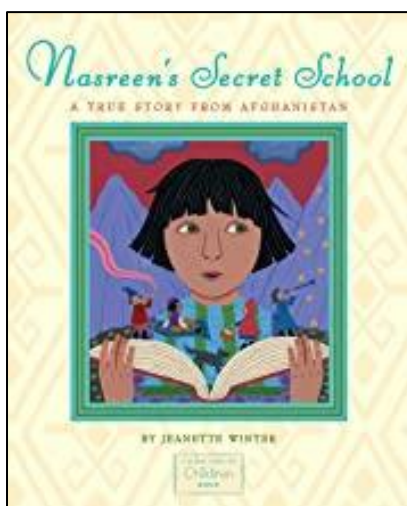


[Nasreen's Secret School: A True Story from Afghanistan By Jeanette Winter](#)

Young Nasreen has not spoken a word to anyone since her parents disappeared.

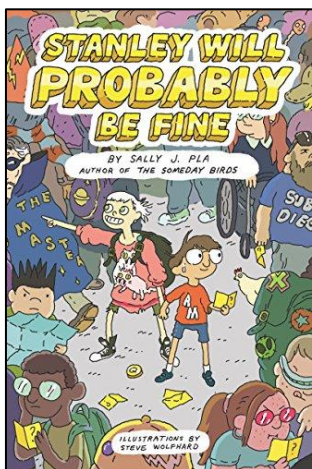
In despair, her grandmother risks everything to enroll Nasreen in a secret school for girls. Will a devoted teacher, a new friend, and the worlds she discovers in books be enough to draw Nasreen out of her shell of sadness?

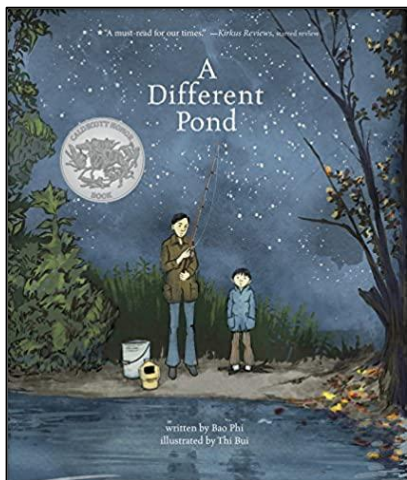
Based on a true story from Afghanistan, this inspiring book will touch readers deeply as it affirms both the life-changing power of education and the healing power of love.



[Stanley Will Probably Be Fine By Sally J. Pla](#)

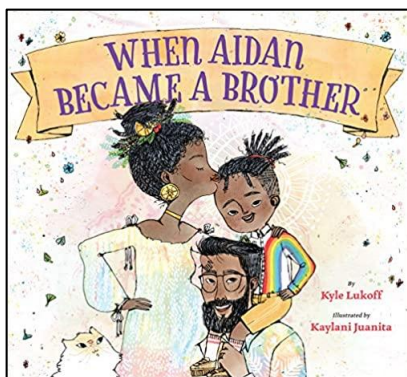
This funny and moving second novel from the author of *The Someday Birds* features comic trivia, a safety superhero, and a super-cool scavenger hunt all over downtown San Diego, as our young hero Stanley Fortinbras grapples with his anxiety—and learns what, exactly, it means to be brave. This middle grade novel is an excellent choice for tween readers in grades 7 to 8, especially during homeschooling. It's a fun way to keep your child entertained and engaged while not in the classroom.





A Different Pond By Bao Phi

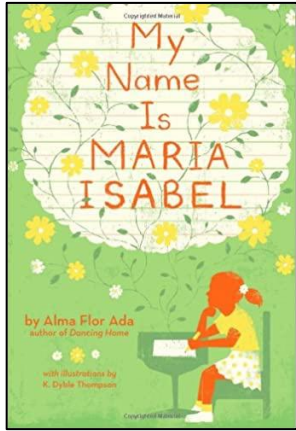
A 2018 Caldecott Honor Book that Kirkus Reviews calls "a must-read for our times," *A Different Pond* is an unforgettable story about a simple event - a long-ago fishing trip. Graphic novelist Thi Bui and acclaimed poet Bao Phi deliver a powerful, honest glimpse into a relationship between father and son - and between cultures, old and new. As a young boy, Bao and his father awoke early, hours before his father's long workday began, to fish on the shores of a small pond in Minneapolis. Unlike many other anglers, Bao and his father fished for food, not recreation. A successful catch meant a fed family. Between hope-filled casts, Bao's father told him about a different pond in their homeland of Vietnam. Thi Bui's striking, evocative art paired with Phi's expertly crafted prose has earned this powerful picture book six starred reviews and numerous awards.



When Aidan Became a Brother By Kyle Lukoff

When Aidan was born, everyone thought he was a girl. His parents gave him a pretty name, his room looked like a girl's room, and he wore clothes that other girls liked wearing. After he realized he was a trans boy, Aidan and his parents fixed the parts of his life that didn't fit anymore, and he settled happily into his new life.

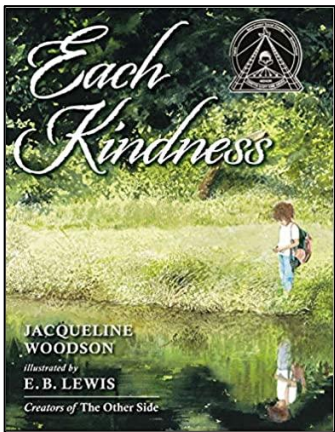
Then Mom and Dad announce that they're going to have another baby, and Aidan wants to do everything he can to make things right for his new sibling from the beginning--from choosing the perfect name to creating a beautiful room to picking out the cutest onesie. But what does "making things right" actually mean? And what happens if he messes up? With a little help, Aidan comes to understand that mistakes can be fixed with honesty and communication, and that he already knows the most important thing about being a big brother: how to love with his whole self.



My Name is María Isabel By Alma Flor Ada

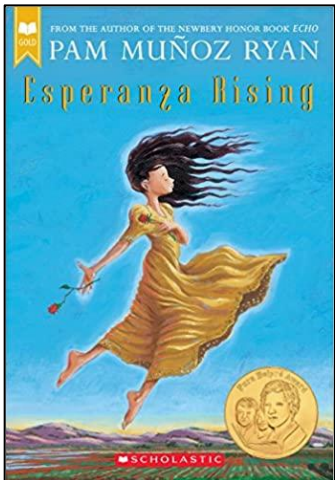
For María Isabel Salazar López, the hardest thing about being the new girl in school is that the teacher doesn't call her by her real name. "We already have two Marías in this class," says her teacher. "Why don't we call you Mary instead?"

But María Isabel has been named for her Papá's mother and for Chabela, her beloved Puerto Rican grandmother. Can she find a way to make her teacher see that if she loses her name, she's lost the most important part of herself?



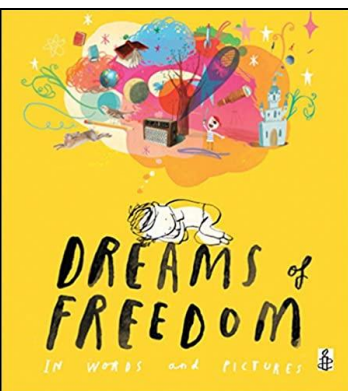
Each Kindness By Jacqueline Woodson

Each kindness makes the world a little better. Chloe and her friends won't play with the new girl, Maya. Every time Maya tries to join Chloe and her friends, they reject her. Eventually Maya stops coming to school. When Chloe's teacher gives a lesson about how even small acts of kindness can change the world, Chloe is stung by the lost opportunity for friendship, and thinks about how much better it could have been if she'd shown a little kindness toward Maya.



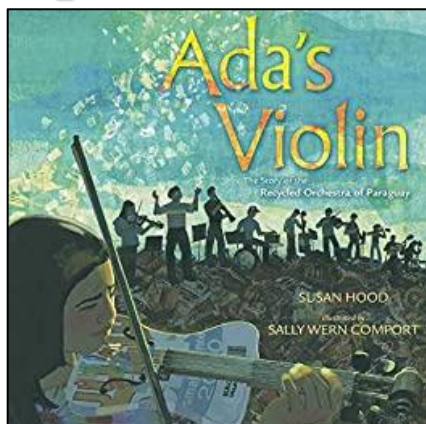
Esperanza Rising by Pam Muñoz Ryan

Esperanza thought she'd always live a privileged life on her family's ranch in Mexico. She'd always have fancy dresses, a beautiful home filled with servants, and Mama, Papa, and Abuelita to care for her. But a sudden tragedy forces Esperanza and Mama to flee to California and settle in a Mexican farm labor camp. Esperanza isn't ready for the hard work, financial struggles brought on by the Great Depression, or lack of acceptance she now faces. When Mama gets sick and a strike for better working conditions threatens to uproot their new life, Esperanza must find a way to rise above her difficult circumstances-because Mama's life, and her own, depend on it.



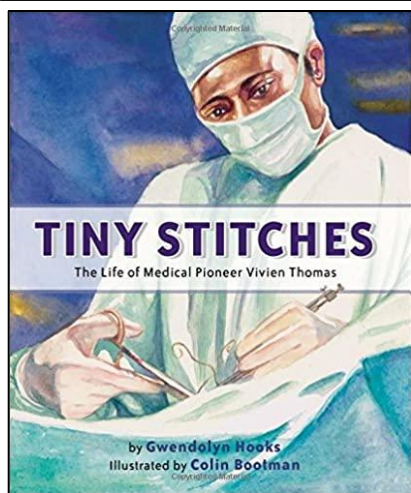
Dreams of Freedom By Amnesty International

This inspirational book, following *We Are All Born Free*, contains 17 quotations about many different aspects of freedom, from the freedom to have an education to that not to be hurt or tortured, the freedom to have a home and the freedom to be yourself. All the chosen quotations are in simple words that can be understood by young children.



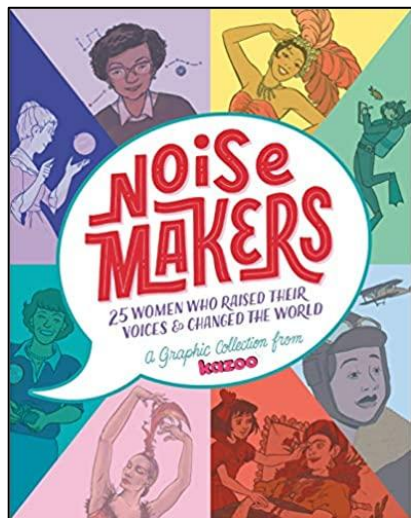
Ada's Violin By Susan Hood

Ada Ríos grew up in Cateura, a small town in Paraguay built on a landfill. She dreamed of playing the violin, but with little money for anything but the bare essentials, it was never an option...until a music teacher named Favio Chávez arrived. He wanted to give the children of Cateura something special, so he made them instruments out of materials found in the trash. It was a crazy idea, but one that would leave Ada—and her town—forever changed. Now, the Recycled Orchestra plays venues around the world, spreading their message of hope and innovation.



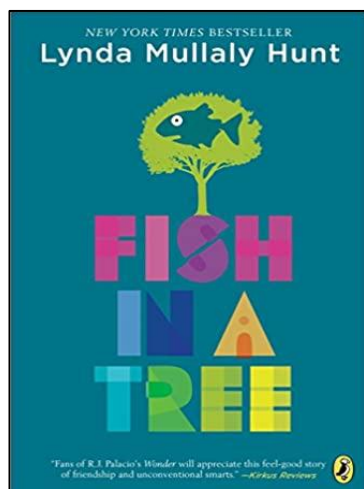
Tiny Stitches: The Life of Medical Pioneer Vivien Thomas By Gwendolyn Hooks

Vivien Thomas's greatest dream was to attend college to study medicine. But after the stock market crashed in 1929, Vivien lost all his savings. Then he heard about a job opening at the Vanderbilt University medical school under the supervision of Dr. Alfred Blalock. Vivien knew that the all-white school would never admit him as a student, but he hoped working there meant he was getting closer to his dream.



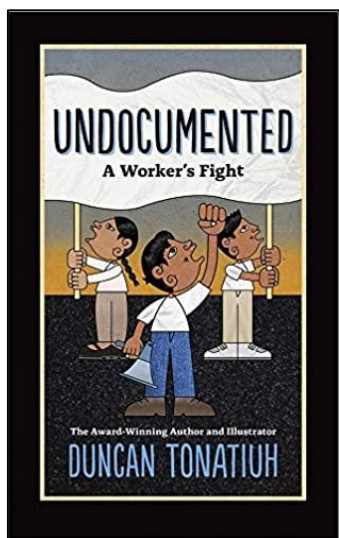
Noisemakers: 25 Women Who Raised Their Voices & Changed the World - A Graphi Collection from Kazoo By Kazoo Magazine and Edited by Erin Bried

Did *anyone* ever get *anywhere* by being quiet? To change anything, you have to make some noise! From the creators of the award-winning *Kazoo* magazine comes a look at the lives of 25 extraordinary women through the eyes of 25 extraordinary comic artists. In chapters titled Grow, Tinker, Play, Create, Rally, and Explore, you'll meet Eugenie Clark, who swam with sharks, Raye Montague, who revolutionized the design process for ships, Hedy Lamarr, a beautiful actress and brilliant inventor, Julia Child, a chef who wasn't afraid to make mistakes, Kate Warne, the first female detective, who saved the life of President-Elect Abraham Lincoln, and many more.



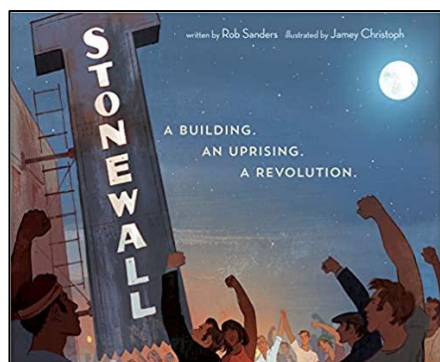
Fish in a Tree By Lynda Mullaly Hunt

Ally has been smart enough to fool a lot of smart people. Every time she lands in a new school, she is able to hide her inability to read by creating clever yet disruptive distractions. She is afraid to ask for help; after all, how can you cure dumb? However, her newest teacher Mr. Daniels sees the bright, creative kid underneath the trouble maker. With his help, Ally learns not to be so hard on herself and that dyslexia is nothing to be ashamed of. As her confidence grows, Ally feels free to be herself and the world starts opening up with possibilities. She discovers that there's a lot more to her—and to everyone—than a label, and that great minds don't always think alike.



Undocumented: A Worker's Fight By Duncan Tonatiuh

Undocumented is the story of immigrant workers who have come to the United States without papers. Every day, these men and women join the work force and contribute positively to society. The story is told via the ancient Mixtec codex—accordion fold—format. Juan grew up in Mexico working in the fields to help provide for his family. Struggling for money, Juan crosses over into the United States and becomes an undocumented worker, living in a poor neighborhood, working hard to survive. Though he is able to get a job as a busboy at a restaurant, he is severely undercompensated—he receives less than half of the minimum wage! Risking his boss reporting him to the authorities for not having proper resident papers, Juan risks everything and stands up for himself and the rest of the community.

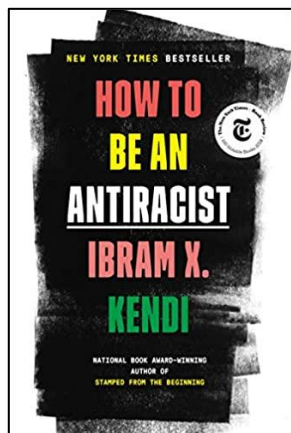


Stonewall: A Building. An Uprising. A Revolution. By Rob Sanders

From Rob Sanders, author of the acclaimed *Pride: The Story of Harvey Milk and the Rainbow Flag*, comes this powerful and timeless true story that will allow young readers to discover the rich and dynamic history of the Stonewall Inn and its role in the LGBTQ+ civil rights movement--a movement that continues to this very day. In the early-morning hours of June 28, 1969, the Stonewall Inn was raided by police in New York City. Though the inn had been raided before, that night would be different. It would be the night when empowered members of the LGBTQ+ community--in and around the Stonewall Inn--began to protest and demand their equal rights as citizens of the United States. Movingly narrated by the Stonewall Inn itself, and featuring stirring and dynamic illustrations, *Stonewall: A Building. An Uprising. A Revolution* is an essential and empowering civil rights story that every child deserves to hear.

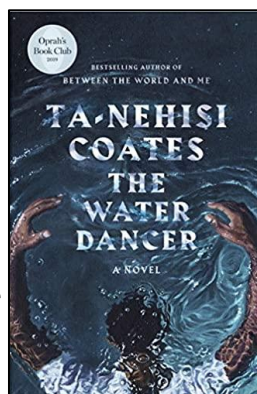


Book of the Month Picks



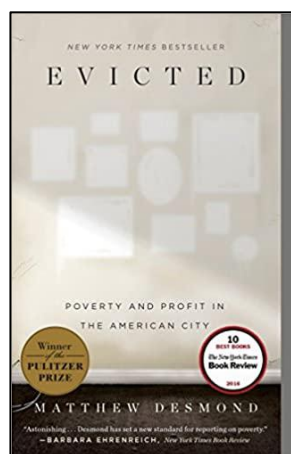
How to Be an Antiracist By Ibram X. Kendi

Kendi weaves an electrifying combination of ethics, history, law, and science with his own personal story of awakening to antiracism. This is an essential work for anyone who wants to go beyond the awareness of racism to the next step: contributing to the formation of a just and equitable society.



The Water Dancer By Ta-Nehisi Coates

This is the dramatic story of an atrocity inflicted on generations of women, men, and children—the violent and capricious separation of families—and the war they waged to simply make lives with the people they loved. Written by one of today's most exciting thinkers and writers, it is a propulsive, transcendent work that restores the humanity of those from whom everything was stolen.



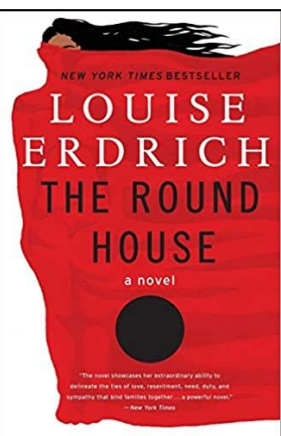
Evicted: Poverty and Profit in the American City By Matthew Desmond

Evicted transforms our understanding of poverty and economic exploitation while providing fresh ideas for solving one of twenty-first-century America's most devastating problems. Its unforgettable scenes of hope and loss remind us of the centrality of home, without which nothing else is possible.



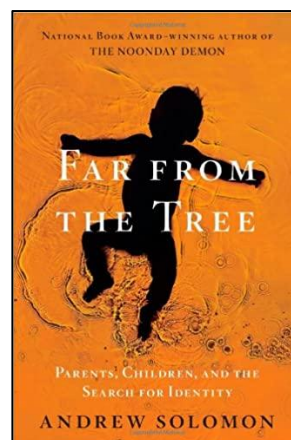
She Said By Jodi Kantor

From the Pulitzer Prize-winning reporters who broke the news of Harvey Weinstein's sexual harassment and abuse for the *New York Times*, Jodi Kantor and Megan Twohey, the thrilling untold story of their investigation and its consequences for the #MeToo movement



The Round House By Louise Erdrich

One of the most revered novelists of our time—a brilliant chronicler of Native-American life—Louise Erdrich returns to the territory of her bestselling, Pulitzer Prize finalist *The Plague of Doves* with *The Round House*, transporting readers to the Ojibwe reservation in North Dakota. It is an exquisitely told story of a boy on the cusp of manhood who seeks justice and understanding in the wake of a terrible crime that upends and forever transforms his family. **13**

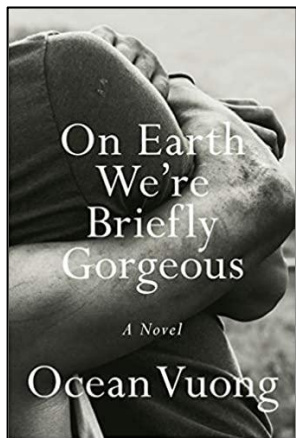


Far from the Tree (Select Chapters) By Andrew Solomon

In 12 moving chapters, Solomon describes individuals who have been heartbreaking victims of intense prejudice, but also stories of parents who have embraced their children's differences and tried to change the world's understanding of their conditions. *Far from the Tree* offers far-reaching conclusions about new families, academia, and the way our culture addresses issues of illness and identity.



Book of the Month Picks and Reading Resources

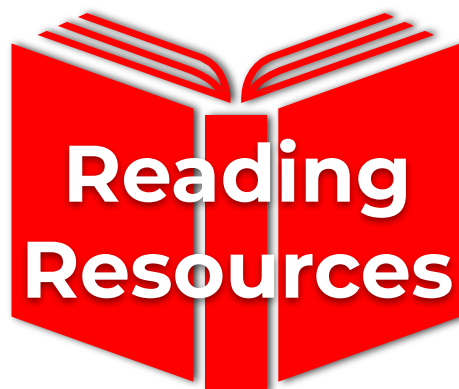
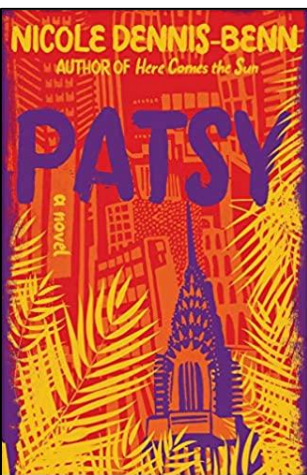


On Earth We're Briefly Gorgeous By Ocean Vuong

On Earth We're Briefly Gorgeous is a letter from a son to a mother who cannot read. Written when the speaker, Little Dog, is in his late twenties, the letter unearths a family's history that began before he was born — a history whose epicenter is rooted in Vietnam — and serves as a doorway into parts of his life his mother has never known, all of it leading to an unforgettable revelation. At once a witness to the fraught yet undeniable love between a single mother and her son, it is also a brutally honest exploration of race, class, and masculinity. Asking questions central to our American moment, immersed as we are in addiction, violence, and trauma, but undergirded by compassion and tenderness, *On Earth We're Briefly Gorgeous* is as much about the power of telling one's own story as it is about the obliterating silence of not being heard.

Patsy By Nicole Dennis-Benn

When Patsy gets her long-coveted visa to America, it comes after years of yearning to leave Pennyfield, the beautiful but impoverished Jamaican town where she was raised. More than anything, Patsy wishes to be reunited with her oldest friend, Cicely, whose letters arrive from New York steeped in the promise of a happier life and the possible rekindling of their young love. But Patsy's plans don't include her overzealous, evangelical mother - or even her five-year-old daughter, Tru.



Mondays with Michelle Obama

<https://www.facebook.com/PBSKIDS/>

Doodle with Mo Willems

https://www.youtube.com/playlist?list=PL14hRqd0PELGbKihHuTqx_pbvCLqGbOkF

Dav Pilkey at Home

<https://kids.scholastic.com/kids/books/dav-pilkey-at-home/>

A Guide to Selecting Anti-Bias Children's Books:
<https://socialjusticebooks.org/guide-for-selecting-anti-bias-childrens-books/>

Schomburg Center Black Liberation Reading List

Libby - online book resource
<https://www.overdrive.com/apps/libby/>

Celebrated Actors Reading Children's Books
<https://www.storylineonline.net/>

Join the PS39 Book Swap!
[K/1st, 2nd/3rd, 4th/5th](#)

Check out this comprehensive list of Anti-Racism Books

NYPL simplyE free resource for books online
<https://www.nypl.org/books-music-movies/ebookcentral/simplye>

Brooklyn Public Library Summer Reading Program
https://www.bklynlibrary.org/summer-reading?fbclid=IwAR3DYzWfHRd9Uc6kjCwzh3id59H419R8F86RwmxDr-B7s_xle_ba74L-T6qE

Epic: Start a Conversation About Race
<https://www.getepic.com/collection/15583880/start-a-conversation-about-race>

We Need Diverse Books:
<https://diversebooks.org/>

Coretta Scott King Book Award winners
<http://www.ala.org/rt/emiert/ckskbookawards/coretta-scott-king-book-awards-all-recipients-1970-present>

Celebrating Culture



We are lucky to live in a city that celebrates cultural diversity and makes it easy for us to learn about the richness of the people and communities that make up our city—and have fun while doing so!

This summer, take some time to share the experience of exploring history and cultures different from your own. Museums around the world are offering virtual tours.

Landmarks Preservation Commission

<http://archaeology.cityofnewyork.us/linker/collection/6/16>

Seneca Village Unearthed: an online exhibit and collection of artifacts from what was once New York City's largest community of free African-American landowners. The exhibit offers access to nearly 300 artifacts for a glimpse of what life was like for Seneca villagers in the mid-19th century.

Urban Archive <https://www.urbanarchive.nyc/>

Chock full of digital resources to explore in partnership with 40 museums, cultural organizations, and government agencies. The archive offers a seemingly endless collection of curated historic images and their histories.

Children's Museum of Manhattan <http://cmom.org/>

Each day of the week there is a theme, so be on the lookout for CMOM at Home activities that will be sure to delight!

<https://cmom.org/learn/resources/>

The Brooklyn Museum <https://www.brooklynmuseum.org/>

Sharing new virtual programs, art-making activities, and more, every week.

The New York Historical Society

<https://www.nyhistory.org/exhibitions/online-exhibitions>

A number of exhibits are on virtual display at the NYHS, including:

Women March: As long as there has been a United States, women have organized to shape the nation's politics and secure their rights as citizens.

Objects Tell Stories: Themed displays a variety of topics—such as slavery, war, infrastructure, childhood, recreation, and 9/11.

Museum of the City of New York

<https://www.mcny.org/exhibition/mcny-unlimited>

Though you can't hop on the subway and visit our favorite neighborhoods right now, MCNY is here for you online with an unlimited pass to the Museum's offerings.



Celebrating Culture



Brooklyn Historical Society

Check out their virtual programming
<https://www.brooklynhistory.org/public-programs/>

Leslie Lohman Museum of Gay and Lesbian Art

Visit for some video tours of current exhibits
<https://www.leslielohman.org/>

Museum of Chinese in America

<http://www.mocanyc.org/>
The Museum of Chinese in America (MOCA) is dedicated to preserving and presenting the history, heritage, culture and diverse experiences of people of Chinese descent in the United States. Experience their exhibitions through their digital tours:
<http://www.mocanyc.org/visit/digitaltour>

El Museo del Barrio

<http://www.elmuseo.org/>

In a partnership with the New York Latino Film Festival, each week El Museo del Barrio will feature shorts, films, and documentaries from the fest on its website.

Noguchi Museum

<http://www.noguchi.org/>

Works by Japanese-American sculptor Isamu Noguch. Check out their digital features.
<https://www.noguchi.org/isamu-noguchi/digital-features/>

Even More Virtual Museum Tours

<https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>

The Tenement Museum

<https://www.tenement.org/experience-the-museum-from-home/>

The Tenement Museum is comprised of two historic tenement buildings, 97 and 103 Orchard Street. Where 97 Orchard Street served as home to immigrant families between 1863 and 1935, *Under One Roof* will feature the stories of the immigrants and migrants who started their lives anew at 103 Orchard Street in the decades after World War II and helped to make the Lower East Side one of New York's most diverse neighborhoods. Hear the stories of former resident Bella Epstein, whose parents survived the Holocaust; Jose and Andy Velez, whose seamstress mother left Puerto Rico for new opportunities; and the Wong siblings, whose mother supported the family by sewing in the Chinatown garment shops.

With 3 digital exhibits and tons of virtual events, The Tenement Museum has long been one of our favorites. Continue to explore “Your Story, Our Story” This national project uncovers the patterns that bind us, no matter where we came from or how long we’ve been here. To expand on the PS 39 2018-2019 Pilot project, explore stories from across the country and see the similarities and differences you find between your story and others’. Join in further telling and exploring the story of American immigration and migration.

Actually Outdoors

Take walks

Lots of them. Explore neighborhoods you haven't been to. Look at buildings you've never seen.

Go on a Nature Scavenger Hunt

schlitzaudubon.org/nature-from-home/

Play Bird Bingo!

www.prospectpark.org.

Day Hikes/Local Adventures

<https://parks.ny.gov/parks/shirleychisholm/details.aspx> or <https://saltmarshalliance.org/>

Kid-Friendly Hiking

<https://redtri.com/new-york/5-kid-friendly-hiking-trails-with-mind-blowing-views/slide/4>

Visit Greenwood Cemetery

<https://www.green-wood.com/learning-resources/>

Open from 7am - 7pm. And don't forget their [Scavenger Hunt!](#)

Try Something Creative with Paint

Try [hydro dipping](#), [fluid art](#) or [tie dying](#).

Make your own Carnival!

<https://www.carnivalsavers.com/free-boothideas.html>

Backyard Science Experiments

<https://www.discoveryworld.org/discovery-world-home/>

Virtually Outdoors

National Park Virtual Tours

<https://www.msn.com/en-us/travel/travel-trivia/need-to-get-outside-these-5-national-parks-offer-virtual-tours-you-can-take-from-the-comfort-of-home/ar-BB1liluj>

Kenai Fjords National Park, Alaska

This [virtual tour](#) lets you explore glaciers, fjords, and icebergs located in the Alaskan wilderness. Descend into an icy crevasse, kayak through majestic icebergs, and even see how a glacier melts and the effects that climate change has on this frozen terrain. Kenai Fjords has over 40 glaciers in the Harding Icefield, according to the [National Park Service](#) website, and the tour begins with a peek into Exit Glacier, one of the only accessible glaciers by road within the national park.

Hawai'i Volcanoes National Park, Hawaii

One of the most popular national parks in Hawaii is now totally accessible online. This [virtual tour](#) lets you explore the Nahuku Lava Tube, which is a cave formed by flowing lava, which can drain lava from a volcano during an eruption. On the tour, you can also enjoy the stunning view from the volcanic coastal cliffs, "fly" over an active volcano, and see the effects of an eruption from 1959.

Yellowstone National Park

Yellowstone National Park showcases the splendor of North American wilderness from its mountains to its valleys and its streams in between. You won't want to miss this [virtual tour!](#)

Even More Ways to Stay Engaged



Free & Low Cost Summer Programs

<https://growingupnyc.cityofnewyork.us/summer/>

Metropolitan Opera Free Summer Camp

<https://www.playbill.com/article/the-metropolitan-opera-launches-a-free-online-summer-camp>

Varsity Summer Camps

<https://www.varsitytutors.com/virtual-summer-camps?fbclid=IwAR327wZ8wveaAsqAoL4SOY0Z9tDNw5Z4NuxAdpX9U3DdsdStgzWddz8LmnQ>

Art

Free Drawing Classes

<https://www.fastcompany.com/90478307/stuck-at-home-take-free-drawing-classes-from-famous-illustrators>

Podcasts

Brains On! A Podcast for Kids & Curious Adults

<https://www.brainson.org/>

Ear Snacks. A musical podcast for kids about the world.

<https://www.earsnacks.org/>

But Why: A Podcast For Curious Kids

<https://www.npr.org/podcasts/474377890/but-why-a-podcast-for-curious-kids>

Music/Dance

Live Streaming Events

<https://donyc.com/p/live-streams-happening-this-week>

Live Shows from some favorite bands

Dance with BAX

<https://youth.bax.org/general-information/classes/bax-virtual-studio-online-store/>

Taught by BAX faculty, BAX Virtual Studio Classes consist of pre-recorded class videos (approx. 30-40 min. each) in our signature disciplines of Modern Dance, Tumbling, Drama/Theater, Hip Hop, and Creative Movement.

Storytelling

Drag Queen Story Hour

<https://www.draqqueenstoryhour.org/#events>

Homeschool with the Moth

<https://themoth.org/dispatches/home-schooled-pastels-and-crayons>

STEM

Hands On Learning Activities

<https://www.jessicaralli.com/activities>

Free Online Model of the Solar System and the Night Sky

<https://www.solarsystemscope.com/>

Don't Skip this Resource!

Wide Open School

This is an incredible Resource for EVERYTHING -- Academics, Emotional Wellbeing, Learning Differences, English Language Learners, Social Studies and so much more.

<https://wideopenschool.org/programs/family/PreK-5/>

Mindfulness and Wellness

MANAGING CORONA VIRUS (COVID-19) ANXIETY

For You

- Avoid excessive exposure to media coverage
- Connect through calls/text/internet
- Add extra time for daily stress relief
- Practice self-care
- Focus on your mental health

For Kids

- Reassure them that they're safe
- Let them talk about their worries
- Share your own coping skills
- Limit their news exposure
- Create a routine & structure

For Quarantine/Isolation

- Keep in contact with your loved ones via social media, texts, and phone calls
- Create a daily self-care routine
- Keep yourself busy: games, books, movies
- Focus on new relaxation techniques

BlessingManifesting

Parenting During Coronavirus: You are Enough

<https://www.pbs.org/parents/thrive/parenting-during-coronavirus-you-are-enough>

Time Capsule

<https://letsembark.ca/time-capsule>

Kindness Chart

<https://s3.letsembark.ca/long-creations/LONG-Creations-Kindness-Chart.pdf>

Free App for Sleep, Anxiety and Stress

<https://insighttimer.com/>

Five Senses Exercise:

A Mindfulness Practice for Families

Engaging our senses helps us focus on the present moment.

Notice how you and your child are feeling as you begin. Then, together with your child:

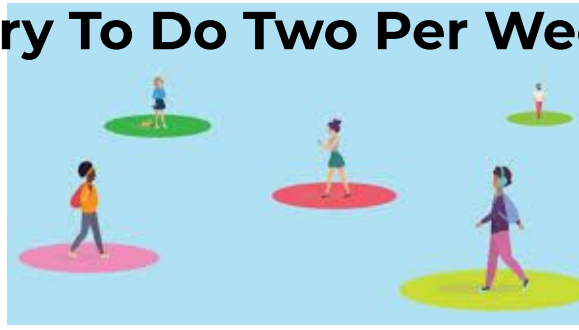
- Notice five things that you can see. Look around you. Notice and name five things that you can see.
- Notice four things that you can feel. Tune in to your sense of touch. Notice and describe the texture of four things you can touch.
- Notice three things you can hear. Listen carefully. Notice and name three sounds you hear in your environment.
- Notice two things you can smell. Notice and name two smells you recognize.
- Notice one thing you can taste. Focus and name one thing that you can taste right now. You can take a sip or bite of something, or simply notice the current taste in your mouth.

How are you and/or your child feeling now? Do you feel more connected to your surroundings and the present moment?



Social Distancing Activities





Try To Do Two Per Week!



Social Distancing Fun: Screen Free! (Mostly)

- Bring a sign to friends' houses to say "Hi!" 
- Write a letter to a grandparent, camp friend, school friend, or relative 
- Wave at friends from outside their houses
- Write a note in chalk  in front of friends' houses
- Read a book aloud outside kids' houses (Parents can do this too)
- Go on a Rainbow Hunt: Find   posted inside neighborhood windows
- Go on a [Printable Scavenger Hunt](#)
- Turn a friend into a penpal: Write letters to each other! 
- Create [Kindness Rocks](#): Collect Rocks and paint kind sayings on them and leave them for friends
- Have a  swap: Do this with just one friend or in a group. [K/1st](#), [2nd/3rd](#), [4th/5th](#).
- Use Walkie Talkies to talk to friends close by! 
- Cooking or Baking:  Edition:

Create a baking challenge ala *Nailed It!* Find a picture of a baked item and try to recreate it with friends on zoom!

- Do a  [Challenge](#)
- Play Zoom ["Guess Who?"](#) 
- Have a lunchtime zoom with a specific lunch with friends! i.e.  Fridays.
- Have a  [Party](#)
- Try the [Together App](#)
- Visit [Drag Queen Story Hour!](#)
- And Of course, connect with your community with Ms. Reyes' [AOK Missions!](#)
- [18 More Ways to Get Kids Outside!](#)

Get Creative, Get Involved!



Here are some ways to support your community this Summer

❖ Make Masks and Ear Savers

[Sew Masks for Health Care Workers and Members of the Brooklyn Community!](#) Here are some online [Online DIY instructions: Masks](#). Health care providers' ears are aching from wearing masks all day. Bring them a little comfort by making "Ear Buddies"! [Online DIY Instructions: Ear Savers](#)

❖ Undocumented Workers Fund

<https://raise-nyc.squarespace.com/about>

❖ Support any number of Bail Funds

<https://www.communityjusticeexchange.org/nbnfndirectory>

❖ Take Action!

Check out the [Kids in Action Guide](#)! Young people can make change. This guide is like a road map you can follow. We know that kids have great ideas and want to make the world a better place. Let's get started!

❖ Local Food Pantries in need of Volunteers and Donations

- ❖ [Camp Friendship](#)
- ❖ [SCO Food Pantry](#)
- ❖ [CHIPS](#)
- ❖ [Brooklyn Museum](#)
- ❖ [Roots Cafe](#)

❖ List of Resources on How to Dismantle Systemic Racism

https://docs.google.com/spreadsheets/d/16CFLrMySyQR8cLTmACUKtHfc-UQ9PUA0ktLafApydS8/htmlview?pru=AAABcp6noGk*57S223T3rCFH2pv6LGuBmq&urp=gmail_link

❖ Resource Roundup for Talking to Kids about Racism

<https://www.prettygooddesign.org/blog/Blog%20Post%20Title%20One-5new4>

❖ Let's also Talk to our Kids About Microaggressions

<https://www.pragmaticmom.com/2020/06/teach-kids-about-microaggressions/>

❖ Movement for Black Lives

<https://m4bl.org/>

❖ Act.tv's Video Explanation of Systemic Racism:

https://www.youtube.com/watch?v=YrHIQIO_bdQ&feature=youtu.be

❖ Kindness Missions

And Remember, Ms. Reyes' AOK Missions are a lifestyle, not a project https://drive.google.com/file/d/1txxgmNnUTWuTqJi-j_70fmLc1pg5MSc4/view?usp=sharing

Black Lives Matter

Resources

The Problem With Kindness: [SEL & the Death of George Floyd](#)

Non-Black Folks Can Self Educate and Practice Direct Action: [A Working List](#)

13 Ways to Show up as [Anti-Racist](#)

List of [Resources](#): How to Dismantle Systemic Racism

Your Kids Aren't Too Young to Talk about Race: [Resource Roundup](#)

The Center for Racial Justice's [Resource Guide](#) and Guide to [Talking to Kids About Race](#)

Get to Know Activist [Jane Elliot](#)

Check out the Fantastic [Minor Collective](#)

Embrace.org : 10 Tips for Teaching and [Talking to Kids about Race](#)

Let us Also Talk to our Kids About [Microaggressions](#)

Black Lives Matter: [Now What?](#)

[75 things](#) White People Can do for Racial Justice

100 Race-Conscious Things To [Say to your Child](#) to Advance Racial Justice

[Act.tv's](#) Video Explanation of [Systemic Racism](#)

National Museum of African American History and Culture: [Talking about Race](#)

[Read](#) or [listen to The 1619 Project](#)

Act To Change: [Solidarity Resources](#)

A Friend Shared Their Journey Regarding Racism and Whiteness: [And Lots and Lots of Resources](#)

New Victory Theater has launched a [Brand New Website](#) with free performance art based resources

The New York Times' [Interactive Stories and Projects on Race](#)

When Kids March: [A View From a Local Teacher](#)

PSP: [Understanding Race in Today's Times](#)

This [Paradigm Shift](#) Could Stop Racism: Robin D'Angelo

[A Conversation on Race](#): A series of Short Films About Identity in America

Book Lists

Schomburg Center [Black Liberation Reading List](#)

Anti-Racist Book List [for All Ages](#)

[Read to learn](#) and Read These [Anti-Bias Children's Books](#) With Your Kids

Corretta Scott King [Book Award Winners](#)

Here Wee Read's [2020 Book List](#)

We Need Diverse Books [Book List](#)

NYC [Black Owned Bookstores](#)

[Lee and Low](#) Checklist: [8 Steps to Creating a Diverse Book Collection](#)

We will Continue our [webpage](#), adding in resources, events, books and activities,.

Organizations you can Support

Support the [Black Lives Movement and Protesters](#) in NYC

Black Lives Matter: Direct Ways to [Take Action](#)

[Communities United for Police Reform](#)

Sign the BLM Petition to [Defund the Police](#)

[135 Ways to Donate](#) in Support of Black Lives and Communities of Color

Support [The Movement for Black Lives](#)

Support any number of [Bail Funds](#)

Join [Campaign Zero](#)

Check out the [Black Vision Collective](#)

[Color of Change](#) helps to do something Real about Injustice

[Equal Justice Initiative](#)

[Teaching Tolerance](#)

[NAACP](#)

[The Conscious Kid](#)

[Embrace Race](#)

[SURJ NYC](#)

[Black Women's Blueprint](#)

[Shop Local](#), [Black Owned](#) Stores and Check Out [Black Owned Brooklyn](#)

Events and Talks

[Daily Updates](#) on Protests in Brooklyn

Info on Where, When and How on [Protests](#) in NYC

[The Brown Bookshelf Rally](#) Recording

Please Watch: Author [Kimberly Jones](#) "How Can You Win?" [Video](#)

Tough Talks: [Unpacking White Privilege & Raising Anti-Racist Children](#)

[TED Talks](#): Ibram X. Kendi: The Difference Between Being Not Racist and Anti-Racist

Solidarity Convo: [Asian Americans and Pacific Islanders for Black Lives](#)

[PBS Special Event](#): Talking to Children Authentically About Race and Racism

Embrace Race Seminar: [How to Make Sure I'm Not Raising the Next Amy Cooper](#). Original Article [Here](#)

CNN/Sesame Street [Town Hall on Racism](#)

Author [Jason Reynolds](#) Talks About Racism and Protests: Audio

[Race Forward's Building Racial Equity Virtual Training Series](#)

John Oliver on [Defunding the Police](#)

DoNYC's [Virtual Workshops](#) and [Events](#) on Racial Equity and Solidarity

Reading Challenge



“Challenge” Yourself with some new ways to approach your reading!

Challenge 1: Read the book(s) before you see the movie.

Film adaptations of books are always popular, but most people agree: It's better to read the book first.

- [Can you read all nine of these before you watch the movie?](#)
- Discover even more [book-based movies](#), including classic read-aloud faves such as *Paddington*, *Stuart Little*, and *The Wizard of Oz*.

Challenge 2: Read around the world.

"Travel" to faraway places and learn about new cultures with these diverse picks.

- Get bit by the travel bug with these [books about planes, trains, and automobiles](#).
- Take a trip to Chile, Mexico, Cuba, and more with these [books about Latinx folks](#).
- From there, hop over to India, China, Vietnam, and all across Asia with these [books about Asians and Asian Americans](#).
- Don't forget Afghanistan, Nepal, Ireland, and [so many other cultures worldwide](#).
- Then learn about the many paths to the United States with these [incredible immigrant experiences](#).

Challenge 3: Find your inner "upstander."

- Learn how to [identify bullies in real life](#).
- Help kids build [their self-esteem](#).
- Put yourself [in other people's shoes](#).
- Learn to [appreciate people's differences](#).

Challenge 4: Get technical.

Techie kids and STEM lovers can get in on the action with these books (and apps, too).

- If you prefer multiplication and microscopes to spelling and grammar, these [math and science books](#) will spark your curiosity (and maybe *slightly* more appreciation for books).
- If you want to like reading but need to boost your skills a bit first, start with these [fun games and reading resources](#) to work on everything from letters to phonics to fluency.



Weekly Challenge!



This Summer, we challenge you! Check out the activities below for fun ways to keep your learning skills sharp, your curiosity peaking, and your body moving!

- **Week 1 (July 6-10)** We challenge you to Read! Choose 1 of the 4 [Reading Challenges](#) and share your goal on [padlet](#).
- **Week 2: (July 13-17)** We challenge you to Explore! Choose one [Celebrating Culture](#) experience and post what you learned on padlet.
- **Week 3: (July 20-24)** We challenge you to a Scavenger Hunt! Send your artifact photos from the “Actually Outdoors” [Nature Scavenger Hunt](#) on [padlet](#).
- **Week 4: (July 27-31)** We challenge you to Create! Pick an activity from [Stem Hands On Learning Activities](#) or make your own upcycled clothing design and share your creation on padlet.
- **Week 5: (Aug 3-7)** We challenge you to go Camping! Pitch a tent in park or even make a fort out of pillows and blankets in your bedroom. Make s’mores and submit your favorite ghost story on [padlet](#).
- **Week 6: (Aug 10-14)** We challenge you to Remember! Create a time capsule to capture the summer of 2020! Share an artifact from your time capsule on [padlet](#).
- **Week 7: (Aug 17-21)** We challenge you to a [Kindness Mission](#). Share your mission results on [padlet](#).
- **Week 8: (Aug 24-28)** We challenge you to Celebrate! The summer is almost over, so dance, flip, and sing! Post a picture on [padlet](#) of how you're celebrating the end of summer.



And finally, we asked our graduating fifth grade students to share some 'last looks' with the PS39 community.

While your last year at PS39 may look a bit different than the one you had planned, it certainly has placed value on the importance of friends, community, and supporting each other. How would you encourage students at PS 39 to support each other going forward?

"Stay in touch with your friends. Just because you can't be next to them, doesn't mean you can't spend time with them."

"Always be kind to one another and never give up."

"I would encourage them by explaining to them how important it is to support each other and be beside each other no matter what and I think this year is a great demonstration."

"By cheering them on at something."

"Do not bully because we are all going through a tough time."

"Look on the bright side. It may be tough leaving PS39 but if you look at this situation with the right mindset you'll be fine going to middle school. I hope everyone had a great time at PS39. Congrats on finishing 5th grade!"

"By not judging people for what they like, how they look, etc."

"Just keep on going and never give up."

"I think that PS39 students can continue to be kind to everyone, no matter how they look or how they act. They can realize that everyone has the same heart, and they can continue to stick together when there are problems at the school, or in the world."

"Even if things go wrong there will always be a right/kind."

"Stay Connected."

"You can do anything that you set your mind to so never give up and keep on shining!"

"Always be nice and fair to each other."

"Enjoy it. You should spend as much time as you can around your friends and teachers and be there for fellow students."

"I would encourage students to have each others backs. It is hard and it is most likely to get harder, so if you see someone who is sad, or needs a pick up, you should be the person to go help."

"Every time you fall, you will rise up again."

"Always be a friend."

"I would encourage kids to be thankful for having each other to talk to and be with. For example, if you are at lunch and you are sitting next to a kid who you are not friends with, don't be sad that you are not with a friend, instead be thankful that you have someone to talk to, and try and make a new friend. Be kind and you should support friends and make sure that everyone is safe and happy." 😊

Digital Citizenship



Digital Citizenship

Responsible technology usage, & teaching digital citizenship is essential to helping students achieve & understand digital literacy, as well as ensuring cyberbully prevention, online safety, digital responsibility, & digital health & wellness

PROTECT • PRIVATE INFORMATION
for themselves and others.

RESPECT THEMSELVES AND OTHERS
in online communities.

STAY SAFE • ONLINE
by listening to their gut feelings.

STAND UP TO • CYBERBULLYING
when they see it happening.

BALANCE THE TIME
they spend using media and doing other activities.

For information and resources about digital citizenship, visit www.commonsense.org/educators.

Think Before You Post

Remember That Anything Posted Online Is Permanent

USE DIGITAL TOOLS TO TALK WITH PEOPLE NOT ABOUT THEM

What Is GOOD DIGITAL CITIZENSHIP?

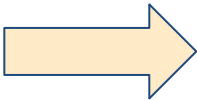
PROTECT YOUR PRIVATE INFORMATION!

FOLLOW THE SCHOOL'S ACCEPTABLE USE GUIDELINES

Communicate Respectfully

Give Proper Credit When Using Other People's Work

Stand Up To Cyberbullying



Check out this [Brain Pop Video](#) for more on what it means to be a responsible Digital Citizen!

WE, THE DIGITAL CITIZENS, PLEDGE TO...

COMMUNICATE RESPONSIBLY AND KINDLY WITH ONE ANOTHER.

PROTECT OUR OWN AND OTHERS' PRIVATE INFORMATION ONLINE.

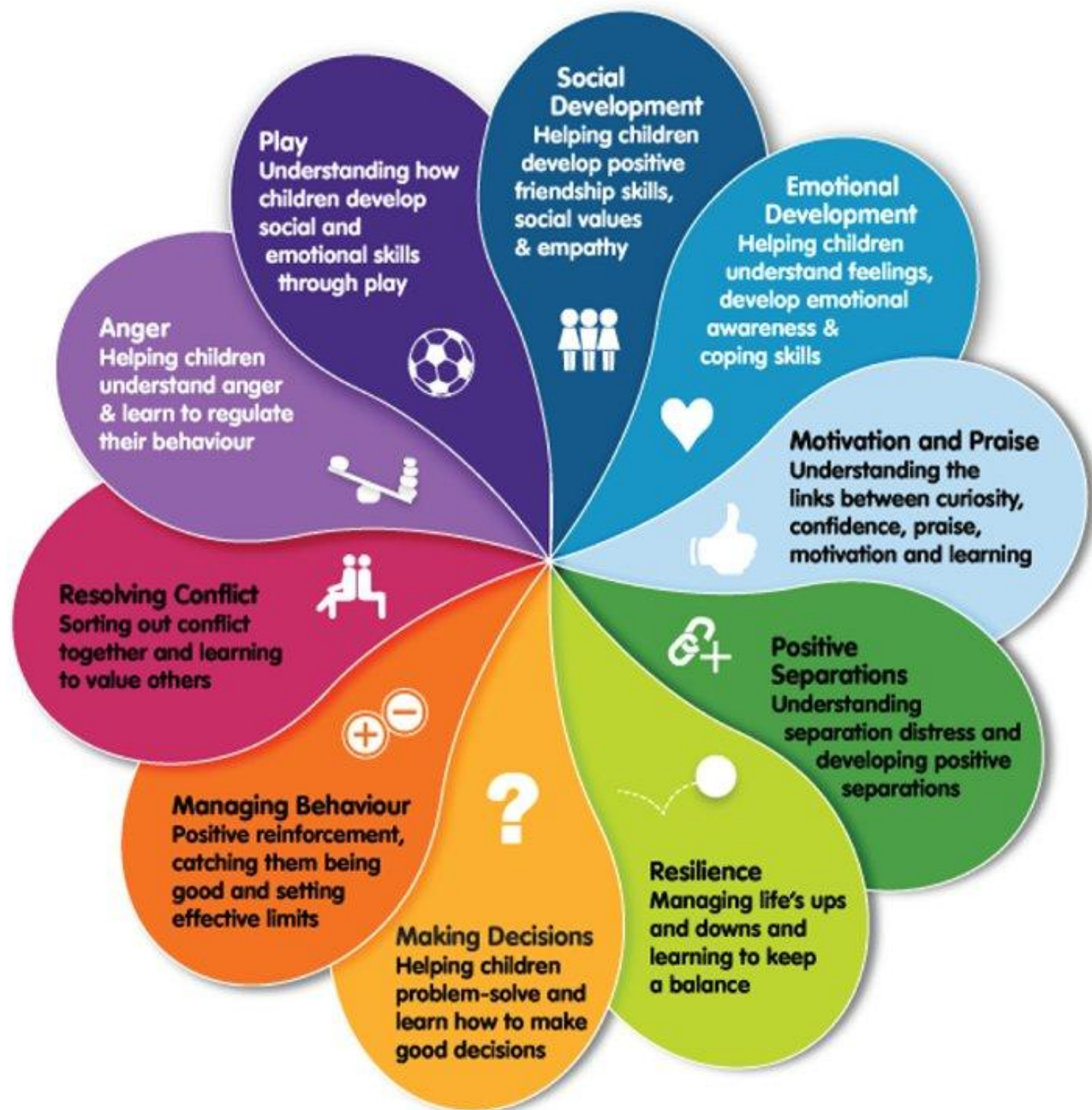
STAND UP TO CYBERBULLYING.

RESPECT EACH OTHER'S IDEAS AND OPINIONS.

GIVE PROPER CREDIT WHEN WE USE OTHERS' WORK.

SIGN HERE

Supporting children's social and emotional development



[A Parent's Guide to Social and Emotional Learning](#)

CONNECTING WITH *kids*

A step by step guide to effective emotion coaching.

What to do for YOUR CHILD

1. Become aware of your child's feelings.

Only 7% of a person's communication comes from words. Pay extra attention to their non-verbals!

- Observe body language and behaviour.
- Note the tone of voice.
- Listen to their words.

3. Connect through empathy.

Soothing words and affection are great ways to show you care.



4. Encourage your child to talk about their feelings and listen without judgment.

- Allow them to speak.
- Use open ended questions to encourage sharing.
- Seek clarification.
- Paraphrase.

6. Help them name their emotions and show you understand.

Naming emotions helps kids identify each different feeling they experience. This helps them understand themselves better.

7. Help your child problem solve.

- Use open ended questions to provoke thought & discussion.
- Help them expand their thinking to take other people's feelings into account.
- Set limits on unacceptable behaviour.

Move to this step only when your child feels validated and has calmed down. Otherwise, problem solving will not be effective.

What to do for YOU

2. Become aware of your own feelings in response to your child's emotions.

Trigger alert! The way your child displays their emotions can impact how you feel. Pay attention to how you react to your child when they express their feelings.

Stay present in the Moment. Look past their behaviour to focus on the feelings behind. Extreme behaviour signals strong emotions.

Did you know: when you are angry, you can't be empathetic. The empathy part of the brain shuts down during anger, making it almost impossible to connect with your child.

5. Maintain awareness of, and focus on, your child's feelings.

If your emotions start to interfere with your ability to connect empathetically with your child, use strategies to calm down and re-centre yourself, such as:

- Re-read these steps.
- Get yourself a drink of water.
- Take some deep breaths.

If you find yourself repeatedly triggered by your child's emotions, it is useful to discover why. Understanding the cause of your triggers can bring you greater self-awareness and peace.

8. Resist the temptation to solve the problem for them.

If you try to solve the problem for them it sends a message you don't trust them to solve their problems. This can leave them feeling insecure in their own abilities.

The result: kids who regulate their emotions better, are more confident and have higher emotional intelligence. Your home will be more peaceful too!

