

# Holiday Season

## TAROT SPREADS



Created for you by:

FRANCISCA HERNANDEZ

# Holiday Season Tarot Spreads

Here are a few Tarot/Oracle spreads you can use to help you this holiday season.

A spread for holiday intentions and traditions.

## Intentions & Traditions Spread

1 2 3

1. What intention would I set this holiday season?
2. What traditions would I like to enjoy?
3. What new traditions would I like to create?

Spread to use when for thriving instead of just surviving the holidays.

## Thriving Spread

1 2 3 4

1. How can I make the most of this holiday season?
2. What can I gift myself?
3. What gifts am I receiving from the Universe?
4. What will help me thrive this holiday season?

Use this spread with someone you have a difference of opinion with.

## Differing Opinions Spread

1 3

2 4

1. What are my challenges with this person?
2. What's our common ground?
3. How can I give myself grace?
4. What is the guidance from Spirit?



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# Holiday Season Tarot Spreads

A spread to use for holiday intentions and traditions.

You can use this area to journal or explore your interpretation of the spread. Here are a few helpful tips for you:

- You can start by writing down each of the cards.
- What does the imagery signify to you? What does it remind you of?
- How does this theme resonate with your current situation?
- What insight can you take away from this reading?

# Intentions & Traditions Spread

1

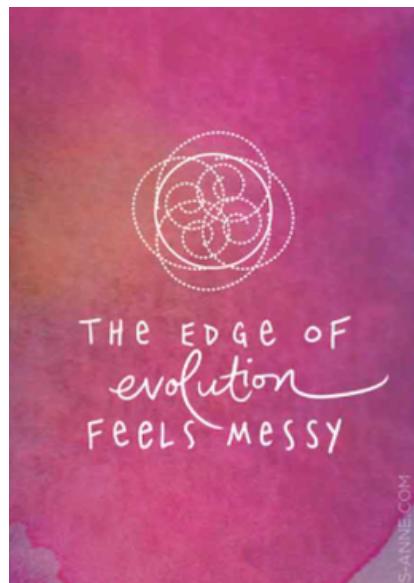
2

3

1. What intention would I set this holiday season?
2. What traditions would I like to enjoy?
3. What new traditions would I like to create?

# Holiday Season Tarot Spreads

Here's an example of a general reading I shared in the Holiday Tarot Spreads video. I used a direct translation from Kyle Gray's Angel Oracle Deck.



Card 1: What intention would I set this holiday season?

The Edge of Evolution Feels Messy

#### ESSENTIAL MEANINGS

card essence: evolution of the soul, rapid change, growth and a plethora of new opportunity, surrendering to uncertainty

self-care message: a time to trust, not being able to see the light at the end of the tunnel, accept new teachings and the wonderful unknown, giving yourself permission to fail in order to grow

#### CREATOR MESSAGE

The edge of change is a veritable cornucopia of opportunity. When you think of life as a giant ever-expanding puzzle, you will see that growth begins at the edges and that most of the excitement happens just beyond the boundaries of what you can perceive and it happens *just beyond the edge of your comfort zone*. As things shift and germinate around you, you may notice how uncertain it feels *beyond-the-known*. While things are shifting, you may feel unsettled, because that *beyond-the-edges* is also the unknown. It's time to bring yourself to your personal growth edge, at the edge of your comfort zone, and look into the abyss of creation. Poke your toe into the water that lies beyond, and the right opportunity will (as if by magic) move into your awareness.

Trust in divine guidance now. You are evolving rapidly. Allow the unravelling. Remember that your evolution is always for your highest good. Like a pair of new glasses, it may take some time to see the world anew and to integrate new perspectives into all corners of your life. Take comfort in the change, because it means you are growing and learning, and soon it will feel like home.



Card 2: What traditions would I like to enjoy?

Fearless Expression

#### ESSENTIAL MEANINGS

card essence: your soul laid bare, showing off your talents and your beauty, self-confidence, knowing your heart song and singing it clearly, accepting your value, self-worth, finding your courage and the fearless expansion of your joy

self-care message: hiding your brilliance, unnecessary fear and self-doubt, playing small, diluted expression or saying what others 'want to hear' instead of what you long to say

#### CREATOR MESSAGE

Your Throat Chakra microphone is buzzing because you've got something to say, so don't bottle up your thoughts or opinions at this time. Your success is deeply connected to your self-expression, and the Universe will support you and your dream as you step onto a new path of personal power and positive assertion. This is an exciting time for you!

When you are communicating your desires and your dreams to others, it's time to be mega-honest. Dive into your own unique form of powerful articulation as only you can do. Your fearless, authentic communication is going to be your gold. People flock to honesty. Its power is palpable in person and on-screen. And people want more of it. They are in awe of it. It's time for you step up to the microphone and begin!

True expression will attract like-minded people, and when you've uncovered your honest expression it will be really hard to shove it back into its quiet corner again. It is expansive by nature, so allow for its expansion and try new things!



Card 3: What new traditions would I like to create?

Success in Transformation

card essence: the end of one thing and the beginning of another, rebirth, successive growth, continuous improvement, transformation and change

self-care message: holding onto the past, not letting go of an outmoded dream, giving up after the first test, difficulty reframing 'failure' as learning

#### CREATOR MESSAGE

A major phase in your life may be coming to a close, and a new beginning coming into view. This natural cycle of death and birth will bring positive closure to a long-awaited cycle of completion. These endings are inevitable, and we must allow them to happen naturally.

Radically reframe any imperfections or unsuccessful attempts that have led to this. It's okay to make mistakes along the way attempt, so accept them as invaluable lessons that have shown you to become more resilient and more accurate with each successive try. Lean in with a growth mindset-yup another freakin growth opportunity!- and begin to identify which ingredients were missing.

One evolution leads to the next, and your successive transformation will ultimately lead to your success and your happiness.

You will only fail if you give up, so use your imperfect experience to decipher what needs to happen next, and then make some superstar upgrades. Continuous self-improvement is key. We are never done learning about who we are, and we are never done becoming who we are becoming. In this way, it is never too late to 'make it.' Sometimes successive transformation means letting go of old ideas and old ways of being, in order to be reborn into a better opportunity.

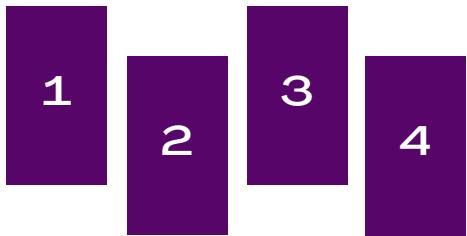
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Spread to use when for thriving instead of just surviving the holidays.

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- You can start by writing down each of the cards.
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# Thriving Spread



1. How can I make the most of this holiday season?
2. What can I gift myself?
3. What gifts am I receiving from the Universe?
4. What will help me thrive this holiday season?

# Holiday Season Tarot Spreads

Here's an example from the Thriving Spread I shared in the Holiday Tarot Spreads video. I used a direct translation from Kyle Gray's Angel Oracle Deck.

Card 1: How can I make the most of this holiday season?

Friendship & Union

**YOUR MESSAGE** This is a time for coming together. Friendship and other connections are important now. There is a strengthening in your bonds with others and your capacity to know who "your people" are. You are surrounded by incredible, insightful, and encouraging people at this time, and it's important to enjoy the friendships and other connections you have. If you have felt disconnected or out of place for some time, know that you are moving into a far more supportive and joyful space now. Your angel guide is encouraging you to connect deeply with those you trust most. Ask yourself how you can bring the whole of yourself into your friendships and relationships. Be present, listen, open up, smile, laugh, venture forth, and enjoy this time.

**EXTENDED MESSAGE** If you have felt left out recently or have been wondering if you can trust those around you, angels are giving you clear insights and information to help. Don't concern yourself about any relationships or friendships that have been fading into the background. What's important is that your vibration and energy will attract friends with whom you can be yourself and who can mirror back to you who you are. If there's something missing in a particularly important friendship, know that your angel guide is inviting you to ask yourself: "What is missing here? How can I supply it?" If you feel that you are struggling to make friends or you don't know who your friends are, invite your angels to assist you in making connections with those who can share and receive in a loving, balanced way. Your angel friends are ready to help you form incredible unions.



Card 2: What can I gift myself?

Do The Work

Your Message

This card doesn't represent the plan that God has for your life, more the plan that comes to fruition based on your intentions and your highest good. You have been given the incredible gift of free will and therefore your thoughts, deeds, actions, and intentions are in some way going out into the universe and curating the experiences, opportunities, and energies that are flowing in and out of your life. When this card appears, you are being encouraged to move into a state of surrender, where you recognize that yes, your intentions have an impact on the creation of your life, but how those intentions unfold is not down to you, but in the hands of God. The divine plan is your intentions unfolding in a way that God/the universe feels is for your growth and highest good. Know that every experience you have been through in your life has been a way-marker on your journey towards growth and expansion. And your angels are acknowledging your growth now.

Extended Message

If you are trying to force a plan into action, the angelic guidance is to back down and trust in the greater good. Often when something isn't happening for us, we're frustrated, but that's only because we don't see that our "perfect plan" is unfolding. When your ideas or plans go wrong, trust that the universe has a greater plan for you. And that greater plan isn't something that has already been chosen for you, it's more of a culmination of all of your life's intentions, prayers, and actions washing back toward you with opportunities and experiences.

Call on your angels to light up the path ahead. You may feel that you are facing the unknown, but know that you are always guided and protected.



Card 3: What gifts am I receiving from the Universe?

YES

Your Message

Yes. Yes. Yes. The answer is yes. Proceed. Go forth. Achieve. Enjoy. Don't hold back. The time is now. Rise up. Fly high. Light up. Express yourself. Experience. Share.

Extended Message

This card is a huge thumbs-up. If you are making a decision, the answer is yes. Go for it. This is a time for positivity, celebration, and progress. Angels are encouraging you to let in the light and enjoy it. All of your hard work is paying off. Any endeavors, projects, and opportunities before you now are getting the green light. If you've been holding off for the right time, the time is now, and you are being encouraged to take the next step. You're good to go. If you're feeling scared or worried, that's okay. Invite in help. Angels are there to guide you and they want to be part of your success. So, relax and experience the joy that is unfolding for you now.

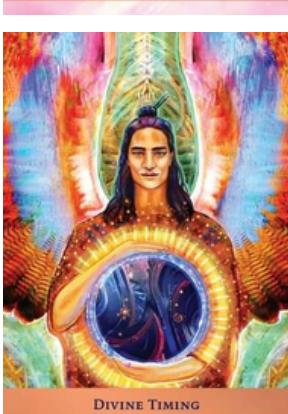


Card 4: What will help me thrive this holiday season?

Divine Timing

**YOUR MESSAGE** Life is always unfolding in the perfect time-space sequence. So, angel wisdom is encouraging you to move into a state of trust, knowing that good things are always unfolding for you. You may find yourself feeling impatient and unsettled, but instead of letting your ego and imagination pull you into a downward spiral, trust that your prayers are being answered and your plans are coming to fruition in a way that is meeting your needs rather than your wants. You may feel that your prayers aren't being answered or that your hopes aren't being realized, but you must know that the universe and your angels are always working toward the highest good and the outcome that will best serve you. When this card appears, trust in the process.

**EXTENDED MESSAGE** This card is a sign that your hopes and dreams are unfolding. You may not think so, but you need to remember that you may be working to "human time," whereas God is always working on "soul time," which can never be measured or rushed. You are being guided to know that your angel team is with you right now, encouraging you to call in the support of heaven in aligning your current situation with love. Imagine yourself and your situation covered in golden light and ask angels to show you the way forward, knowing they are always working for your highest good.



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Here's an example of a general reading I shared in the Holiday Tarot Spreads video. I used Chris Anne's The Light Seer's Tarot Deck & Lisa Power's Essential Oil Oracle Deck.



Card 1: What are my challenges with this person? Processing

Trigger Statement: I am so worried.

Essential Oil: Digestion

True Statement: I have the solution.

Message: Slowing down and listening to your inner voice will provide you with direction and purpose.

Card 2: What's our common ground? Knight of Cups

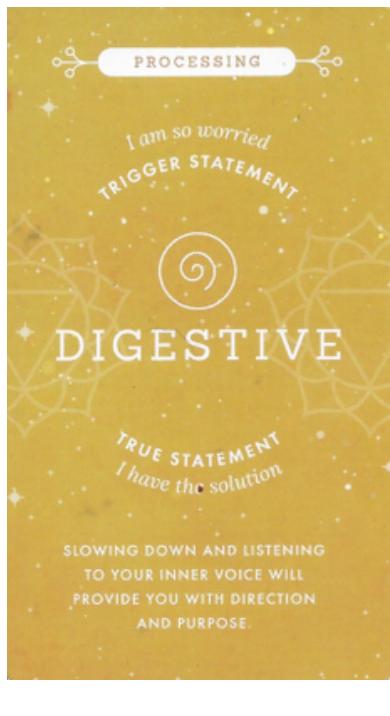
Flighty, immature, and fast-moving emotions or love. Wearing your heart on your sleeve. Being in love with the idea of love. Unrealistic expectations, seeking connection

Card 3: How can I give myself grace? Six of Wands

Celebrating your wins, appreciating your progress, accomplishments, and successes, being seen, victory, optimism, inspiring others, surrounding yourself with a community that will acknowledge you

Card 4: What is the guidance from Spirit? Seven of Swords Shadow Seer

Expecting to feel betrayed or taken advantage of. Not wanting to have a repeat of being on the receiving end of deceptive behavior or gaslighting. The Universe bears witness to your heart's true intentions. Always remember that you can still act from a place of integrity and love. Because treating yourself with love and honoring your most genuine intentions can keep you from deceiving your own heart.



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For more resources visit: [BreatheConnectThrive.com](http://BreatheConnectThrive.com)

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Connection  
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dive into  
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healing.



Connect to your intuition and  
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Created for you by:

Francisca Hernandez



### Get In Touch

For questions and feedback, or if you want to hear more from me, check out your options below.

#### Take the Breathwork Archetype Quiz.

A 2-minute quiz to help you discover your unique self-healing breathwork archetype and match it with a self-care routine and breathwork style that's best for your personality.

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#### Website

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