

# HOME CAREGIVER

Position Description | Wage Detail | Client Description | Contact Info

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**Position start date estimate:** Mid-January; available shifts M-Su.

## Description & Responsibilities of Caregiver:

The Caregiver should enjoy the company of older people and have a kind and patient attitude. While daily expectations will be outlined, the ideal person should also be a self-starter with the ability to identify and tackle household tasks as needed. The Care Recipients will initially require a shift each day of the week. At this time, a typical shift will be 4 hours occurring mid-day. Specific hours can be flexible, and shifts may become shorter or longer as time goes on, depending on the needs of the Care Recipients and the availability of the Caregiver.

All available shifts will be posted online, where Caregivers may choose and sign up for time slots most convenient to their schedule.

### Responsibilities may include, but not be limited to:

- Light housekeeping
  - Meal preparation
  - Occasional errands
  - Companionship
  - Occasional physical assistance for Cindi (to and from entrance of restroom only)
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**Wage is \$20/hr** paid in cash at the close of each shift.

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## Care Recipients: Ted and Cindi Anderson

Ted and Cindi are a warm and friendly couple who will be celebrating their 53<sup>rd</sup> anniversary soon. Their interests include travel, jigsaw puzzles, cribbage, cards, Gopher sports, and movies. \*Creativity is encouraged. We are always looking for additional activities for both of them to enjoy, and welcome ideas and suggestions.

Ted and Cindi have 6 grandchildren ranging from 23 to 17 in age. Their two daughters and their spouses live in the southwest Twin Cities area and will be involved in managing their care plan.

### Medical Status

Cindi is recovering from a fall and knee replacement that took place in late October. She has been gaining her strength and mobility in a physical therapy facility to date, with discharge to home occurring shortly. She is using a walker and does not yet have the strength to carry out household tasks or drive.

Ted has mid-level dementia and struggles mostly with short-term memory issues. This includes understanding "time-of-day" cues, complex problem solving, and comprehensive decision making. He takes direction very well from Cindi and defers to her almost always without question. He is generally more "foggy" first thing in the morning, and again in the early evening. He is a type 2 diabetic, and their home will be stocked with appropriate groceries and meal plans.

## Home Description

Ted and Cindi's care will take place in their home in Chaska, Minnesota. The entirety of their time is spent on the main level of their home and includes their master bedroom and bath, kitchen, office, living room, laundry, powder room, and mudroom. Their garage is attached. They do have a fully finished basement which includes a guest room and bath, living room, exercise room, and storage/utility room.

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**Additional Questions Can Be Directed To:**

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