

Let's Talk: Teen Technology Featuring Warp Speed

January 17, 2018

7 – 8:30 PM

WHS Auditorium 1



In today's fast paced world, technology is evolving more rapidly than our ability to understand its long-term impact on our society and our kids. In fact, research suggests that frequent use of entertainment technology by young people is actually changing the way the young brain develops and processes things such as impulse control and perception of harm.

The unlimited access kids have to technology today allows them to experience an entire world at their fingertips. And while the use of technology certainly has its benefits, there are also applications that put our kids at greater risk for developing problems with things such as drugs and alcohol or bullying.

This fun, fast-paced and interactive presentation will provide an overview of how kids are using technology, what they are using, the impact technology is having on social and emotional development, and how to help kids use technology in a balanced and safe way.

The speaker will be Jessica Wong who is the Regional Director of Outreach at the Hazelden Betty Ford Foundation.