

HIGH
HOLY DAYS
AT
MISHKAN
SHALOM



[SHMITA YEAR 5782](#)- Returning to the Home of Our Soul

As we gather in person and on-line we will enter the New Jewish Year together.
5782 is a *Shmita* year.

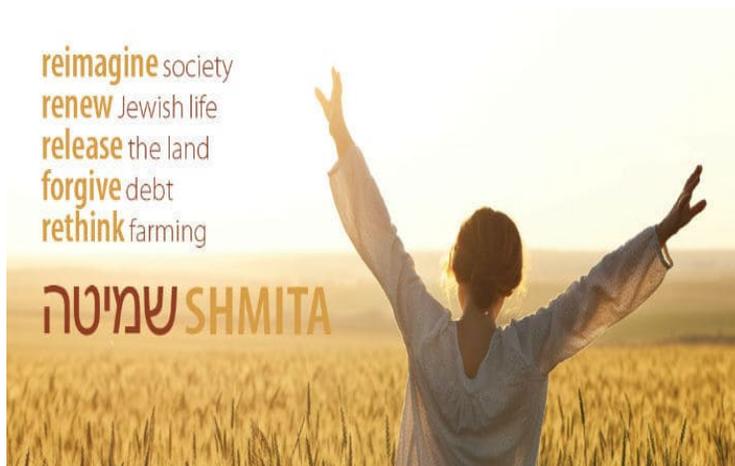
Every seven years *Shmita* invites us to examine what in our lives needs to be reassessed and released.

The *Shmita* year also brings us into a deep connection with earth.
It is a call to ecological, social and economic justice.

Who have we become during these pandemic times?
Each of us have had discoveries and losses, breakthroughs and disappointments,
moments of isolation and meaningful connections.

Sounding the shofar we will return to each other and begin again. [Register here!](#)

~ Rabbi Shawn Israel Zevit and Rabbi Yael Levy ~



WHETHER ON LINE OR IN SANCTUARY, WE WILL CELEBRATE 5782 TOGETHER!

We are excited to welcome 5782 with our Mishkan friends and family. In accordance with COVID-19 guidelines established by the Center For Disease Control (CDC) and the City of Philadelphia Department of Health, we will offer many of our High Holiday services, workshops and other programming both in-person in our 3rd floor sanctuary and via Zoom [by prior registration](#) only for all services. Volunteers will be overseeing the in-person protocols as well as on-line access. **For Members- [please click here for volunteer opportunities to help in needed areas.](#)**

- As part of registration all participants agree to the Mishkan Shalom Covenant for In-Person participation for up to 100 members and guests, (see [covenant on web page](#) and [registration](#)) in addition to our staff and volunteers, which includes:
 - Masks will be required of everyone, except for leaders when actively leading up front.
 - Vaccination for all those members and their families/guests 12 and up
 - **Pre-service registration required for all- no walk-ins, please!**
- All unvaccinated children under the age of 12 (including infants and babies) will not be allowed in the sanctuary to protect the health and safety of all congregants.
- Health concerns have also influenced our decision to not offer child care services.

COVID-19 protocols are constantly evolving so please check your emails, the Mishkan website and for members, your weekly editions of Zoom Links and Ma Hadash (members weekly update) for the most current information.



Mishkan HaBayit - **Your Sacred Space When You are at Home**

For those of us who will be experiencing the High Holidays on-line we encourage you to create a sacred space in or around your home where you can “be” at services.

Here are some suggestions:

1. Choose your prayer space with intention, in advance.

Choose an area that is quiet and free from distractions.

2. Decide what chair you (and other family members) will sit on. You might want to put a cushion or festive pillow on it, or drape it with a special piece of fabric or scarf.

3. Change your computer from a workstation to a medium for prayer and reflection by covering the computer desk or table with a tablecloth, runner, or place-mat and placing a

vase of flowers or greenery nearby. To limit auditory distractions, turn off your email and text message ping sounds.

4. Find meaningful objects to grace your space and set up a small table or "altar" just for the Holy Days if you are able:

- On Rosh Hashanah include candlesticks and a kiddush cup, apples and honey, challah and a shofar if you have one.
- Create a place for meaningful objects: photographs, family heirlooms, rocks, feathers and other gifts from the natural world.
- On Yom Kippur you can add a *yarzheit* candle and photographs of loved ones who have passed.

5. Wear clothing that honors the holy days and helps you feel you are entering sacred space. While white clothing is traditional, wear what is meaningful to you. On Yom Kippur it is traditional to avoid leather and clothes that were made from a living creature. Please note that a *tallit* is traditionally worn at all morning services and throughout Yom Kippur beginning with the Kol Nidre evening service.

6. Last year, some members gathered safely in pods outdoors in each other's backyards, with screens and chairs and enjoyed participating on-line and with the blessing of each other's company. With vaccinations, masks and social distant options available, you may wish to self-organize such options with members and friends. If you wish to do so and need some support, please email our High Holiday Coordinator Holli Goldenberg- holligoldenberg@gmail.com who can put you in touch with others who have done this before.

Bringing the holidays home can be both a challenge and a blessing. May it help us to view our homes and our lives through a lens of holiness and may it help us remember that, in every moment, wherever we find ourselves, we dwell in the sacred presence.

As you read through this booklet, please keep in mind that all our services are available online. Zoom links will be sent out to those who have [registered just before](#) Rosh HaShanah and Yom Kippur.

SELICHOT Preparing the Ground For Renewal And At-One-Ment (On-Line)

Saturday, August 28th – Selichot Service

8:15 p.m.-9:30 p.m. - “Return to the Home of Your Soul” Led by Rabbi Shawn Zevit and Rabbi Yael Levy. Beginning with havdalah, we will prepare the inner ground for the holy days ahead.

Rosh Hashanah Evening Service (On-Line)

Monday September 6th, 7:00 p.m.-8:30 p.m.

Led by Rabbi Shawn Zevit and Rabbinic Student Intern Sarah Brammer-Shlay

We welcome the Jewish New Year, 5782, with song, prayer and spiritual preparation for the Days of Awe. Following the service, the online room will remain open for a while to give us the opportunity to reconnect with old and new friends and welcome new members.

First Day Rosh Hashanah (In-person and on-line)

Tuesday, Sept. 7th, 9:00 am

Join us as we create an experience of celebration and transformation through prayer, music, Torah and the call of the Shofar.

9:00-11:00 a.m. – *Shacharit* (morning)- Welcoming 5782 with prayerful music, chant, movement and shared reflections

11:00 a.m. -1:00 p.m. – Torah service, teaching and community discussion, 1st day Shofar Service, and Musaf

Aliyot – As we read the creation story, as an alternative Rosh Hashanah reading especially for the *Shmita* year, we continue the tradition of celebrating our community, our leaders and our journeys.

Tashlich (In person and on-line)

Tuesday, September 7th - Gathering at 3:30 p.m- Valley Green Inn in the Wissahickon Park.

Join Rabbi Shawn and Rabbi Yael as they lead us in the ritual of Tashlich.

This year, you can join us via Zoom or in person alongside the Valley Green Inn in the Wissahickon Park. Together, we will commit to release the habits, patterns or attitudes that keep us from enjoying the fullness of our lives.

Second Day Rosh Hashanah : Mishkan Shalom/A Way In Mindfulness Service (In person and on-line)

Wednesday, September 8th, 9:00 am – 1:00 pm

Led by Rabbis Yael Levy, Margot Stein and Shawn Zevit

Traditional Prayers surrounded by silence and reflection

Teachings and Meditations

100 blasts of the Shofar

Torah Reading and opportunities to receive blessings

SHABBAT SHUVAH (On-Line)

Saturday, September 11th



9:00 a.m. – *Teshuvah* study with Rabbi Shawn Zevit

10:00 a.m. – Having come through Rosh Hashanah, we will examine where we are with our personal and communal forgiveness and atonement in this Shmita Year. We will also commemorate the 20th anniversary of 9/11.

YOM KIPPUR

SEPTEMBER 15-16th

Yom Kippur, the Day of Atonement, also known as the Sabbath of Sabbaths, is one of the most powerful individual and communal days on the Jewish calendar. We encourage everyone to participate fully in the entire day's offerings of services, workshops and programs, whether in-person or on-line.

Yom Kippur ends with the poignant *Neilah* (closing) service, the final gathering of prayers and affirmations of our whole community. The energy is powerful and profound. **Feel free to have a shofar wherever you are gathering to join in the final shofar blasts which conclude *Neilah* and signal the end of Yom Kippur.**



Many people choose to wear white clothing on Yom Kippur as a sign of their longing for purity of soul and *teshuvah*/return. Some wear a *kittel*, a white robe worn at moments of transition. Along with fasting from food and drink, and refraining from intimate relations and bathing there is also a custom to refrain from wearing leather shoes on Yom Kippur. Leather has historically been considered a luxury which we should refrain from during this day of atonement.

Kol Nidre

Wednesday, September 15 (In person and on-line)

6:00 p.m. Prepare yourself for the evening ahead. Listen to contemplative music and greet one another in the chat or in person.

6:30 p.m. candle lighting and service We open our hearts to forgiveness and compassion as we enter Yom Kippur together. Each of us will have the opportunity to write a *teshuvah* (return and

atonement) card at and in advance of services which will include ways we feel we have missed the mark and erred this past year as well as ways in which we have lived out our values and ideals.

Yom Kippur Day Thursday, September 16

We begin the day with two soulful offerings for *Shacharit* (morning) and for coming together at the Torah service.

9:00 a.m. - 11:15 a.m. – (In-person and On-Line) Chant, liturgical prayer and reflection using *Kol Haneshamah Machzor* with Rabbi Shawn Zevit, *Kohenet* Shoshana Bricklin and other Mishkan leaders.

9:00 a.m. - 11:15 a.m. – (On-Line only) A Way In Mindfulness Service: Meditation, Reflection, Movement and Music with Rabbis Yael Levy and Margot Stein.

11:15 a.m.-1:45 p.m. (In-person and On-Line)– Torah service including sermon, discussion and *haftarah*. Followed by *Musaf*/additional prayers.

2:00 p.m. – 3:00 p.m. – Avodah: Service of Offerings (On-Line only) Wendy Galson & Susan Windle
The Avodah service is traditionally devoted to exploring the offerings of the High Priest who is brought to the Temple to cleanse himself and the community from sins. For our service, we will make personal offerings. You are invited to bring a poem, a story, a song, an experience, thought or work of art you would like to share. We will make these offerings to each other as a way to draw our souls closer to what we love and who we may yet be.

3:15 p.m.-4:15 p.m. – Afternoon sessions (On-Line only- separate Zoom links provided for each option)

Discerning our Spiritual Work this Day of Atonement with Meredith Barber Spiritual Direction is a process for exploring our connection with what we experience as God, Spirit, Truth, however we express and understand the sacred in our lives. Using the structure of our monthly spiritual direction circles, we will allow time for sharing and reflection from participants. Through these explorations we will try to discern where we are being guided or need to put our attention this Yom Kippur Day, and in our lives in the year ahead.

Deepening Forgiveness: A Guided Chant and Meditation with Wendy Galson -- In the mid-afternoon we can feel the end of the day looming near and we may be acutely aware that our personal “repair and return work” is incomplete. The immense brokenness of the world may evoke a sense of despair and personal insufficiency. At this moment of the day when our physical energy is low, we may be most able to let go of what holds us back from a more loving acceptance of ourselves and this beautiful and broken world. Using chant, gentle stretching, and guided meditation, we will move through regret and brokenness, to opening and allowing, toward deepening forgiveness and healing. Please have a mat or blanket to rest on in your sacred home space.

Integration of Body and Spirit with Lisa Zahren

Through gentle movement and guided meditation, you are invited to come, move and rest

with the intention of integrating different parts of yourself into wholeness. This workshop can be done sitting, standing or lying down. No experience necessary. Have a blanket or yoga mat and a small pillow. We will close the "Zoom Room" after the first ten minutes.

Israel-Palestine discussion group- Marcy Boroff and other Members- Please join us in an ongoing dialogue on collective teshuvah, on turning towards forgiveness and justice, on issues related to Israel & Palestine. This conversation will provide time for reflection and sharing for all.

Teen Space - Holli Goldenberg

4:30 p.m. - 5:15 p.m. – Yizkor/Memorial Service (On-Line only)

5:15 p.m. – 6:15 p.m. - Minchah Service and Discussion (On-Line only)

6:45 p.m. – 7:45 p.m. - Neilah (On-Line only)

Yizkor Book

We will be providing Mishkan members who have registered with an updated Yizkor Book prior to Yom Kippur. Please let Sharon Parker (sparky18@me.com) know of any names you wish to add. Contributions of \$18/name are greatly appreciated and follow the *minhag*/tradition of honoring beloved family members with an act of tzedakah. You can [click here](#) and make your contribution to Mishkan's General Fund with a note. **Deadline is 9/10**, just after Rosh Hashana.

SUKKOT TO SHEMINI ATZERET

Erev/Evening of Sukkot– Monday, September 20, 6:00pm: (In-person and On-Line). We will gather in Rabbi Shawn and Rabbi Simcha's Sukkah to welcome in the joyful holiday. The evening begins with lighting candles. If you have a sukkah, you can call in to our Zoom Room from there. Details about food will come later.

Sukkot Day 1-Tuesday, September 21, 10 a.m. - noon (outdoors at Mishkan Shalom)

10:00 a.m. - Sukkot Service including Hallel with Rabbi Yael and Rabbi Shawn.

Sukkot Shabbat- Saturday September 25th (At Mishkan Shalom unless otherwise updated)

9:00-10:00 am- Sukkot Learning Session

10:00-noon- Shabbat Sukkot service (note- this day is also the first day of our Shabbat Hebrew School which we hope to have in person!)

Sukkah Open House for Current and Prospective Members (Outdoors, in-person only)- Saturday September 25th, 4:00pm start- home of Nancy Post and Chris Jacobs- please e-mail maria@mishkan.org for details.

Sunday, 9/26, For families; 1-2pm at Mishkan Shalom: Celebrations! jkidACCESS Sukkot party

Shemini Atzeret/Erev Simchat Torah – Monday, September 27, 7pm. Celebrating the end of the fall holiday cycle and the completion of the year long cycle of reading the Torah (details TBA). Check calendar www.mishkan.org/calendar

Shemini Atzeret/Simchat Torah –Tuesday, September 28, 10:00 a.m. Details to be announced- please check calendar www.mishkan.org/calendar



CHILDREN'S SERVICES

Please join us for special services on the lower floor outdoor patio, designed for children and their families, led by Mishkan educator Gabby Kaplan-Mayer. They will be held over zoom in case of inclement weather.

As in all services, due to Covid protocols, we require pre-registration and agreement to our policies for these outdoor in-person services.

Protocols may change and on-line options may be offered- please check with our High Holy Day

Coordinator Holli for details holligoldenberg@gmail.com

ROSH HASHANAH, DAY 1, 9/7/21

9:30—10:15 a.m.

(Children ages birth-5 years and their grown-ups) Celebrate the Birthday of the World with Mishkan educator Gabby Kaplan-Mayer and her puppet friends! We'll sing, dance, pray, share stories and have lots of fun as we get ready for the New Year together.

10:30—11:30 a.m.—(Children ages 6—12 years, parents and grandparents). Younger siblings are welcome. Join Mishkan educator Gabby Kaplan-Mayer in a joyful service celebrating the New Year with music, stories, theater and time to reflect and pray about our hopes for ourselves, our families and the world as we enter the new year.

Yom Kippur 9/16/21

9:30-10:15 am- Young Children's Service (birth-age 5 and their grownups)

Join Mishkan educator Gabby Kaplan-Mayer and her puppet friends in a special service for Yom Kippur. We'll sing, dance, pray and share stories as we think about ways that we can be helpful and kind in the new year.

10:30-11:30am- Family service (age 6-12, parents and grandparents, younger siblings welcome)

Join Mishkan educator Gabby Kaplan-Mayer in a special service for Yom Kippur full of music, stories and theater, focusing on ways that we can be our most helpful and kind selves as we begin the new year.

Sunday, 9/26, For families; 1-2pm at Mishkan Shalom
Celebrations! jkidACCESS Sukkot party

Join Holli and Gabby for an inclusive Sukkot party featuring music, crafts, stories and more.



COMMUNAL MEALS: For safety and well-being we will not be organizing communal meal gatherings this year, although group pods may safely include this as part of their self-organized gathering or people may choose to gather in private zoom rooms to celebrate and eat together.

FOOD DONATIONS: During these High Holy Days we have had the challenge and the opportunity to find new ways to observe our traditions and practices. Mishkan has had a tradition of donating non-perishable foods to those in need.

We are asking that you contribute to a special Mishkan Shalom initiative, partnering with the Jewish Relief Agency. [To learn more about JRA and donate, please click here.](#)

Welcome Guests! We encourage guests to come to any and all of our Zoom High Holiday offerings and will keep our Zoom rooms after the completion of Rosh Hashanah services so that guests can learn more about Mishkan Shalom.

Due to COVID 19 restrictions, attendance at in-person services will be limited and will require pre-registration.

REGISTRATION IS REQUIRED IN ORDER TO GET THE LINKS FOR OUR SERVICES ON ZOOM.

While there is no fee for High Holiday services, we are grateful for voluntary [contributions](#), which can be made [here](#). These contributions can be [applied toward membership](#) through December 2021.

For Members- [please click here for volunteer opportunities to help in needed areas.](#)