

SAFESITTER

Safe Sitter® Essentials with CPR is a 1-day class designed to prepare students in grades 6-8 to be safe when they're home alone, watching younger siblings, or babysitting.

The Instructor-led class is filled with fun games and role-playing exercises. Students even get to use manikins to practice rescue skills like choking rescue and CPR!



CLASS CONTENT

SAFETY SKILLS

Indoor Safety • Outdoor Safety • Online Safety • Personal Safety • Handling Emergencies

CHILD CARE SKILLS

Child Development • Child Care Duties • Behavior Management

FIRST AID & RESCUE SKILLS

Injury Prevention • First Aid and Injury Management • Choking Rescue • CPR

LIFE & BUSINESS SKILLS

Job Screening • Setting a Wage • Canceling Jobs • Meeting Employers

CLASS INFORMATION

Indianapolis Healthplex
3660 Guion Rd, Indianapolis, IN 46222

For more information or class dates,
call Jennifer at 317-920-7400,
email jlarge@indianapolishealthplex.com,
or stop in and ask for Jennifer Large!

