



Neuropsychanalytic Reading Group Schedule 2021

Ann Rose Simon, Coordinator
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March 5, 2021

- **The Neuropsychanalytic Clinical Study Center's Reading Group**

Facilitators: Ann Rose Simon, LCSW; Mary Edlow, PhD
Contributor: Walter Nieves, MD, Consulting Neurologist
Live In-person: Discussion, lecture
Location: NPAP, 40 West 13 Street, New York, NY 10011
Date/Time: Friday, March 5, 2021, 2:30PM – 4:00 PM
Total = 1.5 CE Contact hours

The group will read, study, and discuss books and papers by distinguished authors and researchers that explore some of the seminal concepts and clinical issues in neuropsychanalytically informed psychotherapy. We will read and discuss: Jeremy Holmes (2020) **The Brain has a Mind of its Own: Attachment, Neurobiology, and the New Science of Psychotherapy**, Confer Books, London

Introduction: pp. 1-11

Chapter 1: The Free Energy Principle, pp. 12-45

Chapter 2: Psychoanalytic Resonances, pp. 46-55

Glossary of Terms: pp. 169-179

After attending the presentation, participants will be able to

- Describe how neuropsychanalysis has relevance for psychodynamic psychotherapy in terms of the brain affecting the mind.
- Describe how primitive reflexes and biochemical systems jump-start the attachment process.
- Describe how early relationships shape the building of neural circuitry.

April 2, 2021

• The Neuropsychanalytic Clinical Study Center's Reading Group

Facilitators: Ann Rose Simon, LCSW; Mary Edlow, PhD

Contributor: Walter Nieves, MD, Consulting Neurologist

Live In-person: Discussion, lecture

Location: NPAP, 40 West 13 Street, New York, NY 10011

Date/Time: Friday, April 2, 2021, 2:30PM – 4:00 PM

Total = 1.5 CE Contact hours

The group will read, study, and discuss books and papers by distinguished authors and researchers that explore some of the seminal concepts and clinical issues in neuropsychanalytically informed psychotherapy. We will read and discuss: Jeremy Holmes (2020) **The Brain has a Mind of its Own: Attachment, Neurobiology, and the New Science of Psychotherapy**, Confer Books, London

Chapter 3: Relational Neuroscience, pp. 56-70

Chapter 4: Free Energy and Psychopathology, pp. 71-84

Chapter 5: Uncoupling Top-down/Bottom-up Automaticity, pp. 85-112

After attending the presentation, participants will be able to

- Describe how neuropsychanalysis has relevance for psychodynamic psychotherapy in terms of the brain affecting the mind.
- Describe how primitive reflexes and biochemical systems jump-start the attachment process.
- Describe how early relationships shape the building of neural circuitry.

May 7, 2021

• The Neuropsychanalytic Clinical Study Center's Reading Group

Facilitators: Ann Rose Simon, LCSW; Mary Edlow, PhD

Contributor: Walter Nieves, MD, Consulting Neurologist

Live In-person: Discussion, lecture

Location: NPAP, 40 West 13 Street, New York, NY 10011

Date/Time: Friday, May 7, 2021, 2:30PM – 4:00 PM

Total = 1.5 CE Contact hours

The group will read, study, and discuss books and papers by distinguished authors and researchers that explore some of the seminal concepts and clinical issues in neuropsychanalytically informed psychotherapy. We will read and discuss: Jeremy Holmes (2020) **The Brain has a Mind of its Own: Attachment, Neurobiology, and the New Science of Psychotherapy**, Confer Books, London

Chapter 6: Free Energy Principle (FEP) and Attachment, pp. 113-122

Chapter 7: Therapeutic Conversations, pp. 123-144

Chapter 8: Practical Implications for Psychotherapists, pp. 145-162

Epilogue: pp 163-168

After attending the presentation, participants will be able to

- Describe how neuropsychanalysis has relevance for psychodynamic psychotherapy in terms of the brain affecting the mind.
- Describe how primitive reflexes and biochemical systems jump-start the attachment process.
- Describe how early relationships shape the building of neural circuitry.

June 4, 2021

TBD