

# Proviso West High School

4701 Harrison St, Hillside, IL

## Community Schools Program PARENT POWER WORKSHOP

### PARENT & FAMILY ENGAGEMENT

YOUTH GUIDANCE

### Balancing Work and Family Life

Thursday, February 6, 2020.

6:00-7:30pm

Parent Center



## BALANCING WORK AND FAMILY LIFE

Discusses the challenges that working parents may have in “doing it all.”

Parents develop strategies for managing their work and home life and the stress that accompanies this balancing act..

The Community Schools Program and our Parent Centers are important components of our efforts to empower students, families and the community.

Light Refreshments Provided



Sessions conducted in both  
English and Spanish



For More Information, contact:  
Delinda Hyde, Parent Coordinator  
708-202-6240, [dhyde@pths209.org](mailto:dhyde@pths209.org)

