Lifetime Secure
Personal Assistance Network
c/o The Arc of King County
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Seattle, WA 98109

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Board of Directors

President
Michele Anciaux Aoki, Ph.D., P.M.P.

Secretary/Treasurer
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At large
Linda Gil
Eric Matthes
Kathy Sellars

Operations Manager & Network Coordinator
Aysha Haq

December 7, 2019

Re: Joining the LifeSPAN Board

Dear Prospective Board Member,

Thank you so much for your interest in learning more about LifeSPAN – Lifetime Secure Personal Assistance Network. We are a small, but effective non-profit organization focused on the social justice mission of supporting families in developing a safe, secure and quality future for their relatives with disabilities. Our signature program is establishing and sustaining personal networks of support around the focus person with a disability throughout their lifetime, even after their parents are no longer available to provide the personal attention and support they need.

Since its establishment in 2001, LifeSPAN has learned a great deal about the challenges families with loved ones with a disability face as parents (and children) grow older. We've developed the skills and capacity to make a difference in people's lives. We have also carefully evaluated our organization and streamlined our operations to put our resources into the families themselves. This has involved taking the time to learn how to be a responsible and capable non-profit.

As an organization, LifeSPAN has also recognized the importance of having an effective and collaborative Board of Directors. We have made a shift in recent years to have our Board focus on operations and financial status of the organization, rather than on planning programs or recruiting members. (We've established committees to carry out that important work.) We can say honestly that if you join our Board now, we are confident that you will find it an enjoyable and impactful experience.

Our Executive Team (President, Treasurer/Secretary and Operations Manager) meets in person or online via Zoom about 10 months of the year. Our full Board meets quarterly, including the LifeSPAN Annual Meeting in April. In addition, we expect Board members to participate in one strategic planning day each year. Board materials are provided to members electronically several days before each Board meeting. (Printed copies can also be requested for the meetings.)

Key Strategic Priorities for 2019 were:

- Establish a strong and available community presence for LifeSPAN
- Build capacity to be self-sustaining
- Strengthen LifeSPAN Networks through Future Planning and Goal Setting
- Launch Personal Safety Nets support for focus people and families

In 2020, we are launching a strategic planning process to look ahead to the next five years and beyond. We would love to speak with you about our unique organization and the value you could bring to our current and future families and the broader community that we work with. Please contact us at your earliest convenience.

Warm regards,

Michele Anciaux Aoki, Board President 206 234-4029 or email michele@lifespan-wa.org

LifeSPAN at a Glance

Mission Statement
To support families in developing a safe, secure and quality future for their relatives with disabilities. Through planning, families envision futures where people with disabilities:

- Share their vision for the future (Dreams)
- Have financial security through will & estate plan (Wealth)
- Live in a place of their own choice (Home)
- Participate in a caring and hospitable community (Fellowship)
- Have their wishes supported by family and friends (Choice)
- Are protected from abuse and exploitation (Security)
- Are encouraged to participate (Contribution)

Values Guiding LifeSPAN's Work

Family leadership
Safety through relationships
Contribution equals citizenship
Self-sufficiency

Guiding Principles for the Board

- Honor the people we work with and for, recognizing that the wellbeing of the members of our community and stakeholders are our top priority.
- Engage in strategic thinking about our mission, values and vision, and consider how to operate effectively, ensure accountability, stay relevant and achieve sustainability.
- Exercise high levels of ethical behavior, accountability, transparency and compliance with the law, and stewarding of our resources.
- Engage in appropriate, collaborative, compassionate conversations and sound decision making.

Members:

- 11 Member Families, representing more than 30 individual Family members

Networks:

- 12 LifeSPAN Personal Support Networks with over 120 Network members including 1 community-supported network for an individual raised in foster care

Employees:

- 1 part-time Operations Manager/Network Coordinator
- 5 part-time Network Facilitators

Key Partnerships:

- The Arc of King County (provides mailing address to LifeSPAN and sponsors workshops)
- Personal Safety Nets (provides materials for trainings on Personal Safety Nets)
- PLAN® located in Vancouver, Canada (provides trainings and guidance)

Annual Events:

- April: Annual Meeting
- July: LifeSPAN Summer BBQ and Picnic for LifeSPAN families, networks, and friends
- September: LifeSPAN's "Good Life" Brunch and Fundraiser
- December: LifeSPAN Holiday Party

History of LifeSPAN

LifeSPAN (Lifetime Secure Personal Assistance Network) was established in fall 2000 after a PLAN® (Planned Lifetime Assistance Network) "Good Life Workshop" for families sponsored in Seattle by Parkview Services, a non-profit dedicated to supporting individuals and families with developmental disabilities. From the 80 people attending the workshop, 20 stepped forward in an advisory role to bring the PLAN® model to Washington. Eight individuals became founding members of LifeSPAN in winter 2001. Early development of the PLAN® concept in Washington was funded by Parkview Services, a non-profit that provides housing solutions for individuals with disabilities.

LifeSPAN was incorporated in June 2001 and became an independent 501(c)3 organization in spring 2002. In 2002, LifeSPAN also became the first U.S. and international Affiliate of PLAN® (www.plan.ca), located in British Columbia, Canada. As an affiliate, LifeSPAN was able to share many resources developed by PLAN®, including workshops, such as "A Good Life," "7 Steps," "Wills & Estates," and "Facing the Future Together," which have been offered now to hundreds of people in the Puget Sound area.

As part of the social justice movement, LifeSPAN is committed to creating *good lives* for individuals with disabilities and their families, now and in the future. We are a member-led organization, and we do not seek government funding for our core operations. We support families who are interested in preparing for the future by offering future planning consultations and workshops, and by helping families build personal networks of support around their loved one with a disability.

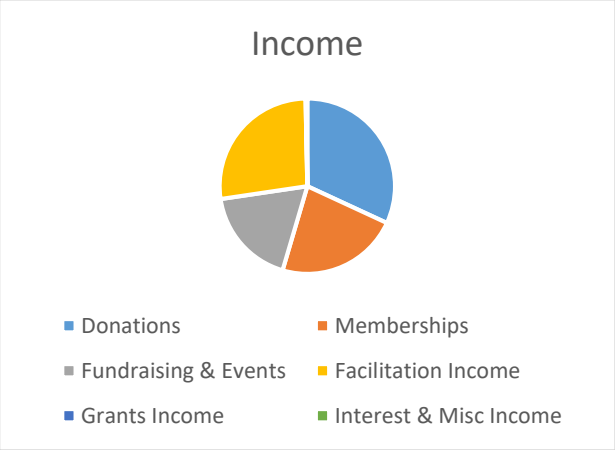
The first LifeSPAN network was established in 2001. Since that time, LifeSPAN has established more than 20 networks, including one LifeSPAN community-supported network for an individual from the foster care system who did not have family members able to join LifeSPAN on his behalf.

Financial Snapshot:

2018 Profit & Loss:

Total Income (2018): $67,948.89
Total Expenses (2018): $64,237.77
Net Operating Income: $3,711.12

Reserves: $43,000



For more information:

- Our Website: http://www.lifespan-wa.org/
- Our Team: http://www.lifespan-wa.org/about/lifespans-team/
- Workshops: http://www.lifespan-wa.org/workshops/
- President's Blog: http://www.lifespan-wa.org/topics/president/
- Our Stories: http://www.lifespan-wa.org/topics/stories/
- Good Life Award Recipients: http://www.lifespan-wa.org/get-involved/the-good-life-award/