PLYMOUTH HEALING COMMUNITIES
REBUILDING LIVES. REKINDLING HOPE.
1217 6TH AVENUE, SEATTLE, WA 98101

BOARD OF DIRECTORS RECRUITMENT

HISTORY

Plymouth Healing Communities (PHC) provides housing and companionship for adults living with chronic mental health issues and housing instability. In recognition of the care, love, and respect all people deserve, we are committed to fostering a community of healing with residents. Our goal is to cultivate supportive relationships that promote well-being, self-determination, and dignity. Through PHC's tenant-centered property management, residential services, social gatherings, and other opportunities for community, residents regain a sense of connection and purpose that contributes to their overall well-being and their housing stability.

PHC was founded in 2000 by a group of Plymouth Church members who wanted to address the chronic and devastating problem of people exiting psychiatric hospitalization into homelessness. Their dream was to create a home where people with mental illness could live alongside community volunteers (companions) who would share in their journey towards healing, hope and stability. From this vision, PHC opened the House of Healing in 2001 – a transitional home where companions live with persons who need time and support to stabilize and heal before they move to permanent housing. Since 2001, PHC has added five properties that provide permanent supportive housing to 43 persons. Our seventh property opened in June 2020 and is home to seven residents and one companion. (You can find more information about our programming on our website: www.plyhc.org.)

THE BOARD

PHC is governed by a Board of Directors of 13 persons, 51% of whom are members of Plymouth Congregational Church. We ask our board members to commit to a term of three years, though we realize that work and personal commitments may cause an early departure. We have term limits of 12 years and directors, on average, serve nine years. We have one board member terming off the board in April 2021, and one vacancy, so we are currently recruiting for two new members to join the board in 2021. Specifically, we are looking for individuals passionate about our mission who have one or more of the following areas of experience or expertise:

- Finance and Accounting
- Fundraising
- Marketing/Communications
- Public Policy
- Lived Experience

We are recruiting for age, ability and ethnic diversity because we desire to have our organizational leadership reflect the community we serve. Our board typically meets once a month (except July and December) on the third Thursday from 5:30 pm until 7:30 pm, currently on Zoom. In the future we hope to be able to meet in person as we typically do at Plymouth Church in downtown Seattle. The board has six standing committees, and each director is expected to serve on at least one committee. Serving on the board of directors of Plymouth Healing Communities is inspiring, rewarding and educational.

STAFF AND VOLUNTEERS

PHC has an experienced and dedicated staff of nine permanent employees, led by Stephanie Monroney, Executive Director. In addition, we have residential companions who live alongside residents in PHC's houses. Rounding out the group are amazing volunteers who help create community at each of the houses and apartments and offer individual companionship to our residents.

Interested? Please contact Lee Murray, Chair of the PHC Board Governance Committee, at leemurray0511@gmail.com

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PHC THEORY OF CHANGE

TARGET POPULATION: Adults living with mental illness and co-occurring conditions who have experienced housing instability and homelessness in Seattle/King County and are referred by our community mental health partners.

OVERARCHING VALUES/APPROACHES: ***RACIAL EQUITY AND INCLUSION & TRAUMA INFORMED CARE***

TECHNIQUES & VALUES	APPROACHES	ACTIVITIES	OUTCOMES
Listen reflectively **Directly address conflict when it arises** **Honor grief & loss** **Celebrate milestones & relationships** **Maintain personal boundaries** **Share decision-making** **Admit mistakes & change direction when appropriate** **Resist stigmatizing language & narratives** **Acknowledge differences & similarities** **Understand & work with population's triggers** **Affirm self-determination**	**ROBUST PARTNERSHIPS**	Mental Health Services Social & Health Services Aging & End of Life Services Chaplaincy/Spiritual Services Housing Services Employment Services Legal Services	**Residents strengthen their mental, emotional, physical, social, and spiritual resilience and maintain financial and housing stability.**
	SUPPORTIVE RESIDENTIAL SERVICES	Service navigation Needs assessment Tenant councils Housing stability & tenant rights education Advocacy in systems	
	COMPANIONSHIP & COMMUNITY	Cultivate & facilitate a healing community Provide a hospitable living environment Organize social gatherings & outings One-on-One engagement/accompaniment Share food Promote supportive relationships Foster interconnectivity & neighborliness among residents Address isolation	
	MISSION DRIVEN PROPERTY MANAGEMENT	Create & maintain quality housing through property services & amenities Respond to tenant and community issues Maintain subsidies through compliance Focus on housing retention whenever possible	

MISSION STATEMENT: Healing takes place when people are shown the care, love, and respect they deserve. PHC provides companionship, housing, and circles of support for people who live with mental illness and housing instability.

VISION STATEMENT: A home and healing community for every person.