

## Safety Protocols for Attending Mass at Blessed Sacrament

### **Church to 50% capacity with Communion and Social Distancing Protocols in Place**

- Only every third pew is able to be used and there must be 6 ft of distance within a same pew between households. Members of the same household may sit together, but must be distanced from other households.
- Anyone more than two years of age are required to wear mask in the Church to protect themselves and others. *Masks must be worn properly, covering both nose and mouth.* Anyone with serious health conditions that prevent them from wearing mask are not required to do so and are advised to remain home in any case.
- Wash or sanitize your hands before coming to Church and sanitize as soon as you leave the church or get home. We have dispensers at the entrances of the church. It is advisable to have your own personal sanitizer with you as well.
- All the doors in the church will be kept open 20 minutes before any mass on Sundays; please refrain from touching the doors.
- Collection baskets will be placed at the doors of the church and can be dropped off as you leave mass.
- Do not use the bathroom unless you really must do so. Please plan accordingly, and, if you must use the bathroom, please make sure it is empty, even if there are several stalls. One in, one out.
- No books or hymnals will be in the pews. And no one will be giving out bulletins or handing out anything to people. A digital worship aide will be made available (*the link to download will be emailed on Saturday and likewise posted to Facebook and the parish webpage*). If you choose to print this aide, please discard it after mass and do not leave it in the church.
- Avoid touching any statues, images, the big cross by the Tabernacle, and other devotional objects.
- All Holy Water fonts at the entrances of the Church and baptismal font will remain empty.
- Upon arrival, please see a designated usher for further instructions. The usher will instruct you where to sit. Do not enter the church without instructions from the usher. Once mass is over, attendees should leave, but please wait for direction from the usher to direct the flow of foot traffic.
- Communion will be distributed, but only by priests and at the **end of mass**. Those wishing to receive should remain and await the invitation from the priest. Those still not able or comfortable enough to receive are encouraged to make an Act of Spiritual Communion. Other guidelines for receiving Communion are on the following page.
- Livestream will still be available of our 11am masses for those who are ill or prefer to stay at home. *Please know that the dispensation from the obligation to attend Sunday mass remains in effect.* If you are sick or have fever, etc, please stay home and get connected to us through our [Facebook page](#), our [web page](#), and [YouTube](#).

## Guidelines for Receiving Communion

1. For now, ***only the priests will distribute Communion.***
2. **Communion will be distributed *at the end of mass.*** Those who wish to receive should remain in their pews when mass has ended and await the priest's invitation.
3. As you exit your pew to receive Communion, please be mindful of social distancing guidelines and leave at least 6 feet of space between you and the person in front of you. **The floor will be marked with tape indicating the 6 feet of separation.** Please also look to our ushers for further guidance.
4. It is highly recommended for the safety of all that **Communion be *received in the hand,*** *but, if you would like to receive on the tongue, please go to the end of the Communion line.*
5. **Your face mask must remain with you,** but should be removed once you get to the priest for you to consume the host. As soon as you have consumed the host, please re-don your mask.
6. Communicants planning to receive in the hand **may not wear gloves** when approaching Communion.
7. **We have Confessions on Saturday from 12-1pm** for anyone who needs to approach that sacrament in anticipation of receiving Eucharist.

## An Act of Spiritual Communion

My Jesus,  
I believe that You are present in the Most Holy Sacrament.  
I love You above all things,  
and I desire to receive You into my soul.  
Since I cannot at this moment receive You sacramentally,  
come at least spiritually into my heart.  
I embrace You as if You were already there  
and unite myself wholly to You.  
Never permit me to be separated from You.  
Amen.