

# SUICIDE PREVENTION: IMPLEMENTATION PLANNING

## Wisconsin Suicide Prevention Plan:

PDF version: <https://www.dhs.wisconsin.gov/publications/p02657.pdf>

Web-based version: <https://www.preventsuicidewi.org/wisconsin-suicide-prevention-plan-2020>

### On this worksheet:

- Part I: Wisconsin Data
- Part II: Risk Factors
- Part III: Wisconsin Suicide Prevention

### Part I:

- Review what the report says about your local geographic area.
- Link with, to get (as close to) real time data, (ME, EMS, etc.) for your local area.
- Identify current resources and identify gaps (focus on veteran, LGBTQ+, youth, older adults, and other at risk groups).

### Part II:

- Create and implement a plan to increase safety with lethal means (see Suicide Method).
- Per the data, review and understand the risk substances have in suicide deaths. (see Toxicology of Suicide Deaths).
- Increase education on individual and group risk factors (see Individual and Relationship Factors).

### Part III:

- Review Strategy 1: Increase and Enhance Protective Factors.
  - Select and implement one to two opportunities for action. (Consider those that seem most achievable based upon current capacity/ability to implement.)  
1. \_\_\_\_\_ 2. \_\_\_\_\_
- Review Strategy 2: Increase Access to Care for At Risk Populations.
  - Select and implement one to two opportunities for action. (Consider those that seem most achievable based upon current capacity/ability to implement.)  
1. \_\_\_\_\_ 2. \_\_\_\_\_
- Review Strategy 3: Implement Best Care Practices for Prevention in Healthcare Settings.
  - Select and implement one to two opportunities for action. (Consider those that seem most achievable based upon current capacity/ability to implement.)  
1. \_\_\_\_\_ 2. \_\_\_\_\_
- Review Strategy 4: Improve Surveillance of Suicide and Evaluation of Prevention Programs.
  - Select and implement one to two opportunities for action. (Consider those that seem most achievable based upon current capacity/ability to implement.)  
1. \_\_\_\_\_ 2. \_\_\_\_\_
- Review the *four* strategies listed, prioritize based upon local needs.  
(Refer to: <https://theactionalliance.org/our-strategy>)

Priority 1: # \_\_\_\_\_

Priority 2: # \_\_\_\_\_

Priority 3: # \_\_\_\_\_

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