

Holiday Food Traditions

Sunday, November 10 at 9:00 am in the Bloom Room

You are what you eat, so what **do** you eat, especially on holidays? Once again, we'll gather to share and discuss various important questions relating to food and ritual. Do you honor your New England roots with Indian pudding or celebrate the Southwest with turkey molé? Do you put marshmallows on your sweet potatoes or make green bean casserole? How about Susan Stamberg's mother-in-law's cranberry relish? Does baked mac-and-cheese have a place on your holiday table? And **why** do we serve the foods we do? If it's a family or ethnic tradition, do you know the origins of that tradition? There's a whole lot to talk about!

***Joe and Victoria Stefani** have attended Grace St. Paul's since 2013; they are currently members of the Adult Spiritual Formation team. Before retiring, both taught writing and literature at the University of Arizona.*