

## **Explore Today's Lectionary: A Light That Shines Insight Into Our Own Spiritual Journey**

**Sunday, August 5 at 9:00 am in the Bloom Room**

How can a relationship with scripture be a light, a window into a deeper understanding of our own spiritual journey? When you read scripture, what pops, what causes reflection, and why? Be curious, and self-compassionate as we react in various ways to the scripture readings for this day. Join us as we look for wisdom instead of quick answers, and ask ourselves, “What does this text ask of *me*? *How can I* change because of this story?” What do you need to bring to our discussion? Very simply, your life, and an open-hearted curiosity!

***Cheryl Austin***, our facilitator, comes from two perspectives: faith and leadership development. She holds a Masters of Arts in Theology from Fuller Theological Seminary, and has spent her career serving leaders from many cultures as they grow into their changing circumstances. Cheryl is a member of the GSP Adult Spiritual Formation team.