

## **Spiritual Practices (Part 5): Service**

**Sunday, September 16 at 9:00 am in the Bloom Room**

Consider the possibility that service isn't just something we do for other people. Service changes *us* by shifting our time, attention and resources to something other than ourselves. How might practicing intentional acts of service change your perspective? Your neighborhood? Your work place? Your community? Join us for a discussion of these and other questions as we explore service as a spiritual practice.

***Victoria Stefani*** is a writer, artist, and scholar of literature, folklore, and mythology. She has taught literature, cultural studies, and writing at the University of Arizona and Humboldt State University. With her husband Joe she moved to Tucson in 1992; they have been part of the Grace St Paul's community since 2013.