

BRIGHT WHITE DOUGH



Recipe:

1 cup cornstarch
1/2 cup salt
1 tbsp. oil
1 tbsp. cream of tartar
1 cup boiling (or nearly boiling) water
Few drops liquid glycerin (not essential, but makes it even smoother!)

Directions:

Mix all of the dry ingredients in a bowl and add the oil
Next, pour in the water (adult only if using boiling) and mix it up
Leave it for a little while to cool down, in which time it will come together more
Knead it until smooth and soft

IDEAS:

Roll the white dough into balls to make snow balls!
Build snow people and snow castles and decorate them with buttons, twigs and other found objects.

This activity is good for:

Sensory: exploring materials using the senses
Motor Skills: rolling, pinching, flattening, squeezing to develop and strengthen hand muscles
Creativity: using materials to represent other things during play, imaginary play
Literacy: storytelling and taking on roles and characters through imaginary play
Math: counting out cups and spoons, measuring and quantities, full and empty