

BRIGHT WHITE DOUGH



Recipe:

1 cup cornstarch

1/2 cup salt

1 tbsp. oil

1 tbsp. cream of tartar

1 cup boiling (or nearly boiling) water

Few drops liquid glycerin (not essential, but makes it even smoother!)

Directions:

Mix all of the dry ingredients in a bowl and add the oil

Next, pour in the water (adult only if using boiling) and mix it up

Leave it for a little while to cool down, in which time it will come together more

Knead it until smooth and soft

IDEAS:

Roll the white dough into balls to make snow balls!

Build snow people and snow castles and decorate them with buttons, twigs and other found objects.

This activity is good for:

Sensory: exploring materials using the senses

Motor Skills: rolling, pinching, flattening, squeezing to develop and strengthen hand muscles

Creativity: using materials to represent other things during play, imaginary play

Literacy: storytelling and taking on roles and characters through imaginary play

Math: counting out cups and spoons, measuring and quantities, full and empty