

Children's Corner

What To Do on a Rainy Day



We are happy to share this wonderful information from our friends at Community Playthings

In our area, gentle spring showers or after a storm are not an excuse to stay inside. *"Rainy weather offers a deluge of new experiences that are not to be missed."*

"Children should be dressed appropriately in rain gear and boots. Of course, use common sense, and don't go out if there's chance of lightning or severe weather."

Here are 10 ideas to get you started. "There's no end to the possibilities—it just depends on how wet you're willing to get!"

1. Jump in Puddles

2. Become meteorologists - Measure and chart the amount of rainfall throughout the day.

3. Experiment with Rain Art:

Sprinkle a heavy piece of paper with food color or powdered tempera paint, set it out in a light rain and watch the colors blend and run. This is real "water color" art! Try drawing on wet cement with sidewalk chalk for an effect that's very different from dry chalk.

4. Make Rain Music:

Spend a few minutes just listening to the sounds of the rain. Then set out various objects and containers to see how water droplets sound when they hit different surfaces.

5. Float boats:

Sticks, bark, and leaves all make great boats. Try floating them in a puddle or a fast flowing gutter.

6. Feel the rain:

Try catching the rain in your hands.

7. Smell the rain:

Enjoy the refreshing aroma of fresh spring rain hitting dry earth.

8. Play in the mud:

Rain plus dirt makes the world "mud-luscious" and quite irresistible if you are anywhere near four years old. Provide a few containers and you'll be surprised what all gets cooked up in the mud kitchen.

9. Go on a worm hunt:

As the soil gets too saturated, worms head to the surface. Kids love to "rescue" stranded worms by moving them off the sidewalk.

10. Look for the rainbow:

If the sun comes out as the rain subsides, make sure you don't miss the rainbow!