

# **Professional Development Trainings**

## **January - May 2017**

**Explore and discover at the  
Child Care Council of Westchester!**



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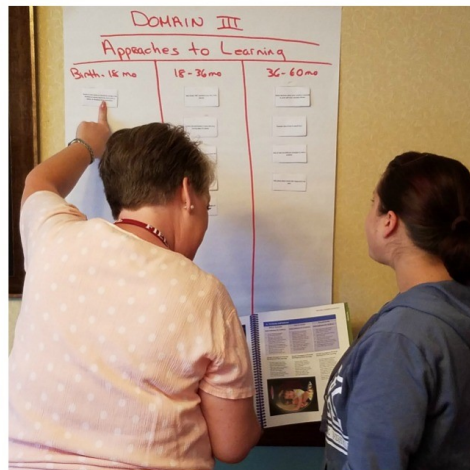
**New Trainings!**  
**Entrenamientos en español**

# Why Train at the Council?

**"I loved this training!      "Cannot wait to bring back these ideas to my class"**

**"Think outside of the box! Exciting! Creative!"      "Wonderful!"**

**"Fun, exciting, hands-on!      "An overall positive experience."**







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# Training at the Child Care Council

## NYS Office of Children & Family Services (OCFS) Training Requirements

Each director, operator, and staff person must complete a minimum of thirty (30) hours of training every two years. For new programs or newly hired staff, fifteen (15) of the required thirty (30) hours of training must be obtained during the person's first six months of employment by the program.

The 30 hours of training must address all 9 OCFS training topics -

1. Child Development
2. Nutrition & Health
3. Program Development
4. Safety & Security
5. Business
6. Child Abuse and Maltreatment Identification & Prevention
7. Statutes and Regulations Pertaining to Child Care
8. Statutes and Regulations Pertaining to Child Abuse
9. Shaken Baby Syndrome (not required for school age programs)

## Core Body of Knowledge Core Competency Areas

1. Child & Growth Development
1. Family & Community Relationships
2. Observation & Assessment
3. Environment & Curriculum
4. Health, Safety, & Nutrition
5. Professionalism & Leadership
7. Administration & Management



**For  
Registration  
&  
Payment Policies,  
please go to  
pages 20 & 21.**

## Finding Trainings That Meet Your Needs

Some trainings are for everyone. Some are for a specific age group or type of program. The description for each training has a letter from this key. Use this key to decide if a training is for you.

Type of program -

- C - Child Care Centers
- FG - Family & Group Family
- SA - School Age
- P - Parents
- All - All programs

Age of children -

- IT - Infant-Toddler
- PS - Preschool
- SA - School Age
- ALL - All Ages

## Training Certificates

Training certificates document that you attended a training. Training certificates are given only if you arrive on time and stay for the entire training. They are given at the end of the training if the Council has received and processed the registration and payment prior to the training. Walk-ins will receive certificates after the payment has been processed.

**Replacement certificates are available for \$5.00.**

**Continuing Education Credits (CEUs)** are awarded for trainings that are part of a track and for our online trainings.

## Paying for Training - Tuition Support from the EIP (Education Incentive Program)

The New York State Educational Incentive Program (EIP) supports the professional development of those working in the field of child care. Scholarships are awarded based on financial need. They can be used to pay for Council trainings, conferences, and the online eCDA course.

For an application and further information, call (518) 443-5940 or go to <http://ecetp.pdp.albany.edu>.

# Now at the Child Care Council

## The Pyramid Model for Supporting Social Emotional Competence in Infants, Toddlers & Preschoolers



TACSEI & CSEFEL  
Pyramid Model Partnership  
Promoting Social Emotional  
Competence in All Young Children



The Pyramid Model is a comprehensive framework designed to support the social and emotional development of children birth through five. The Child Care Council will be offering the “The Pyramid Model” in multiple sessions throughout 2017. There are four Infant & Toddler Modules and three Preschool Modules. In each training calendar, we offer a module so that you will be able to complete the entire program. This will earn you a certificate offered by Aspire. See page 10 & 11 for upcoming trainings. The Pyramid Model is a program of CSEFEL, the Center on the Social Emotional Foundations of Early Learning. More information can be found at <http://csefel.vanderbilt.edu/resources/states.html>.

## NYS Core Body of Knowledge

The CBK is New York State’s Core Competencies for Early Childhood Educators. It is a tool to guide the practice and professional development of directors and teachers. The CBK gives a road map of recommended practices for building meaningful relationships with children, families and colleagues, for creating nurturing, stimulating environments, and for developing oneself as an early care and education professional. Our trainings focus on one or more of the CBK’s seven competency areas: 1) Child Growth and Development, 2) Family and Community Relationships, 3) Observation and Assessment, 4) Environment and Curriculum, 5) Health, Safety and Nutrition, 6) Professionalism and Leadership, 7) Administration and Management.

**\*For a copy of the Core Body of Knowledge, go to <http://bit.ly/1lgCO7C>\***

## On-site Training Child Care Centers & School Age Programs

CONVENIENT & AFFORDABLE  
TRAINING OPPORTUNITIES AT  
YOUR PROGRAM SITE!

### Choose any training topic

Curriculum Development  
Art/Science/Literacy/Mathematics  
Early Learning Standards/Assessments  
Behavior Management/Child Development  
Pre-k Common Core Standards  
Working with Children with Special Needs  
Child Abuse Identification & Prevention  
OCFS Regulations  
Team Building/Professionalism  
Sheltering in Place

OR

**Choose your own topic! It’s that easy!**

**For more information, contact Dana Doyle  
at (914) 761-3456, ext. 113 or [danad@cccwny.org](mailto:danad@cccwny.org)**

## CDA Courses

### Become a CDA (Child Development Associate)

**Increase your skills & knowledge!  
Advance your career!!**

**The Child Care Council offers  
in-person & online CDA courses  
for all modalities.**

**Financial assistance is available!**

For information, contact Idie Benjamin,  
Director of Professional Development at  
(914) 761-3456, ext. 108 or [idieb@cccwny.org](mailto:idieb@cccwny.org).



# Directors, Administrators & Owners

New

## LEGAL ISSUES

**Tuesday, January 17, 11:00am - 1:00pm**

### **Employee Classification and Compensable Time: What You Don't Know Can Hurt You**

What are the legal definitions of nonexempt and exempt employees? When are employees paid overtime? Do you have to pay employees to attend a training or a conference? Do employees get paid for travel time? Learn the answers to these questions and more as we discuss employee classifications, including recent changes to the FLSA, as well as what is and what is not compensable time.

**Code: 70117**

**Tuesday, February 28, 11:00am - 1:00pm**

### **Performance Issues: Effectively Communicating With Your Workforce**

The workplace can be a minefield of legal risk. How you communicate with your employees on performance and discipline issues can reduce your risk. It can also engage your work force and retain talent. In this training, you will learn how to effectively discuss performance and discipline issues. We will also examine the legal aspects of managing staff communication on social media platforms.

**Modality - Age: ALL**

**Training Categories: (OCFS 5) (CBK 6, 7)**

**Trainer: Jennifer Grudnowski, Senior Staff Attorney,  
Pro-Bono Partnership**

**Code: 70228**

#### **Register for one or both trainings**

**Cost: \$15 CCCW members/ \$25 non members for ONE  
OR**

**Register for both for  
\$25 CCCW members/\$35 non-members**

## DIRECTORS ASSOCIATIONS

### **WESTCHESTER EARLY CHILDHOOD DIRECTORS ASSOCIATION**

The Association meets the third Tuesday of the month from 1:00pm - 3:00pm at the Child Care Council office. Contact Howard Milbert at Ossining Children's Center at (914) 941-0230 or Dawn Meyerski at Mt. Kisco Child Care Center at (914) 241-2135 or [dmeyerski@mkccc.org](mailto:dmeyerski@mkccc.org) for details.

### **SCHOOL AGE DIRECTORS NETWORK**

The Network meets every third Tuesday of the month from 10:00am -12:00pm at the Child Care Council office. Contact Hope O'Connell at Playful Wonders at [hopeoconnell@playful-wonders@gmail.com](mailto:hopeoconnell@playful-wonders@gmail.com) or Joanne Saporta at Chappaqua Childrens Workshop at [general@ccwkids.org](mailto:general@ccwkids.org) for more details.

New

## TWO-PART LEADERSHIP SERIES

### **Optimizing your Relationship With Your Board of Directors**

Working with a board of directors can be challenging. However, a board can also be a source of crucial support for the director and the program. Join Todd Mohrmann for this two-part training for directors and their board members. Learn what a director can do to develop a board that supports the mission of the program. Board members will have the opportunity to learn important information about their roles and responsibilities.



**Tuesday, April 4, 11:00am - 1:00pm**

**Part 1 – for Child Care Directors:**

#### **Working Effectively with Your Board of Directors**

This session for directors will focus on what directors need to know to work effectively with a board. The training will include examining who should be on a board, strategies and principles for recruiting board members, effective incorporating of parents, orientation of new board members, the roles and responsibilities of board members, and directors' reports to the board.

**Wednesday, May 3, 6:30pm - 8:30pm**

**Part 2: for the Director AND Board Members:**

#### **Roles and Responsibilities of Child Care Program Board Members**

*(At least one board member must attend with the director)*  
This session will focus on the roles and responsibilities of board members. Together, directors and at least one member of their board will learn the roles and responsibilities of board member, how to have effective board meetings, and the role of the board evaluating the executive director.

**Modality - Age: C, FG, SA - ALL**

**Training Categories: (OCFS 5 ) (CBK 7)**

**Trainer: Todd Mohrmann, Dynamic Training, Inc.**

**Cost: \$10 CCCW members/\$25 non-members**

**Code: 70404**

**The Director must commit to attend BOTH  
trainings. At least one Board Member must  
attend the second session with the director.**

**This series is supported by a grant from  
the Westchester County Office for Woman.**

## Know the NYS Regulations for Child Care Programs

In this lively and interactive training, learn the NYS Regulations for your child care program. Find out how to stay in compliance in all areas including safety, program requirements, supervision of children, and health and safety. We will review the most common violations and ways to follow all regulations.

**Training Categories:** (OCFS 2, 4, 5, 7) (CBK 5, 7)

**Cost:** \$25 CCCW members/\$35 non-members



### **FOR FAMILY & GROUP FAMILY PROGRAMS**

**Saturday, January 28, 12:30pm - 2:30pm**

**Trainer:** Sandra Arasim,  
Infant Toddler Specialist, CCCW

**Code:** 70128

### **FOR CHILD CARE CENTERS**

**Wednesday, February 15, 6:30pm - 8:30pm**

**Trainer:** Jennifer Sorby,  
Infant Toddler Regional Coordinator, CCCW

**Code:** 70215

*\*This training is eligible for EIP funding\**

## Mandated Reporter Training in Child Abuse & Maltreatment, Including Shaken Baby Syndrome

Learn how, when, and why to report suspected child abuse or maltreatment to the State Central Register. Learn what child abuse and maltreatment are and understand your responsibility as a Mandated Reporter. Preventing and identifying signs of Shaken Baby Syndrome will also be discussed.

**Modality - Age:** C, FG, SA - All Ages

**Training Categories:** (OCFS 6, 8, 9) (CBK 2, 5)

**Cost:** \$25 CCCW members/\$35 non-members

### **Choose one of these dates!**

**Wednesday, February 1, 6:30pm - 9:00pm**

**Trainer:** Laura Cleare, Quality Specialist, Baby Steps Forward, CCCW

**Code:** 70201

**Saturday, April 22, 9:30am - 12:00pm**

**Trainer:** Dana Doyle, Professional Development Coordinator, CCCW

**Code:** 70422

*\*Both of these trainings are eligible for EIP funding\**





# Training Topics for All Modalities & Ages Groups



**Wednesday, January 18, 6:30pm - 8:30pm**

## **Boys in Early Childhood**

What do boys need in an early childhood program? Do they fit into the typical early childhood classroom? What does research and our experience say about their needs? Let's explore how your program can welcome boys and meet their unique developmental needs. You will have more fun and less stress!

**Modality - Age:** ALL

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Idie Benjamin,

Director, Professional Development, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70119

**\*This training is eligible for EIP funding\***

## **DISCOUNTED PRICE!**

**Saturday, January 28, 9:30am - 12:00pm**

## **Got Germs? Managing and Preventing Infectious Diseases in Early Care and Education Settings**

Everyone in your program can be healthier. This training will provide resources and guidance on preventing infectious diseases. You will learn how to prevent and respond to infectious diseases that can be common in early care and education settings.

**Modality - Age:** ALL

**Training Categories:** (OCFS 2, 4) (CBK 5)

**Trainer:** Elissa Guzzardi,

Director, Health Care Consultant Services, CCCW

**Cost:** \$15 CCCW members/\$25 non-members

**Code:** 71029

**\*This training is eligible for EIP funding\***

## **EARLIER TIME!**

**Thursday, February 2, 4:00pm - 6:00pm**

## **What is ADHD? How Can I Help?**

With the diagnosis of Attention Deficit/Hyperactivity Disorder on the rise, it is important that child care professionals understand what ADHD IS and what it is NOT. Learn the warning signs, and how you can help. It requires patience, careful planning, and partnerships with parents. In this interactive, playful training, you will learn about some activities, how to communicate with parents, and how set up your classrooms in a way which will support the needs of children diagnosed with ADHD.

**Modality - Age:** ALL

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Julie Weber, OTR/L, Dynamic Kids, Inc.

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70203

## **EARLIER TIME!**

**Wednesday, March 8, 4:00pm - 6:00pm**

## **Stress Reduction Techniques for Early Care & Education Professionals**

Are you feeling stressed? Tired? Burnt out? Don't despair! This training is designed with YOU in mind. We will explore different techniques to help you feel more relaxed throughout your day. From relaxation to yoga, you will leave with a toolbox full of techniques to keep your work and home life in balance. Come tired and leave feeling joyful and rejuvenated!

**Modality - Age:** ALL

**Training Categories:** (OCFS 3) (CBK 6)

**Trainer:** Elizabeth Rodano,

Professional Development Specialist, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70308

**Wednesday, March 15, 6:30pm - 8:30pm**

## **Strategies for Supporting Dual-Language Learners**

*Mi casa. Mein Haus. ما بيتي. Ma maison. Мой дом. My house* - different words but one meaning. Children in your program may speak different languages. How can you create a responsive classroom environment? Learn how to support children without knowing their home language. Let's explore how young children who are learning multiple languages develop language and literacy skills.

**Modality - Age:** ALL

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Elizabeth Rodano,

Professional Development Specialist, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70315



# Training Topics for All Modalities & Ages Groups



**Wednesday, April 5, 6:30pm - 8:30pm**

## **Bringing Back “Risk” in Children’s Play**

Children need to take risks in order to grow. Without “risk”, children can either become too timid to try out new things or take inappropriate risks. Taking a risk can be climbing to the top of the climber or asking to join a group of children in play. It is having the courage to try something new – physically, emotionally, and cognitively. Learn how set up learning spaces and design activities give children opportunities to take risks. We will explore how to inspire imagination and creative thinking.

**Modality - Age:** ALL

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Dana Doyle,  
Professional Development Coordinator, CCCW  
**Cost:** \$25 CCCW members/\$35 non-members  
**Code:** 70405

**\*This training is eligible for EIP funding\***

**Saturday, April 29, 10:00am - 12:00pm**

## **Playground Supervision:**

### **Keeping Children Safe on the Playground**

How do we keep children safe on the playground? Is the staff just watching or properly supervising the children? What unsafe behaviors and uses of equipment should staff know about? What do you and your staff need to do to meet OCFS standards for playground safety and supervision? In this interactive training, you will receive advice on how to keep your outdoor play space up-to-date and safe from any hazards.

**Modality - Age:** ALL

**Training Categories:** (OCFS 3, 4) (CBK 5)

**Trainer:** Dr. Marylynn R. Glasser,  
Playground Supervision Specialist, Playground Medic  
**Cost:** \$25 CCCW members/\$35 non-members  
**Code:** 70429

**Saturday, May 6, 10:00am - 12:00pm**

## **Nature Deficit in Young Children - How You Can Help!**

Children are spending less time outdoors, and it is effecting their behavior. Do your children have “nature-deficit-disorder”? Come and learn ways for encouraging outdoor walks and crawls with environmental educator and classroom teacher, Dr. Deborah Mumford. Reconnect to the natural world with your students. You will learn wonderful opportunities for young children to explore their surroundings with “magic windows” and sidewalk nature hikes.

**Modality - Age:** C, FG - IT, PS

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Debbie Mumford, EdD., The Nature of Things  
**Cost:** \$25 CCCW members/\$35 non-members  
**Code:** 70508

**Tuesday, May 9, 6:30pm - 8:30pm**

## **NAEYC Code of Ethical Conduct:**

### **Empowering Teachers to Make Good Decisions**

Your role as an early childhood educator is so important. Every interaction you have with the children and families in your program has an effect. It has an impact on a child’s future success in life. These interactions can be complicated. Working together with children, families, and co-workers from different backgrounds and experiences can sometimes be a challenge. The Code is a guide for these difficult situations. Using it as a guide, you will learn better ways to handle challenging situations and have a more positive work environment.

**Modality - Age:** C, FG - IT, PS

**Training Categories:** (OCFS 3, 4, 5) (CBK 2, 6)

**Trainer:** Dana Doyle,  
Professional Development Coordinator, CCCW  
**Cost:** \$25 CCCW members/\$35 non-members  
**Code:** 70510

**\*This training is eligible for EIP funding\***

## **ON-SITE TRAININGS ALSO AVAILABLE**

### **WE BRING THE TRAINING TO YOU!!**

**See page 5 for more information,  
or contact Dana Doyle at  
(914) 761-3456, ext. 113 or [danad@cccwny.org](mailto:danad@cccwny.org)**

# Infant & Todders Training Topics

## For Center Staff & Family & Group Family Providers

**Thursday, January 26, 6:30pm - 8:30pm**

### **Taming Temper Tantrums**

Why do children have tantrums? What is a child having a tantrum telling us? In this training, we will answer these questions and more. We will discuss ways to stop temper tantrums before they even start and strategize how to react when a child is in the midst of a tantrum. Learn how you can do to create as tantrum free an environment as possible and what to do to support children who are having one.

**Modality- Age:** C, FG - IT

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Jennifer Sorby,

Infant Toddler Regional Coordinator, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70126

New

**Wednesday, February 8, 6:30pm - 8:30pm**

### **Building Toddler Brains Through Language and Literacy Experiences**

Rich early language experiences matter for toddlers. They impact the development of the brain and its ability to learn in the future. How do you support toddlers as they begin to talk? What is toddler literacy? We will look at how high-quality language experiences build important brain connections and develop language skills.

**Modality - Age:** C, FG - IT

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Jennifer Sorby,

Infant Toddler Regional Coordinator, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70208

New

### **DISCOUNTED PRICE!**

**Thursday, April 6, 6:30pm - 8:30pm**

### **Talking with Infants**

Have you ever wondered what a baby is thinking when you speak with her? Every word you say makes an impact. You have a crucial role in an infant's future language skills. What should you say and how should you say it? Learn how respectful communication leads to healthy development in all areas. Your "baby talk" will nurture a lifelong learner. Discover your role in developing children's language.

**Modality - Age:** C, FG - IT

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Sandra Arasim, Infant Toddler Specialist, CCCW

**Cost:** \$15/ CCCW members/\$25 non-members

**Code:** 70406

New



## **Infant & Toddler Pyramid Model (Module 1)**

**LOW COST!**

**6.5 HOURS of Training &  
3 OCFS Topic Areas**

**Saturday, February 4, 9:00am - 4:00pm**

### **Social Emotional Development Within**

### **The Context of Relationships**

The Infant/Toddler Pyramid Model training provides an evidence-based framework proven to be an effective approach to build and promote young children's social and emotional competence while effectively addressing challenging behavior.

1. Understanding Social Emotional Development
2. Understanding Behavior: Making Sense of What You See and Hear
3. Forming and Sustaining Relationships with Young Children and Families
4. Nurturing and Supporting the Social and Emotional Development of Infants Toddlers and Their Families

**Modality - Age:** C, FG - IT

**Training Categories:** (OCFS 1, 3, 4) (CBK 1, 2, 3, 4)

**Trainer:** Caroline Doty,

**Cost:** \$50 CCCW members/\$60 non-members

**Code:** 70204

### **Training Location:**

Connect the Dots New York  
157 Main Street (2<sup>nd</sup> Floor)  
Ossining, NY 10562

**See page 5 for more detailed information about  
the Pyramid Model Training Series.**

# Preschool Training Topics

## For Center Staff & Family & Group Family Providers

**Saturday, February 18, 10:00am - 12:00pm**

### **It's Not Just Cute: Using Art to Support Children's Social Emotional Development**

Art is more than paint, glue, and creativity. Art can be a way to strengthen children's social emotional development. In this training, we will explore how adults can use art experiences to positively foster social development. Learn your role in art exploration while you have a "hands on" with some of the trainer's favorite art projects for young children.

**Modality - Age:** C, FG - PS

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Rosemary Vorel-Black, MS, Art Therapist

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70218

New

### **EARLIER TIME!**

**Thursday, March 23, 4:00pm - 6:00pm**

### **The Power of Story: Storytelling Techniques for the Preschool Teacher**

Children love listening to a good story, but there is an art to reading and telling a story. Are you just reading books or are you keeping the magic of storytelling alive? Come learn new ways to engage children in stories. We will explore using puppets, props, drama, and other storytelling techniques. The results will be better listeners and higher literacy skills.

**Modality - Age:** C, FG - PS

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Dana Doyle,

Professional Development Coordinator, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70323

**\*This training is eligible for EIP funding\***

New

### **DISCOUNTED PRICE!**

**Wednesday, May 17, 6:30pm - 8:30pm**

### **The Project Approach in Early Childhood**

The Project Approach is more than doing classroom projects. It is authentic learning where children are active learners. It builds on children's curiosity and allows them to explore, problem-solve, question, and interact. What makes for a good project? What does it involve? Come explore, problem-solve, question, and interact as you learn all about the Project Approach.

**Modality - Age:** C, FG - PS

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Idie Benjamin,

Director of Professional Development, CCCW

**Cost:** \$15 CCCW members/\$25 non-members

**Code:** 70517

New



New

## **Preschool Pyramid Model (Module 1)**

**LOW COST!**

**6.5 HOURS of Training & 3 OCFS Topic Areas**

**Saturday, February 11, 9:00am - 4:00pm**

### **Building a Foundation for Success:**

### **Building Relationships and Creating Supportive Environments**

The Preschool Pyramid Model training provides an evidence-based framework proven to be an effective approach to build and promote young children's social and emotional competence while effectively addressing challenging behavior.

1. Building Positive Relationships
2. Designing the Physical Environment
3. Schedules, Routines, and Transitions
4. Planning Activities that Promote Engagement
5. Giving Direction and Teaching Classroom Rules

**Modality - Age:** C, FG - IT

**Training Categories:** (OCFS 1, 3, 4) (CBK 1, 2, 3, 4)

**Trainer:** Donna Morrison, Deputy Director, TGCW Early Childhood Programs

**Cost:** \$50 CCCW member/\$60 non-members

**Code:** 70212

### **Training Location:**

The Creative Learning Center

32 LeCount Place

New Rochelle, NY 10801

**See page 5 for more detailed information about the Pyramid Model Training Series.**

**\*This training is eligible for EIP funding\***

# Family & Group Family Training Topics

**Family & Group Family providers, there are more trainings for you!**

[Trainings for All Ages - page 7 - 9](#)

[Infant-Toddler Trainings - page 10](#)

[Preschool Trainings - page 11](#)



New

## Curriculum Academy

### Special FULL DAY training Designing The Curriculum For Your Family/Group Family Program

Your curriculum is the heart of your program. What will the children learn? What is your plan for the infants, toddlers, and preschoolers? What activities are appropriate? Where can you get ideas?

In this special, 4-hour training, you will have the time to explore how to create an exciting educational environment for the children in your care. You will leave with great ideas to bring back to your program.

Included in this training will be:

- Why are relationships so important?
- What is school readiness?
- What learning areas do you need to include?
- What does it mean to individualize the curriculum?
- Why are transitions and routines so important?
- What should a typical day look like?

**When:** Saturday, March 25, 9:30am - 2:00pm

**Modality - Age:** FG - ALL

**Training Categories:** (OCFS 1, 3 ) (CBK 1, 4)

**Trainers:** Laura Cleare, Quality Specialist  
& Sandra Arasim, Infant Toddler Specialist, CCCW

**Cost:** \$35 CCCW members/\$45 non-members

**Code:** 70325

**\*This training is eligible for EIP funding\***

### 4.5 hours of Training Family & Group Family Training Discount Package

**Saturday, January 28, 9:30am - 12:00pm**

#### Managing and Preventing Infectious Diseases in Early Care and Education Settings

Everyone in your program can be healthier. This training will provide resources and guidance on preventing infectious diseases. You will learn how to prevent and respond to infectious diseases that can be common in early care and education settings.

**Modality - Age:** ALL

**Training Categories:** (OCFS 2, 4) (CBK 5)

**Trainer:** Elissa Guzzardi,

Director, Health Care Consultant Services, CCCW

**Code:** 71029

**\*This training is eligible for EIP funding\***

**AND/OR**

**Saturday, January 28, 12:30 pm - 2:30pm**

#### Understanding the NY State OCFS Regulations for Family & Group Family Providers

In this lively and interactive training, learn the NYS Regulations for child care programs. Find out how to stay in compliance in all areas including safety, program requirements, supervision of children, and health and safety. We will review the most common violations and ways to follow all regulations.

**Modality - Age:** FG - ALL

**Training Categories:** (OCFS 2, 4, 5, 7 ) (CBK 5, 7)

**Trainer:** Sandra Arasim,

Infant Toddler Specialist, CCCW

**Code:** 70128

#### Register for one or both trainings!

**Cost:** \$25 CCCW members/

\$35 non members for ONE

**OR**

**Register for both for \$40 CCCW members/**

**\$55 non-members**

## **RESOURCE CORNER** **LENDING LIBRARY**

**FOR CHILD CARE COUNCIL MEMBERS**



**A FREE lending library of new materials  
that encourage learning.**

**For more information contact Dana Doyle at  
(914) 761-3456, ext. 113 or [danad@cccwny.org](mailto:danad@cccwny.org)**



# School Age Provider Training Topics

## DISCOUNTED PRICE!

Thursday, February 9, 10:00am - 12:00pm

### Yoga, Mindfulness, and Your School Age Program

You may have heard a lot about yoga and mindfulness. Are you wondering if they could benefit your school age program? Are you unsure of what the benefits really are? This training will provide the framework for integrating yoga into your program, even if you cannot touch your toes. Come explore the research behind these practices. Be prepared to move, laugh, and leave with the tools necessary for sharing your experiences with your teachers, administrators, colleagues, and children.

**Modality - Age:** SA

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Elizabeth Rodano,  
Early Childhood Quality Specialist, CCCW

**Cost:** \$15 CCCW members/\$25 non-members

**Code:** 70209



Saturday, April 29, 10:00am - 12:00pm

### Playground Supervision: Keeping Children Safe on the Playground

How do we keep children safe on the playground? Is the staff just watching or properly supervising the children? What unsafe behaviors and uses of equipment should staff know about? What do you and your staff need to do to meet OCFS standards for playground safety and supervision? In this interactive training, you will receive advice on how to keep your outdoor play space up-to-date and safe from any hazards.

**Modality - Age:** ALL

**Training Categories:** (OCFS 3, 4) (CBK 5)

**Trainer:** Dr. Marylynn R. Glasser,  
Playground Supervision Specialist, Playground Medic

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70429



Wednesday, March 15, 6:30pm - 8:30pm

### Strategies for Supporting Dual-Language Learners

*Mi casa. Mein Haus. بيتي. Ma maison. Мой дом. My house* - different words but one meaning. Children in your program may speak different languages. How can you create a responsive classroom environment? Learn how to support children without knowing their home language. Let's explore how young children who are learning multiple languages develop language and literacy skills.

**Modality - Age:** ALL

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Elizabeth Rodano,  
Professional Development Specialist, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70315



Tuesday, May 9, 10:00am - 12:00pm

### National AfterSchool Association Code of Ethics: Empowering Staff to Make Good Decisions

Your role as a school age child care provider is so important. Every interaction you have with the children and families in your program has an effect. It has an impact on a child's future success in life. These interactions can be complicated. Working together with children, families, and co-workers from different backgrounds and experiences can sometimes be a challenge. The code is a guide for these difficult situations. Using it, you will learn better ways to handle challenging situations and have a more positive work environment.

**Modality - Age:** ALL

**Training Categories:** (OCFS 3, 4, 5) (CBK 2, 6)

**Trainer:** Dana Doyle,  
Professional Development Coordinator, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70509

## ON-SITE TRAININGS ALSO AVAILABLE

### WE BRING THE TRAINING TO YOU!!

See page 5 for more information,  
or contact Dana Doyle at  
(914) 761-3456, ext. 113 or [danad@cccwny.org](mailto:danad@cccwny.org)

**\*This training is eligible for EIP funding\***

# Dual Language Learners & Children with Special Needs

## EARLIER TIME!

Thursday, February 2, 4:00pm - 6:00pm

### What is ADHD? How Can I Help?

With the diagnosis of Attention Deficit/Hyperactivity Disorder on the rise, it is important that child care professionals understand what ADHD IS and what it is NOT. Learn the warning signs, and how you can help. It requires patience, careful planning, and partnerships with parents. In this interactive, playful training, you will learn about some activities, how to communicate with parents, and how set up your classrooms in a way which will support the needs of children diagnosed with ADHD.

**Modality - Age:** ALL

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Julie Weber, OTR/L, Dynamic Kids, Inc.

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70203

New

Wednesday, March 15, 6:30pm - 8:30pm

### Strategies for Supporting

### Dual-Language Learners

*Mi casa. Mein Haus. بيتي. Ma maison. Мой дом. My house* - different words but one meaning. Children in your program may speak different languages. How can you create a responsive classroom environment? Learn how to support children without knowing their home language. Let's explore how young children who are learning multiple languages develop language and literacy skills.

**Modality - Age:** ALL

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Elizabeth Rodano, Professional Development Specialist, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70315

New

## Health & Wellness



## DISCOUNTED PRICE!

Saturday, January 28, 9:30am - 12:00pm

### Got Germs? Managing and Preventing

### Infectious Diseases in Early Care and Education Settings

Everyone in your program can be healthier. This training will provide resources and guidance on preventing infectious diseases. You will learn how to prevent and respond to infectious diseases that can be common in early care and education settings.

**Modality - Age:** ALL

**Training Categories:** (OCFS 2, 4) (CBK 5)

**Trainer:** Elissa Guzzardi, Director, Health Care Consultant Services, CCCW

**Cost:** \$15 CCCW members/\$25 non-members

**Code:** 71029

Saturday, May 6, 10:00am - 12:00pm

### Nature Deficit in Young Children -

### What You Can Do!

Children are spending less time outdoors, and it is affecting their behavior. Do your children have "nature-deficit-disorder"? Come and learn ways for encouraging outdoor walks and crawls with environmental educator and classroom teacher, Dr. Deborah Mumford. Reconnect to the natural world with your students. Explore wonderful opportunities for young children to explore their surroundings with "magic windows" and sidewalk nature hikes.

**Modality - Age:** C, FG - IT, PS

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Debbie Mumford, EdD., The Nature of Things

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70508

**\*This training is eligible for EIP funding\***

# Trainings in Northern Westchester Yorktown Heights Location



**Conveniently located at the**  
**First Presbyterian Church of Yorktown**  
**2880 Crompond Road, Yorktown Heights, NY 10598**

**Wednesday, February 1, 6:30pm - 8:30pm**

## **Taming Temper Tantrums**

Why do children have tantrums? What is a child having a tantrum telling us? In this training, we will answer these questions and more. We will discuss ways to stop temper tantrums before they even start and strategize how to react when a child is in the midst of a tantrum. Learn how you can do to create as tantrum free an environment as possible and what to do to support children who are having one.

**Modality- Age:** C, FG - IT

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Jennifer Sorby,

Infant Toddler Regional Coordinator, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70202



**Wednesday, April 26, 6:30pm - 8:30pm**

## **Strategies for Supporting Dual-Language Learners**

*Mi casa. Mein Haus. بيتي. Ma maison. Мой дом. My house - different words but one meaning. Children in your program may speak different languages. How can you create a responsive classroom environment? Learn how to support children without knowing their home language. Let's explore how young children who are learning multiple languages develop language and literacy skills.*

**Modality - Age:** ALL

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Elizabeth Rodano,

Professional Development Specialist, CCCW

**Cost:** \$25 CCCW members/\$35 non-members

**Code:** 70426



## **EARLIER TIME!**

**Wednesday, March 1, 4:00pm - 6:00pm**

## **The Power of Story: Storytelling**

### **Techniques for the Preschool Teacher**

Children love listening to a good story, but there is an art to reading and telling a story. Are you just reading books or are you keeping the magic of storytelling alive? Come learn new ways to engage children in stories. We will explore using puppets, props, drama, and other storytelling techniques. The results will be better listeners and higher literacy skills.

**Modality - Age:** C, FG - PS

**Training Categories:** (OCFS 1, 3) (CBK 1, 4)

**Trainer:** Dana Doyle,

Professional Development Coordinator, CCCW

**Cost:** \$35 CCCW members/\$35 non-members

**Code:** 70301

**\*This training is eligible for EIP funding\***

## **DISCOUNTED PRICE!**

**Wednesday, May 24, 6:30pm - 9:00pm**

## **Mandated Reporter Training in**

## **Child Abuse & Maltreatment,**

## **Including Shaken Baby Syndrome**

Learn how, when, and why to report suspected child abuse or maltreatment to the State Central Register. Learn what child abuse and maltreatment are and understand your responsibility as a Mandated Reporter. Preventing and identifying signs of Shaken Baby Syndrome will also be discussed.

**Modality - Age:** C, FG, SA - All Ages

**Training Categories:** (OCFS 6, 8, 9) (CBK 2, 5)

**Trainer:** Dana Doyle,

Professional Development Coordinator, CCCW

**Cost:** \$15 CCCW members/\$25 non-members

**Code:** 70524

**\*This training is eligible for EIP funding\***

## **ON-SITE TRAININGS ALSO AVAILABLE**

### **WE BRING THE TRAINING TO YOU!!**

See page 5 for more information,  
or contact Dana Doyle at  
(914) 761-3456, ext. 113 or danad@cccwny.org

# American Heart Association First Aid & CPR with AED Courses

Be ready for emergencies. Learn how to perform adult, child, and infant CPR skills and how to address common pediatric injuries. Students will also learn how to use an Automated External Defibrillator (AED).

This American Heart Association certification is valid for 2 years. Everyone who completes the course will also receive a training certificate from CCCW for 6 hours. This class meets OCFS requirements.

## **Training Dates: 9:00am - 3:00pm**

Saturday, January 14	<b>Code:</b> 70115
Saturday, February 25	<b>Code:</b> 70227
Saturday, March 18	<b>Code:</b> 70318
Saturday, April 1	<b>Code:</b> 70402
Saturday, May 13	<b>Code:</b> 70514

**All CPR/FA courses  
are eligible  
for EIP funding\***



**Modality:** ALL

**Training Categories:** (OCFS 2, 3, 4)

**Trainer:** Juanita Pope,  
Certified American Heart Association CPR & First Aid  
Instructor

**Cost:** \$95 CCCW members/\$105 non-members

**The AHA Pediatric Heartsaver First Aid/CPR with AED  
Student Workbook is available for purchase for \$14.00**

# SUNY Health & Safety Course

**(This is a TWO PART course held on Saturdays from 9:00am - 5:00pm)**

This course is the two-day 15-hour NY State mandatory training required prior to registration or licensing for family or group-family child care providers.

Attend this 15-HOUR Health & Safety Training and RECEIVE A FREE TRAINING COUPON that can be used for any standard calendar training at the Council (not including MAT, CPR & First Aid, conferences, and special events). It is valid for 90 days from date of the Health & Safety Training.

Call (914) 761-3456, ext. 115, for information about this training.

## **FIVE DATES: 9:00am - 5:00pm**

Saturday, January 14 & 21	<b>Code:</b> 70114
Saturday, February 11 & 18	<b>Code:</b> 70211
Saturday, March 11 & 18	<b>Code:</b> 70311
Saturday, April 8 & 15	<b>Code:</b> 70408
Saturday, May 13 & 20	<b>Code:</b> 70513

**Modality:** F/FG ONLY

**Training Categories:** (OCFS: 2, 4, 5, 6, 7, 8, 9)

**Cost:** \$275

**Trainers:** Lindsay Tiernan, Assistant Director of Provider Services, CCCW; Sydney Jenkins Hall, CACFP Case Manager, CCCW; Elsa Sanchez, Bi-lingual Registrar, CCCW; Elissa Guzzardi, Director, Health Care Consultant Services, CCCW



# Medication Administration Training (MAT)

The Medication Administration Course (MAT) is required for child care providers who choose to administer medication to children in a child care setting. The MAT Course is highly recommended for child care programs that only administer emergency medication. The course covers all regulations for programs that administer medication, as well as programs that only administer emergency medication, including programs that administer Epi-Pen® and asthma medications only.

**Modality - Age:** ALL

**Training Categories:** (OCFS: 2, 4, 7)

**Trainer:** Elissa Guzzardi, Director of Health Care Consultant Services, CCCW

**Cost:** \$150

**Saturday Training Dates: 9:00am - 6:00pm**

Saturday, January 7 **Code:** 70107

Saturday, February 25 **Code:** 70225

Saturday, March 4 **Code:** 70304

Saturday, April 1 **Code:** 70401

Saturday, May 6 **Code:** 70506

**Special 2-Part Weekday Training Date:**

January 18 & 19, 9:00am - 1:00pm **Code:** 70118

## **MAT COURSE REGISTRATION**

To register for a MAT Course,  
You must use the MAT registration form  
on page 18

This registration form has specific information and  
instructions for the MAT course.

Payment is due before the course.

**\*A MAT rebate of \$100 is available\***

For further information, contact Elissa Guzzardi,  
Director, Health Care Consultant Services at  
(914) 761-3456, ext. 154 or [elissag@cccwny.org](mailto:elissag@cccwny.org)

## MAT Course Information

- On the day of the course please note the following:
  - Bring a photo ID
  - Bring your Child Care license/registration number
  - Bring one medium sized ( 2 7/8" x 2 7/8") Post-It Notes & and a Highlighter
  - Please bring food, snacks and beverages to sustain you for the day
  - You must arrive in the CONFERENCE room at the scheduled time. If you are more than 10 minutes late, you may not be admitted.
- You must be able to READ and WRITE in English. There is one 60 question written exam and a skills demonstration that you must pass in order to earn your Medication Administration Training Certificate. The written exam is open book.
- Please note that the course may end past 6pm. You must stay until you complete the course, so please be sure you can commit to the entire session. You will not be allowed to leave and make up the difference of the course at a later time.
- Upon successful completion of the course you will receive a Medication Administration Training Certificate that is valid for three years and you will earn eight (8) hours of training (.8 CEUs) covering three topic areas.

## Asthma Endorsement

**Would you like your program to  
stand out from other programs?**

Consider receiving an Asthma Friendly  
Child Care Program Endorsement from  
the American Lung Association.



### **Incentives of Endorsement:**

- Increase your marketability and referrals to hundreds of parents looking for the best setting for their children with asthma
- Learn how to recognize and manage asthma symptoms and identify and reduce asthma triggers.
- Understand the importance of an Asthma Friendly Action Plan
- Learn how to appropriately respond to breathing emergencies
- Receive training hours covering four topic areas - Nutrition & Health Needs of Children, Safety & Security Procedures, Statutes & Regulations Pertaining to Child Care, and Business Record Maintenance
- Access various asthma resources that may also be shared with parents
- Receive an endorsement certificate & window decal.
- The Council's Resource & Referral Database Profile will include you as an Asthma Friendly Program
- Receive education, support, and on-going Technical Assistance from the Council's Health Care Consultant

# CACFP, FDC & SA Information Sessions

## Child & Adult Care Food Program (CACFP) Information Sessions

Family and group-family child care providers: Are you interested in receiving hundreds of dollars per year for nutrition reimbursement? Find out about enrolling in the Child and Adult Care Food Program (CACFP).

Attend a free information session and find out how to bring CACFP to your program.

Please call (914) 761-3456, ext. 110 or 167 to register.

**Modality** – FG

**Trainers:** Sydney Hall, CACFP Case Manager, CCCW & Janet Romano Fernandez, CACFP Case Manager, CCCW

**Cost:** FREE - 2 hr. training certificate is provided for this information session (Only if you join CACFP)

### **FIVE DATES: ALL SESSIONS 10:00am - 12:00pm**

Wednesday, January 11	Wednesday, April 12
Wednesday, February 8	Wednesday, May 10
Wednesday, March 8	

## Child & Adult Care Food Program (CACFP) Classes

These sessions are open to child care providers who are enrolled in the Child and Adult Care Food Program (CACFP). Each enrolled provider must attend one session every year.

Please call (914) 761-3456, ext. 110 to register.

### **THREE DATES:**

Thursday, January 19, 6:30pm - 8:00pm  
Thursday, March 9, 6:30pm—8:00pm  
Thursday, May 11, 6:30pm - 8:00pm

**Modality – Age:** FG - ALL ages

**Training Categories:** (OCFS 2)

**Trainers:** Sydney Hall, CACFP Case Manager, CCCW

**Cost:** FREE but preregistration is required.  
1.5 hr. training certificate will be provided .

**\*CACFP is an equal opportunity provider\***



## **Family & Group Family Day Care Start-Up Information Sessions**

Are you interested in opening a child care program in your home? These free sessions provide the basics on family and group-family child care, child care state regulations, and the application process.

You are required to complete an information session in order to submit an application.

Please call (914) 761-3456, ext. 115 or 118 to register.

### **FIVE DATES: ALL SESSIONS 10:00am - 12:00pm**

Wednesday, January 11	Wednesday, April 12
Wednesday, February 8	Wednesday, May 10
Wednesday, March 8	

**Trainers:** Latoya Ramsey, Alexandra Santana, & Elsa Sanchez, Registrars, CCCW

**Cost:** FREE—No training certificate is provided for information sessions.



## **School Age Child Care Start-Up Information Sessions**

Are you interested in opening a school age program that serves children ages 5-12? These free sessions provide the basics on school age care, school age state regulations, and the application process.

You are required to complete an information session in order to submit an application.

Please call (914) 761-3456, ext. 137 or 112 to register.

### **THREE DATES: 10:00am - 12:00pm**

Friday, January 20  
Friday, March 17  
Friday, May 19

**Trainers:** Evelyn Henriques, CCCW & Michele Sardullo, Registrar CCCW

**Cost:** FREE - No training certificate is provided for information sessions.



# Child Care Council Services

## PROGRAM QUALITY IMPROVEMENT SERVICES

The quality of care that children receive between birth and age 5 sets the stage for the rest of their lives. With that in mind, we want to help Westchester's child care professionals provide the very best care possible. The Child Care Council provides a range of technical assistance services to current or prospective child care providers to help with a wide variety of topics.

We encourage you to take advantage of the **Intensive Technical Assistance** available from the Council's Professional Development Department.

We will help you provide infants, toddlers, preschoolers, and school age children with higher-quality care, through on-site observation and one-on-one support from a member of our trained and knowledgeable staff.

We work directly with child care center teachers and directors and home providers and their staff, on every aspect of caring for children and running a child care or after school business. We will:

- Work with you to enhance your program
- Assist in planning and arranging environments, implementing a curriculum, introducing new activities, managing children's behaviors, and more
- Inform you of best practices for the care and teaching of infants, toddlers, preschoolers and school age children
- Coach and mentor you and your staff
- Assist with a national accreditation process
- Assist your program in preparing for QUALITYstarsNY.

**Ready to get started? Contact Idie Benjamin at (914) 761-3456 x108 or [idieb@cccwny.org](mailto:idieb@cccwny.org).**

## CDA - Child Development Associate

The Child Development Associate (CDA) credential is a way for child care professionals to substantially increase your knowledge of the early care and education best practices, demonstrate a commitment to excellence in the area of early childhood care and education, and advance your career in a meaningful way. The Council offers in-person and online CDA courses for infant toddler, preschool, and family care givers. The Council can assist with initial CDA applications and renewals.

Contact Idie Benjamin at (914) 761-3456 x108 or [idieb@cccwny.org](mailto:idieb@cccwny.org).

## TECHNICAL ASSISTANCE FOR FAMILY, GROUP FAMILY, AND SCHOOL AGE PROGRAMS

We want you to succeed in providing high quality child care, and in running your business. When you've got questions, we're here to answer them and assist in any way we can. Reach out to us for help with best practices for providing child care, regulations, child behavior, curriculum, quality indicators, business administration practices, marketing, family engagement, children's health, and more.

**The Registration Department** assists with the successful completion of the initial or renewal Family Day Care or School Age Child Care application for registration, and helps family child care providers and school age programs who are already registered with the OCFS improve regulatory compliance and promote quality regulated child care.

**The Legally Exempt Department** provides assistance to providers and parents receiving or applying for a child care subsidy, and to providers who want to complete the legally exempt enrollment application.

**The Child and Adult Care Food Program (CACFP) Department** helps Family Day Care and Group Family Day Care providers successfully plan nutritious meals and snacks, complete menus and attendance sheets, and remain in compliance with all aspects of CACFP.

**For Registration, Legally Exempt, or CACFP, contact Dorothy Jenkins at (914) 761-3456 x123 or [dorothyj@cccwny.org](mailto:dorothyj@cccwny.org).**

## Health Care Consultant Services

The Council offers a Health Care Consultant Service for OCFS regulated early care and education programs that choose to administer medication.

The Health Care Consultant Service includes:

- Developing a health care plan that reflects program specific needs and meets best practice standards
- Providing supplemental resource & reference materials
- Review and approval of the entire health care plan and other documents related to the program's medical policy
- Developing medication procedures for your site. At least one site visit with follow-up consultation

Contact Elissa Guzzardi, Director, Health Care Consultant Services at (914) 761-3456, ext. 154 or [elisag@cccwny.org](mailto:elisag@cccwny.org).

# Registration & Payment Policies

## REGISTRATION AND PAYMENT

When you register for Council trainings, you agree to our registration and payment policies.

Please completely fill out a registration form for each person. Keep a copy for your records. An email address must be included to receive a confirmation notice.

We require registration and payment in advance for all scheduled trainings and classes. This guarantees a space and planning for attendance.

Walk-in registrants MUST pay an additional fee of \$5.00 and will be accommodated ONLY if there is space. Training certificates will be mailed after the training and when late fee payments have been received and processed.

Register early. A training can be cancelled if there are not a minimum number of participants.

## REGISTER ONLINE

Go to [www.childcarewestchester.org](http://www.childcarewestchester.org). Scroll down to the "Quick Links" section on the bottom right corner of the home page. Click on the "Register Online for Training" link. Then click on the training you are interested in attending and follow the prompts. An email confirmation will be sent. Online payment is by credit card only.

## REGISTER BY MAIL OR FAX

Fax registration forms with payment information to (914) 885-1110 or mail them to the Child Care Council of Westchester, 313 Central Park Avenue, Scarsdale, NY 10583. An email address must be included to receive a confirmation notice. This is a secure fax line.

Online registration closes at 4 p.m. the day before the training.

Same day registration will be accommodated if there is space. You must register by fax or in person before 4 p.m. the day of the training.

## PAYMENT

Payment may be by check, Visa/MasterCard, American Express, money order, or EIP award certificate. Online payment must be by credit card. There is a \$35 returned check fee.

**REGISTER BEFORE THE TRAINING**  
Register online at  
[www.childcarewestchester.org](http://www.childcarewestchester.org)

## FEES FOR TRAININGS

Fees are listed with each training description. There is a Council member and non-member fee listed.

## EIP TUITION SUPPORT

The Educational Incentive Program (EIP) supports career development for child care providers. Scholarships are awarded based on financial need and can be used for Council trainings and conferences. Please call (800) 295-9616 or for an application and Information visit [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu).

Proof of having applied for EIP is NOT considered payment. Only an EIP award certificate is accepted as payment. If you have applied for EIP but not received the award certificate, you are responsible for payment before the start of the training.

## CREDITS, REFUNDS, AND CANCELLATIONS

There are NO refunds or rescheduling for missed trainings. If a training is cancelled, the participant may choose to have a refund or a credit towards another training.

To receive a refund for a training that you cannot attend, you must notify the Finance Department in writing. You must email or fax a signed request to make a change or to receive a refund for any training at least 48 hours before the scheduled class. Send your written request via e-mail to [christinei@cccwny.org](mailto:christinei@cccwny.org) or via fax to (914) 885-1110 or by mail to Child Care Council of Westchester, Attn: Finance Dept., 313 Central Park Avenue, Scarsdale, NY 10583.

## BECOME A MEMBER OF THE CHILD CARE COUNCIL

Council members receive a discount on fees for trainings, on-site trainings, and conferences. For membership information, go to [childcarewestchester.org](http://childcarewestchester.org) or call 914-761-3456 ext. 106.

## CHILDREN

Children are not allowed at trainings or to stay in the lobby during the training. Please make other child care arrangements for your child(ren).

## CANCELLATION DUE TO INCLEMENT WEATHER

Call (914) 761-3456, ext. 510.

## SEATING

Seating for trainings begins 15 minutes before the training. No one will be admitted 15 minutes after the start of the training.



## Training Registration Form

Please copy this form  
Please complete a separate form for each person for each training or class.  
OR REGISTER ONLINE at [www.childcarewestchester.org](http://www.childcarewestchester.org)

Title of Training \_\_\_\_\_ Code \_\_\_\_\_  
Cost \_\_\_\_\_ Date of Training \_\_\_\_\_  
Title of Training \_\_\_\_\_ Code \_\_\_\_\_  
Cost \_\_\_\_\_ Date of Training \_\_\_\_\_  
Title of Training \_\_\_\_\_ Code \_\_\_\_\_  
Cost \_\_\_\_\_ Date of Training \_\_\_\_\_ TOTAL PAYMENT \_\_\_\_\_

### ATTENDEE INFORMATION:

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone number \_\_\_\_\_ Email \_\_\_\_\_  
Would you like to be a part of our email list? ☐ Y ☐ N If yes, ☐ Program Email Address ☐ Personal Email

### PROGRAM INFORMATION: Program Name: \_\_\_\_\_

Director \_\_\_\_\_  
Program Address \_\_\_\_\_  
City/State \_\_\_\_\_ Zip \_\_\_\_\_  
Program phone number \_\_\_\_\_ Program E-Mail \_\_\_\_\_

### PAYMENT INFORMATION: All trainings must be paid for in advance.

Council 2016 Membership Number \_\_\_\_\_ (if applicable)

#### Payment options

☐ Visa ☐ Master Card ☐ AMEX ☐ Personal Check ☐ Money Order ☐ Business Check ☐ EIP Voucher

Make checks payable to: Child Care Council of Westchester

Name as it appears on credit card \_\_\_\_\_

Credit Card # \_\_\_\_\_ Expiration date \_\_\_\_\_

Billing Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip \_\_\_\_\_

Signature \_\_\_\_\_

Mail registration form to Child Care Council of Westchester, Attn: Finance Dept.  
313 Central Park Avenue, Scarsdale, NY 10583  
Fax to (914) 885-1110 OR you can register online at [www.childcarewestchester.org](http://www.childcarewestchester.org).

## Membership Form

Organization \_\_\_\_\_  
 Name \_\_\_\_\_  
 Title \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_  
 Website \_\_\_\_\_

## Membership Category

- ☐ Group Family Child Care Provider  
 (One site up to 3 staff members)  
 \$50.00
- ☐ Center Based  
     o Early Childhood Center  
     o Nursery School  
     o Pre-K Program  
     o School Age Program  
 \$4.00 x (# of children) = \$ \_\_\_\_\_  
 All employees in program \$4 per  
 child/licensed capacity up to max. \$500
- ☐ Family Child Care Provider  
 (Applicant plus one staff member)  
 \$40.00
- ☐ Individual  
 \$40.00  
     o Non-Profit Employee  
     o Other (Parent, Supporter, etc.)

Mail completed form with payment to:  
 The Child Care Council of Westchester  
 313 Central Park Avenue, Ste 4, Scarsdale, NY 10583  
 Or fax to (914)885-1110

## 2017 Membership Benefits

Membership is valid  
 January 1st-December 31st

- \* Discounted calendar trainings and on-site trainings
- \* Listing on our website, including a link to your website
- \* Free postings on the Council's job bank
- \* Membership certificate for your site to post
- \* Printed Council Training Calendar
- \* Free access to the Council's Children's Resource Corner
- \* Early announcements of special programs and opportunities
- \* Free Notary Public Services
- \* Invitation to attend free member only networking meetings
- \* Complimentary Council 2017 Calendar
- \* Participation in our membership referral program
- \* Invitation to attend exclusive member only annual events

## Payment Options:

- ☐ Check/Money Order (payable to Child Care Council)
- ☐ Mastercard
- ☐ Visa
- ☐ American Express
- Number \_\_\_\_\_  
 Expiration Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Name (PRINT) \_\_\_\_\_  
 Billing Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Amount \$ \_\_\_\_\_

Signature \_\_\_\_\_

## Additional Staff Covered Under Membership (if applicable)

Group Family Child Care Provider  
 1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_

Family Child Care Provider  
 1. \_\_\_\_\_

For more information  
 Contact:  
 Juanita Pope at  
 914-761-3456 ext. 106  
 juanitap@cccwny.org



# **Entrenamientos de Desarrollo Profesional**

**Enero - Mayo 2017**

**Vamos a Explorar y Descubrir en el  
Child Care Council of Westchester!**



La imagen de la portada fue reimpressa con permiso de Penguin Young Readers Group

## **Entrenamientos en Español!**

# INSCRIPCIÓN Y PAGO

## INSCRIPCIÓN Y PAGO

Cuando usted se inscribe para clases con el "Council", usted se compromete a seguir las políticas de inscripción y pago. Por favor complete la forma de inscripción para cada persona que atenderá a la clase. Guarde una copia para sus archivos. Su inscripción es aceptada a menos que empleados del "Council" se comuniquen con usted. Es mejor para usted inscribirse y pagar por adelantado por cada clase que vaya a tomar, pues de esta forma garantiza su cupo en la clase y así usted puede planear su asistencia en la fecha programada. Si no se inscribe por anticipado, inscribirse el día de la clase tendrá un costo adicional de \$5.00. Esto será una opción solamente cupo disponible. Los certificados se enviarán por correo después de que tome la clase y cuando el recargo generado sea recibido y procesado por el Departamento de Finanzas. Inscribise con anticipación. Las clases podrían ser canceladas si no hay un número mínimo de participantes.

## INSCRÍBASE 'ELECTRÓNICAMENTE'

Ir a [www.childcarewestchester.org](http://www.childcarewestchester.org). Haga clic en la sección "Servicios" en la parte superior de la página principal. Luego haga clic en "Calendario de Capacitación". Se enviará un correo electrónico de confirmación. Pagos electrónicos se aceptarán solamente por tarjeta de credito.

## INSCRIBASE POR CORREO O POR FAX

Envíe por Fax la forma de inscripción junto con la información de pago al fax: 914-885-1110 o envíe su inscripción por correo a: Child Care Council of Westchester, 313 Central Park Avenue, Scarsdale, NY 10583. Debe incluir su correo electrónico para que le enviemos la confirmación de su inscripción. La línea de FAX es segura.

La inscripción electrónica debe hacerse antes de las 4 de la tarde del día anterior a la fecha de la clase.

La inscripción realizada el mismo día de la clase se hará solo si hay cupo. Usted tiene que inscribirse por fax o en persona antes de las 4 de la tarde del día anterior a la clase.

El pago debe hacerse con cheque, Visa/Mastercard, "money order", o beca de "EIP". Pago electrónico se debe hacer con tarjeta de crédito. Habrá una penalidad de \$35 si el cheque no tienen fondos. Prueba de que se ha solicitado la beca de "EIP" NO se considera como pago. Solo la carta de otorgamiento de la beca será aceptada como pago. Si usted hace la solicitud para obtener la beca de "EIP" pero no recibe el certificado de otorgamiento antes de la clase, usted será responsable por el pago de la clase.

## COSTO

El costo de cada clase se encuentra en la descripción de cada clase.

## EIP APOYO PARA CLASES:

El Programa de Incentivo Educacional (EIP) apoya el desarrollo educacional de las proveedoras de cuidado infantil. Las becas son otorgadas en base a la necesidad financiera de los participantes y pueden ser utilizadas para clases y conferencias con el "Council". Por favor llame al 1-800-295-9616 o visite [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu) para obtener la solicitud y mas información al respecto.

## CRÉDITOS, REENBOLSOS, Y CANCELACIONES

Si usted no asiste a una clase que haya pagado, NO habrá reembolso del dinero como tampoco podrá reprogramar la clase. Si por el contrario, la clase es cancelada, el participante podrá pedir el reembolso del dinero o ponerlo como crédito para pagar otra clase. Para recibir un reembolso por entrenamiento que no puede asistir, debe notificar al Departamento de Finanzas por escrito. Puede enviar su solicitud por correo electrónico o por fax para hacer un cambio. Para recibir un reembolso de cualquier entrenamiento, debe cancelar por lo menos 48 horas antes de la clase programada. Envíe su solicitud por escrito a través de correo electrónico a [christinei@cccwny.org](mailto:christinei@cccwny.org) o por fax al (914) 885-1110 o por correo a The Child Care Council of Westchester, atención al: Departamento de Finanzas, 313 Central Park Avenue, Scarsdale, NY 10583.

## SER MIEMBRO DE NUESTRA ORGANIZACIÓN "CHILD CARE COUNCIL"

Los miembros de nuestra organización reciben un descuento en los costos de talleres, clases o conferencias.

## NIÑOS:

No es permitido traer niño(s) a la clase (tampoco se pueden quedar en la sala de espera). Por favor haga otros arreglos para el cuidado de sus hijos cuando tenga que tomar clases.

## CANCELACION DEBIDO A INCLEMENCIAS DEL TIEMPO:

Llame al (914) 761-3456, ext. 510 para saber si su clase fue cancelada.

## INICIO DE LA CLASE:

Los participantes deben tomar su lugar para iniciar la clase 15 minutos antes de que empiece. Nadie será admitido después de 15 minutos de haber comenzado la clase.



# Entrenamientos en Español

Nuevo

**Sábado, Enero 21, 9:30am - 11:30am**

## **Exploración de la Ciencia para los grupos de edades mixtas**

La ciencia es aprender sobre nuestro mundo y sobre todo lo que nos rodea. Nosotros podemos enseñar la química, la biología, la anatomía y ciencias de la vida a los niños de todas las edades. En este taller vamos a explorar cómo enseñar la ciencia en grupos de edades mixtas. A través de actividades prácticas, preparense para explorar cómo hacer limo niño seguro, plastilina casera, hábitats de insectos, redes de mariposa y mucho más. Van aprender cómo los insectos son nuestros amigos y por qué son tan importantes. Por encima de todo, preparense para divertirse!

**Modalidad - Edad:** : TODAS

**Tópicos:** (OCFS 1, 3) (CBK 1, 4)

**Instructora:** Angela Bayer-Persico,

Owner of Little Angels Child Development

**Costo:** \$25 Miembros CCCW/\$35 No-miembros

**Código:** 70121

y/ó

**Sábado, Enero 21, 12:00pm - 2:30pm**

## **Observación y Comunicación Referente al Abuso Infantil/ Síndrome del Bebé Sacudido**

Cuando observamos, comunicamos no sólo lo que vemos sino lo que pensamos, lo que sentimos y lo que suponemos. Miremos el proceso de la observación como un reporte imparcial, preciso, conciso y considerando lo que vemos. También miraremos el síndrome del bebé sacudido.

**Modalidad - Edad:** : TODAS

**Tópicos:** (OCFS 6, 8, 9) (CBK 2, 5 )

**Instructora:** Aniberca Rosario,

Entrenadora Bilingüe de Educación Temprana

**Costo:** \$25 Miembros CCCW/\$35 No-miembros

**Código:** 70122

**\*Puede utilizar fondos EIP para este entrenamiento\***

Cost

**Seleccione UNO o elija AMBOS  
a un precio REDUCIDO!**

**\$25 Miembros CCCW/\$35 No-miembros  
por UN entrenamiento, O Regístrate en AMBOS  
por \$40 miembros CCCW/ \$55 no-miembros**

**Sábado, Abril 29, 9:30am - 11:30am**

## **Entendiendo las Regulaciones: Para Proveedores del Cuidado Infantil en el Hogar Familia/Grupo**

Analizando diferentes situaciones miraremos algunas regulaciones. Cómo podríamos cumplir con lo mínimo que exige el Estado o mejor aún, cómo podríamos superar lo que es requerido?

**Modalidad - Edad:** : FG, C - TODAS

**Tópicos:** (OCFS 2, 4, 5, 7) (CBK 5, 7)

**Instructora:** Flor Tello,

Bi-lingual Registrar/Data Administrator, CCCW

**Costo:** \$25 Miembros CCCW/\$35 No-miembros

**Código:** 70430

y/ó

Nuevo

**Sábado, Abril 29, 12:00pm - 2:00pm**

## **Desarrollo Típico de los Niños: Cuando Actuar**

Como Proveedores de Primera Infancia usualmente somos los primeros en reconocer los indicadores del desarrollo de un niño o niña. En este taller revisaremos las expectativas de desarrollo, posible indicadores de retraso, también exploraremos estrategias y recursos para apoyar eficazmente a los niños pequeños a quienes servimos y a sus familias. Este taller abordará las necesidades de los niños de todas las capacidades de desarrollo, desde nacimiento hasta los cinco años de edad.

**Modalidad - Edad:** : FG - TODAS

**Tópicos:** (OCFS 1, 3) (CBK 1, 4)

**Instructora:** Luarben Bencosme M.S.Ed,

Bilingual Outreach Specialist

Lower Hudson Early Childhood Direction Center

**Costo:** \$25 Miembros CCCW/\$35 No-miembros

**Código:** 70431

Cost

**Seleccione UNO o elija AMBOS  
a un precio REDUCIDO!**

**\$25 Miembros CCCW/\$35 No- miembros  
por UN entrenamiento, O Regístrate en AMBOS  
por \$40 miembros CCCW/ \$55 no-miembros**

# “CPR” Con AED & Primeros Auxilios

En ésta clase vamos a practicar cómo poner en acción nuestras habilidades de CPR. Los estudiantes también van a aprender cómo usar el AED (dispositivo automático externo). Los participantes aprenderán cómo manejar situaciones de emergencias mientras llega ayuda profesional.

La tarjeta de certificación es válida por dos años a través de la organización “American Heart Association”. Todos los estudiantes que completen este curso, recibirán un certificado de entrenamiento de siex horas dado por nuestra agencia “Child Care Council of Westchester”. La clase cumple con los requisitos de OCFS.

## **Fechas**

Sábado, Febrero 18, 9:00am - 3:00pm

**Código:** 70219

Sábado, Mayo 20, 9:00am - 3:00pm

**Código:** 70520

**Modalidad/Edad:** TODAS

**Categorías de entrenamiento:** (OCFS 2, 3, 4)

**Entrenador:** Raquel Moran

Certificado Asociación Americana del Corazon y Instructor de “CPR & First Aid”

**Costo:** \$95 CCCW Miembros, \$105 No-miembros



**Podria Utilizar la ayuda financier “EIP”**

## Capacitación en Salud y Seguridad

El Estado de Nueva York requiere que las proveedoras de cuidado infantil tomen este curso de 15 horas antes de recibir su Registro o Licencia.

Cuando usted tome este curso recibirá un cupón válido por 90 días para que tome gratuitamente una clase regular en el “Council” (no incluye MAT, primeros auxilios, conferencias y eventos especiales).

Llame al (914) 761-3456, ext. 124, para obtener mas información.

## **Fechas**

Sábado, Enero 7 & 14, 9:00am - 5:00pm

**Código:** 70108

Sábado, Marzo 4 & 11, 9:00am - 5:00pm

**Código:** 70305

Sábado, Mayo 6 & 13, 9:00am - 5:00pm

**Código:** 70507

**Modalidad – Edad:** Solamente para F & GF

**Tópicos:** (OCFS 2, 4, 5, 6, 7, 8, 9)

**Instructora:** Flor Tello,

Bilingual Registrar/Data Administrator, CCCW

**Costo:** \$275



**INSCRÍBASE CON ANTICIPACION**

Inscríbase a través del internet

[www.childcarewestchester.org](http://www.childcarewestchester.org)

o también puede inscribirse por correo o por fax.

El formulario de inscripción está la página 31.

# Registración Sesión de Información

## Sesión de Información: Cuidado Infantil Familiar

Para las personas que están interesadas en obtener su "Registro" como proveedoras de cuidado infantil, estaremos ofreciendo una sesión de información gratuita acerca de diferentes aspectos tales como regulaciones, espacio físico y aspectos financieros.

Por favor llame al (914) 761-3456 ext. 124 para registrarse.

### **Fechas - 10:00am - 12:00pm**

Miércoles, Enero 4

Miércoles, Marzo 1

Miércoles, Mayo 3

**Modalidad - Edad:** F, G

**Instructora:** Flor Tello, Bilingual Registrar/Data Administrator, CCCW

**Costo:** Gratis - No se darán certificados de asistencia



# Child & Adult Care Food Program (CACFP)

## ***Child & Adult Care Food Program (CACFP) Sesiones de Información***

Para las proveedoras de cuidado infantil que están interesadas en participar en el programa de comida, estaremos ofreciendo una sesión de información sobre los diferentes aspectos del programa de comida para que puedan solicitar el reembolso de parte del dinero que utilizan en la alimentación de los niños(as) bajo su cuidado. Por favor llame al (914) 761-3456, ext. 124 o a la ext. 203 para inscribirse.

### **Fechas - 10:00am - 12:00pm**

Miércoles, Enero 4

Miércoles, Abril 5

Miércoles, Febrero 1

Miércoles, Mayo 3

Miércoles, Marzo 1

**Trainer:** Janet Romano-Fernandez,  
CACFP Bi-lingual Case Manager

**Costo:** Gratis - Se dará un certificado por 2 horas de clase en los temas de Salud y Nutrición

**\*CACFP es un programa de participación para todos\***

## ***Child & Adult Care Food Program (CACFP) Clases***

Programa de comida

Clases de CACFP – Gratis

Para proveedores de cuidado infantil que actualmente participan en el programa de comida (CACFP). Todo proveedor registrado en el programa de comida debe asistir a una clase cada año.

Para registrarse favor de llamar al  
(914) 761-3456, ext. 203 ó 124

### **Fechas - 10:00am - 12:00pm**

Sábado, Febrero 4, 10:30am - 12:00pm

Sábado, Abril 8, 10:30am - 12:00pm

**Trainer:** Janet Romano-Fernandez,  
CACFP Bi-lingual Case Manager

**Costo:** Gratis - Se dará un certificado por 1.5 horas de clase en los tópicos de Salud y Nutrición

**\*CACFP es un programa de participación para todos\***

## Inscripción Para Clases

Por favor copie este formulario.  
Por favor utilice un hoja por persona.

Título de la Clase _____	Código: _____
Costo: _____	Fecha de la clase: _____
Título de la Clase _____	Código: _____
Costo: _____	Fecha de la clase: _____
Título de la Clase _____	Código: _____
Costo: _____	Fecha de la clase: _____
COSTO TOTAL _____	

### INFORMACION PERSONAL

Nombre: \_\_\_\_\_

Dirección \_\_\_\_\_

Ciudad/Estado \_\_\_\_\_ Código postal: \_\_\_\_\_

Número de teléfono de casa \_\_\_\_\_

Email/Correo electrónico \_\_\_\_\_

La gustaría estar en nuestra lista del correo electrónico? ☐ Correo electrónico del programa ☐ Correo electrónico personal

### INFORMACION DEL PROGRAMA - Nombre del programa: \_\_\_\_\_

Director: \_\_\_\_\_

Dirección del programa: \_\_\_\_\_

Ciudad/Estado \_\_\_\_\_ Código postal: \_\_\_\_\_

Número de teléfono del programa: \_\_\_\_\_

Correo electrónico del programa: \_\_\_\_\_

### INFORMACION DE PAGO - Todos los talleres y clases deberán pagarse por adelantado.

Número de membresía con el "Child Care Council" (2016): \_\_\_\_\_ (si es aplicable)

Hacer cheques a nombre de: Child Care Council of Westchester

#### Opciones de pago:

☐ Visa ☐ Master Card ☐ AMEX ☐ Personal Check ☐ Money Order ☐ Business Check ☐ EIP Voucher

Nombre tal y como aparece en la tarjeta de crédito \_\_\_\_\_

Tarjeta de crédito #: \_\_\_\_\_ Fecha de Expiración \_\_\_\_\_

Dirección tal y como aparece en tarjeta de crédito: \_\_\_\_\_

Ciudad/Estado \_\_\_\_\_ Código postal: \_\_\_\_\_

Firma: \_\_\_\_\_

Envíe la forma de inscripción al:  
Child Care Council of Westchester, 313 Central Park Avenue, Scarsdale, NY 10583  
o envíela por Fax al (914) 885-1110







## On-site Training Child Care Centers & School Age Programs



CONVENIENT & AFFORDABLE  
TRAINING OPPORTUNITIES AT  
YOUR PROGRAM SITE!

**Choose any training topic**

Curriculum Development  
Art/Science/Literacy/Mathematics  
Early Learning Standards/Assessments  
Behavior Management/Child Development  
Pre-k Common Core Standards  
Working with Children with Special Needs  
Child Abuse Identification & Prevention  
OCFS Regulations  
Team Building/Professionalism  
Sheltering in Place

**OR**

**Choose your own topic!**

**It's that easy!**

For more information, contact Dana Doyle  
at (914) 761-3456, ext. 113 or [danad@cccwny.org](mailto:danad@cccwny.org)

## Online Training



Convenient and  
Affordable!  
24 hours a day -  
365 days a year

Complete your OCFS training  
requirements!

Take trainings for CDA renewal!

For a complete list of trainings,  
fees and registration instructions,  
go to [www.childcarewestchester.org](http://www.childcarewestchester.org)  
and click on  
*Child Care Aware Training Academy*

For more information, contact Idie Benjamin  
at (914) 761-3456, ext. 108 or [idieb@cccwny.org](mailto:idieb@cccwny.org)

## Renew Your CDA with The Child Care Council

**To renew your CDA, you need  
45 hours of training in the three years since you received your CDA.**

*Many Child Care Council courses meet the requirements for CDA Renewal.  
REGISTER TODAY!!*

**For CDAs with an Infant-Toddler credential,**

all coursework must be in early childhood education and/or child development for ages birth to 36 months.

**For CDAs with a Preschool credential,**

all coursework must be in early childhood education and/or child development for ages 3 to 5 years.

**For CDAs with a Family Child Care credential,**

all coursework must be in early childhood education and/or child development for ages birth to 5 years.

For all CDA Renewal requirements,  
go to <http://www.cdacouncil.org/credentials/renew-cda>

For assistance with your CDA Renewal,  
contact Idie Benjamin at [idieb@cccwny.org](mailto:idieb@cccwny.org) or 914-761-3456 ext. 108.