



Why should my Rheumatoid Arthritis patient consider a DMARD?

Disease-Modifying Anti-Rheumatic Drugs (DMARDs) are a class of medications that are used to treat Rheumatoid Arthritis (RA). Mercy Care Advantage wants to ensure that all our members with a diagnosis of RA and no contra-indications are taking a DMARD.

While many of our members find relief from the pain of RA through NSAID treatment, the standard is to utilize DMARD therapy as these drugs work to slow the progression of this disease and protect joints from permanent damage.

As our partners in health you can help! Here are some tips for caring for members with RA:

- Ensure that members with a diagnosis of RA are seeing a specialist and provide a referral if needed.
- Ask members with a known diagnosis of RA if they are taking a DMARD and if they are having any issues with taking or obtaining medication.
- Answer any questions the member may have regarding DMARD therapy.

To determine which DMARDs are covered, you can access our [MCA formulary](#) or other prescription drug benefit information.