



## 2021 Social Determinants of Health ICD-10 Diagnosis Codes

### Persons with potential health hazards related to socioeconomic and psychosocial circumstances (Z55-Z65)

---

#### **Z55** - Problems related to education and literacy

*Excl.:* Disorders of psychological development (F80-F89)

**Z55.0** - Illiteracy and low-level literacy

**Z55.1** - Schooling unavailable and unattainable

**Z55.2** - Failed examinations

**Z55.3** - Underachievement in school

**Z55.4** - Educational maladjustment and discord with teachers and classmates

**Z55.5** – Less than a high school degree

**Z55.6** – High school diploma or GED

**Z55.8** - Other problems related to education and literacy

Inadequate teaching

**Z55.9** - Problem related to education and literacy, unspecified

---

#### **Z56** - Problems related to employment and unemployment

*Excl.:* occupational exposure to risk-factors (Z57.-)

*Excl.:* problems related to housing and economic circumstances (Z59.-)

**Z56.0** - Unemployment, unspecified

**Z56.1** - Change of job

**Z56.2** - Threat of job loss

**Z56.3** - Stressful work schedule



**Z56.4 - Discord with boss and workmates**

**Z56.5 - Uncongenial work**

Difficult conditions at work

**Z56.6 - Other physical and mental strain related to work**

**Z56.8 - Other and unspecified problems related to employment**

**Z56.81 – Sexual harassment on the job**

**Z56.82 – Military deployment status**

**Z56.83 – Unemployed and seeking work**

**Z56.84 – Unemployed but not seeking work**

**Z56.85 – Employed part-time or temporary**

**Z56.86 – Employed full-time**

**Z56.89 – Other problems related to employment**

---

**Z57 - Occupational exposure to risk-factors**

**Z57.0 - Occupational exposure to noise**

**Z57.1 - Occupational exposure to radiation**

**Z57.2 - Occupational exposure to dust**

**Z57.3 - Occupational exposure to other air contaminants**

**Z57.31 – Occupational exposure to environmental tobacco smoke**

**Z57.39 – Occupational exposure to other air**

**Z57.4 - Occupational exposure to toxic agents in agriculture**

Solids, liquids, gases or vapors

**Z57.5 - Occupational exposure to toxic agents in other industries**

Solids, liquids, gases or vapors

**Z57.6 - Occupational exposure to extreme temperature**



**Z57.7 - Occupational exposure to vibration**

**Z57.8 - Occupational exposure to other risk-factors**

**Z57.9 - Occupational exposure to unspecified risk-factor**

---

**Z59 - Problems related to housing and economic circumstances**

*Excl.:* inadequate drinking-water supply (Z58.6)

*Excl.:* problems related to upbringing (Z62.-)

**Z59.0 - Homelessness**

**Z59.1 - Inadequate housing**

Lack of heating

Restriction of space

Technical defects in home preventing adequate care

Unsatisfactory surroundings

*Excl.:* problems related to physical environment (Z58.-)

**Z59.2 - Discord with neighbors, lodgers and landlord**

**Z59.3 - Problems related to living in residential institution**

Boarding-school resident

*Excl.:* institutional upbringing (Z62.2)

**Z59.4 - Lack of adequate food and safe drinking water**

*Excl.:* effects of hunger (T73.0), inappropriate diet or eating habits (Z72.4),  
malnutrition (E40-E46)

**Z59.5 - Extreme poverty**

**Z59.6 - Low income**

**Z59.61 - Unable to pay for prescriptions**

**Z59.62 - Unable to pay for utilities**

**Z59.63 - Unable to pay for medical care**

**Z59.64 - Unable to pay for transportation for medical appointments or prescriptions**

**Z59.65 - Unable to pay for phone**



**Z59.66 - Unable to pay for adequate clothing**

**Z59.67 - Unable to find or pay for child care**

**Z59.69 - Unable to pay for other needed item**

**Z59.7 - Insufficient social insurance and welfare support**

**Z59.8 - Other problems related to housing and economic circumstances**

Foreclosure on loan

Isolated dwelling

Problems with creditors

**Z59.9 - Problem related to housing and economic circumstances, unspecified**

**Z59.91 - Worried about losing housing**

---

**Z60 - Problems related to social environment**

**Z60.0 - Problems of adjustment to life-cycle transitions**

Adjustment to retirement [pension]

Empty nest syndrome

**Z60.2 – Problems related to living alone**

**Z60.3 - Acculturation difficulty**

Problem with migration

Problem with social transplantation

**Z60.4 - Social exclusion and rejection**

Exclusion and rejection on the basis of personal characteristics, such as unusual physical appearance, illness or behavior.

*Excl.:* Target of adverse discrimination such as for racial or religious reasons (Z60.5)

**Z60.5 - Target of (perceived) adverse discrimination and persecution**

*Excl.:* Social exclusion and rejection (Z60.4)

**Z60.8 - Other problems related to social environment**

**Z60.81 - Unable to deal with stress**

**Z60.82 - Inadequate social interaction - limited to once or twice a week**



**Z60.83 - Can hardly ever count on family and friends in times of trouble**

**Z60.84 - Feeling unsafe in current location**

**Z60.85 - Stressed quite a bit or very much**

**Z60.86 - Stressed somewhat**

**Z60.9 - Problem related to social environment, unspecified**

---

**Z62 - Problems related to upbringing**

*Excl.:* maltreatment syndromes (T74.-)

**Z62.0 - Inadequate parental supervision and control**

**Z62.1 - Parental overprotection**

**Z62.2 – Upbringing away from parents**

*Excl.:* problems with boarding school (Z59.3)

**Z62.21 – Child in welfare custody**

*Excl.:* problem for parent due to child in welfare custody (Z63.5)

**Z62.22 – Institutional upbringing**

**Z62.29 – Other upbringing away from parents**

**Z62.3 - Hostility towards and scapegoating of child**

**Z62.6 - Inappropriate (excessive) parental pressure**

**Z62.8 - Other specified problems related to upbringing**

**Z62.810 – Personal history of physical and sexual abuse in childhood**

*Excl:* current child physical abuse (T74.12, T76.32), current child sexual abuse (T74.22, T76.22)

**Z62.811 – Personal history of psychological abuse in childhood**

*Excl.:* current child psychological abuse (T74.32, T76.32)

**Z62.812 – Personal history of neglect in childhood**



Excl.: current child neglect (T74.02, T76.02)

**Z62.813 – Personal history of forced labor or sexual exploitation in childhood**

**Z62.819 – Personal history of unspecified abuse in childhood**

Excl.: current child abuse NOS (T74.92, T76.92)

**Z62.82 Parent-child conflict**

**Z62.820 – Parent – biological child conflict**

**Z62.821 – Parent – adopted child conflict**

**Z62.822 – Parent – foster child conflict**

**Z62.89 – Other specified problems related to upbringing**

**Z62.890 – Parent-child estrangement (NEC)**

**Z62.891 – Sibling rivalry**

**Z62.898 – Other specified problems related to upbringing**

**Z62.9 - Problem related to upbringing, unspecified**

---

**Z63 - Other problems related to primary support group, including family circumstances**

Excl.: Problems related to maltreatment syndromes (T74.-, T76), parent-child problems (Z62.-), problems related to negative life events in childhood (Z62.-), problems related to upbringing (Z62.-)

**Z63.0 - Problems in relationship with spouse or partner**

Excl.: counseling for spousal or partner abuse problems (Z69.1), counseling related to sexual attitude, behavior, and orientation (Z70.-)

**Z63.1 - Problems in relationship with in-laws**

**Z63.3 - Absence of family member**

Excl.: Absence of family member due to disappearance and death (Z63.4), Absence of family member due to separation and divorce (Z63.5)

**Z63.31 – Absence of family member due to military deployment**

**Excl.:** family disruption due to return of family member due to military deployment (Z63.71).

**Z63.32 – Other absence of family member**

**Z63.4 - Disappearance and death of family member**

Assumed death of family member

**Z63.5 - Disruption of family by separation and divorce**

Marital estrangement

**Z63.6 - Dependent relative needing care at home**

**Z63.7 - Other stressful life events affecting family and household**

**Z63.71 – Stress on family due to return of family member from military deployment**

**Z63.72 – Alcoholism and drug addiction in family**

**Z63.79 – Other stressful life events affecting family and household**

**Z63.8 - Other specified problems related to primary support group**

Family discord NOS

Family estrangement NOS

High expressed emotional level within family

Inadequate family support NOS

Inadequate or distorted communication within family

**Z63.9 - Problem related to primary support group, unspecified**

---

**Z64- Problems related to certain psychosocial circumstances**

**Z64.0 – Problems related to unwanted pregnancy**

**Z64.1 – Problems related to multiparity**

**Z64.4 – Discord with counselors**

**Z64.4 - Discord with counsellors**

Discord with:

- probation officer
- social worker

---

**Z65 - Problems related to other psychosocial circumstances**

**Z65.0 - Conviction in civil and criminal proceedings without imprisonment**

**Z65.1 - Imprisonment and other incarceration**

**Z65.2- Problems related to release from prison**

**Z65.3 - Problems related to other legal circumstances**

Arrest

Child custody or support proceedings

Litigation

Prosecution

**Z65.4 - Victim of crime and terrorism**

Victim of torture

**Z65.5 - Exposure to disaster, war and other hostilities**

*Excl.:* target of perceived discrimination or persecution (Z60.5)

**Z65.8 - Other specified problems related to psychosocial circumstances**

**Z65.9- Problem related to unspecified psychosocial circumstances**