

# BE A HERO

in the Fight Against Hunger



DONATE IN MARCH

A portion of every dollar and pound of food you donate will be matched!

All items are greatly appreciated including but not limited to:

- |                   |                             |
|-------------------|-----------------------------|
| Canned Meats      | Dried Beans                 |
| Canned Fruits     | Masa Harina                 |
| Canned Vegetables | Powdered Milk               |
| Canned Meals      | Peanut Butter & Jelly       |
| Instant Potatoes  | Cereal                      |
| Pasta & Rice      | Flour & Sugar               |
| Spaghetti Sauce   | Oil (vegetable, olive, etc) |
| Macaroni & Cheese | Baby Food & Formula         |



Minnesota  
FoodShare

Sponsored by Minnesota FoodShare and the  
Greater Minneapolis Council of Churches