



SUMMER 2019

PLAN YOUR SUMMER OF INSTRUCTION!

LESSONS

Private Lessons

10:00am - 8:00pm daily

Private Lesson Special

10 Lesson Summer Pack
\$300 for 10, 30 minute lessons
Must be used June 1 - Aug 31

Baseball Pitching Semi-Private Lessons

Tuesday's in June, July, Aug.
Ages 10-12 yrs, 6:00-6:55pm

CLASSES

B4 Fitness

Membership: \$60/mo
Summer includes:
Unlimited Classes
M-W-F 4-5pm, T-TH 7:00-8:00pm
Unlimited Open Gym with our
indoor Gym and outdoor Fitness trail
with workout circuit stations

Total Performance Hitting

Thursday's in June, July & August
Ages 10-12yrs, 6:00-6:55pm

All Skills Academy Class

Wednesday's in June, July & August
Ages 5,6,7, 6:00-6:55pm
Ages 8,9,10, 7:00-7:55pm

Sunday's in June, July & August
Ages 5,6,7, 10:00-10:55 am
Ages 8,9,10,11:00-11:55 am

CLINICS

"Big 3" Baseball Skills

Monday's and Tuesday's 3:30-5:30
on the following days
June, 3, 4, 10, & 11
July, 15, 16, 22 & 23
August, 12, 13, 19 & 20
Ages 13 - 18 \$60/day

Pitching/Catching Baseball Boot Camp

Wednesday's & Thursday's 4:00-5:30pm
on the following days
June, 5, 6, 12 &13
July, 17, 18, 24 & 25
August, 14, 15, 21 & 22
Ages 13-18 \$50/day

LEAGUES

Baseball Summer League

Monday Evenings
June 24 - July 29
6 weeks of instructional play
Ages 5-7, 5:30-6:45pm
Ages 8-10, 6:45-8:00pm
\$150 per player

Softball Summer League

Tuesday's & Thursday's Evenings
June 25 - July 25
12U - 18U, 5:30-9:00pm

**Visit our website for
more information:
www.frozenropes.com/chester**