

Camp Kudzu – Southeast GA update

Can you hear that? No, it's not Santa's reindeer and sleigh coming in at mach speed, it's the new BUZZ taking place in Southeast Georgia!

Progress is quickly shaping up and conversations are taking place with the Children's Wellness Coordinator at Children's Hospital of Savannah, diabetes educators of Every Day Diabetes Center, and new community partners like the Coastal Heritage Society to bring you year-round programming with the spirit of summer camp in what we are calling Camp Kudzu Southeast!

We all love Kudzu Family Camp weekends, and March 30-31, 2019 we are bringing a Family Camp opportunity closer to families living in Southeast and Coastal Georgia. Taking place at the Georgia Lions Camp in Waycross, GA, we will have traditional camp programming as well as something NEW for everyone (think giant catapult, painting, and other fun camp activities)! This will be a perfect way to include diabetes education, family bonding and fun to your weekend. Registration will be available soon, so keep your eyes peeled.



Hungry, anyone? A culinary program is in the works to challenge and reinforce the everyday obstacles your family might come to face. How about boring low carb snack options and the challenges of dining out without labels to calculate carbs? Our culinary program will include

hands-on fun to inspire and encourage healthy options in the kitchen, turn dining out into an engaging experience, and possibly even get a little dirty in the garden! Savannah's Coastal Heritage Society is looking forward to teaming up to help with this program offering.



Camp Kudzu Southeast is also connecting with the NEW Everyday Diabetes Center here in Savannah. Co-owners Jessica Adkins DNP, CNS, RN, CPNP-PC and Kris Brit BSN, RN, CDE, CPT have a mission of putting families at ease, connecting them with resources, and arming patients with enough knowledge to successfully manage diabetes through all stages of life (pediatrics into adulthood). We are excited to develop a strong relationship, serving more families affected by type 1 diabetes in Georgia.

As the year comes to a close, Camp Kudzu Southeast is excited for all the offerings that will be available in 2019.

Interested in volunteering or getting involved in the buzz? Contact Cyndi Satlow at csatlow@campkudzu.org.

Have a beautiful Holiday Season!