



SOROPTIMIST®

Investing in Dreams

Sorooptimist International of Grass Valley

sigrassvalley@gmail.com sigv.org facebook.com/sigrassvalley

www.sorooptimist.org sorooptimistsnr.org

April 2025 Newsletter

SIGV Calendar

*Happy Easter,
Happy April Showers!*

Business Meeting

Thursday, April 3rd
5:15 - 7:00 pm
NCCA

Board Meeting

Monday, April 14th
4:45 - 6:30 pm
Verger Mortgage
231 East Main St.,
Ste. A, Grass Valley
All members welcome!
RSVP to Bonnie.

April Birthdays:

Kristin Plante- 15th

Anti-Human Trafficking Symposium

Friday, April 4th
1:00 - 4:00pm
Sierra College Campus,
GV

eWaste Event

Saturday, April 19th,
10:00 - 2:00pm
Calvary Bible Church
Highway 174, GV

Planning Ahead:

Business Meeting

Thursday, May 1st
5:15 - 7:00 pm
NCCA

Board Meeting

Monday, May 12th
4:45 - 6:30 pm
Verger Mortgage

Outstanding Effort

Awards Luncheon

Thursday, May 8th
12:30-2:00pm NCCA

Spring is finally here, and with it comes a season of renewal, hope and fresh beginnings. Easter reminds us of the power of new possibilities, and in many ways, that's exactly what we're creating for the women and girls we support.

April is also National Volunteer Month, so Kate and I would like to take a moment to say THANK YOU. Sorooptimist wouldn't be what it is without the heart and dedication of all of you. Whether you've helped plan an event, mentored a woman, or simply shared our mission with a friend, you are making a real difference. Every bit of effort, no matter how small, plants a seed that may bloom into something incredible.

I hope you all take a moment to feel proud of the impact you're making.

Wishing you a fantastic April!

Kate and Bonnie

Soroptimist Mission

Soroptimist is a global volunteer organization that provides women and girls with access to the education and training they need to achieve economic empowerment.

The organization's mission is to transform the lives and status of women and girls through education, empowerment and enabling opportunities.

Soroptimist International envisions a world where women and girls will achieve their individual and collective potential, realize aspirations and have an equal voice in creating strong, peaceful communities worldwide

Soroptimist New Members


We welcomed Kristine Helvin at our last meeting. She comes to us from a hotel management career and is looking forward to our Projects. Marlene Sharon, a long time acquaintance, is her mentor.

Judy East,
Membership



Kristine Helvin,
New Member

Next month we will induct Gail Chastain who comes to us after a long career teaching high school students in Lake County. Gail is looking forward to working with students. Membership brochures will be available at meetings and events. Please take some and encourage your friends to join us in service and fun.



Anti Human Trafficking Awareness Symposium

FRIDAY, APRIL 4, 2025 • 1-4PM

FREE EVENT! SIERRA COLLEGE, NEVADA COUNTY CAMPUS
250 SIERRA COLLEGE BLVD, ROOM N-12, GRASS VALLEY

**Join us for this free,
impactful session of
education and awareness.**

- Identify the signs of human trafficking.
- Hear personal stories from survivors.
- Learn about the work that is being done in Nevada County to combat this growing threat.
- Learn how to keep your children safe from online predators.
- Gain ideas for how our community can prevent further trafficking and help victims.

You will hear and learn from:

- Nevada County District Attorney's Office
- Nevada City Chief of Police
- Family Justice Center
- Women of Worth
- Detective Joe Swallow
- Survivors of human trafficking

Sponsored by:



FREE EVENT! FREE PARKING.

Reserve your free spot! Seats are limited.

www.sierracollege.edu/ncc-events

AHT Symposium April 4th

All club Members WELCOME to attend!

Please scan the QR code on poster and reserve your spot.

This first ever multi-organization event is the hard work of Kristina Shramek and the AHT project team. Human Trafficking is an issue even in rural Nevada County. This symposium's will help attendees learn how to prevent and protect their loved ones from falling prey to sex trafficking. Local governmental organizations and survivors will provide tools to empower families and community members to identify the signs of trafficking and provide ideas for how our community can prevent further trafficking and help future victims.

Volunteers still needed to pass out the flyers for the symposium! Please help us get the word out about the symposium. We are hoping for a filled auditorium! The flyers can be found at Tina Skrukud's office, Verger Mortgage, 231 East Main Street, Suite A, Grass Valley. So far, flyers have only been distributed in Nevada City. We are in desperate need of assistance to get these flyers distributed. If you have any questions, please contact Kristina Shramek.

kshramek@att.net or 530-205-0323.

eWaste Event April 19th

Opportunity for club members!

This annual event held at Calvary Bible Church recycles almost 45,000 pounds of domestic/residential eWaste! This year we have a new partner sponsoring the event - Modern Waste. California Conservation Corp will be on site again to help direct traffic and set-up.

Club members are needed:

To work the event on April 19th. This one time project is fun and goes by quickly! We need a team of members to accept donations and recruit new potential members.

Questions? email: Lynn Mehren-Costa or Marlene Sharon
classiccosta@yahoo.com or msharon@mac.com

SNR eBlast March 15th Edition

See the article on our AHT Symposium!

Copy and Paste this link in your browser for latest Sierra Nevada Region eBlast!

<https://conta.cc/4i84MYe>



Soroptimist Intl of Grass Valley

EWASTE EVENT

SAT APRIL 19th

10 AM - 2 PM

11481 Hiway 174, GV
Church Parking Lot

ALL EWASTE ACCEPTED

SIGV Retreat on March 15th

Thirteen members and one member on zoom joined us for a day of introspection and evaluation. We investigated what worked and what were our challenges this past year. I am please to say that sentiment was that almost everything worked and there could be some “tweaking” to minor challenges.

We evaluated our Project Teams and decided to wait until the following year to bring back the AntiHuman Trafficking Team. We discussed new projects: Kare Crisis Nursery, Healthy Babies Support for Mothers, and Adoption of Silver Springs. Members signed up to be on the steering committees and those not in attendance can choose to be on the steering team or just choose to sign up as needed.

We discussed our fundraiser and suggested some positive changes for Fair Booth and Draft Horse Classic. The group decided to explore a larger public invitation to Winetasting. The consensus was to have A Day for Women in March of 2026. Steering committees were developed and anyone wanting to be included can do so at the next meeting.

The retreat notes, typed by Debbi, were distributed to members Sunday night.

Zero Waste Club Kit Fundraiser

Zero Waste Kits are still available to purchase! All money goes to the Delegate's Fund. The kits are a sustainable way to attend club meetings without using paper and plastic products that end up as waste in our landfills. The kits save the club money by not having to purchase single use plates, cups and cutlery. The kits are created with up-cycled thrift store items and all items are purchased locally. Each kit contains a plate, bowl, cup, coffee cup, silverware, napkin, tea towel and a tote bag.

Make a difference for the planet, the environment and for our community by supporting sustainability.

Look forward to new delegate fundraisers in 2025-26 Club Year!

Marlene Sharon, Delegate **\$20.00 to SIGV Order msharon@mac.com**

Sponsors \$50.00 per Annum Insertion in 12 Newsletters and Website



THE VERGER TEAM

Cell 530-713-2296
Office 530-274-2801

231 East Main St, Ste. A
Grass Valley, CA 95945

tina@empirehomeloans.com
www.vergerteam.com

TINA SKRUKRUD
Mortgage Specialist NMLS: 323839



THE VERGER TEAM

Cell 530-913-2591
Office 530-274-2801

231 East Main St, Ste. A
Grass Valley, CA 95945

kwydra@empirehomeloans.com
www.vergerteam.com

KIM WYDRA
Mortgage Specialist NMLS: 231268
DRE: 00981565




Tessa Marmorstein, CFP®
Financial Advisor

CA Agency Number 0C24309

100 Bank Street
Grass Valley, CA 95945
Bus. 530-205-9355

tessa.marmorstein@edwardjones.com



AMAH'S HEART
A REGISTRY OF INDEPENDENT
CARE PROVIDERS

- * Companions * Home Helpers
- * Special Needs
- * Transition Care * Hospice Care
- * Respite Care

Lynn Mehren-Costa, CFO Phone: (530) 205-7154
10185 Weber Street, Grass Valley CA 95945
www.amahsheart.com



Baehr Heating and Air
Commercial - Residential

Heating, Air Conditioning, Radiant & Solar Heating
Refrigeration and Green House Controls
100% Satisfaction Guaranteed

CL # 831711
Jay Baehr
Owner Phone (530) 675 0043
www.BaehrHeatingAndAir.com



Bonnie Resendes
 REALTOR® LIC# 02162839
 ☎ 530.558.9079
 ✉ Bonnie@ResendesRealtor.com
 🌐 ResendesRealtor.com

real

Mountain Treasures
 Jewelry and Sewing Designs



Judy East, designer

530.913.8479
 mountaintreasures@hotmail.com
 Mountain Treasures on Facebook

HEALTHY BABIES
Home Visiting Program

Debbi Sutton
 Administrative / Reporting Asst. and Family Resource Specialist

debbi@caofnc.org
 Office: 530-265-9550 ext. 237 Cell: 530-388-4980

 Healthy Families America  parents + teachers


Diana De Marco

Therapeutic Massage
 Deep Tissue, Swedish, Reiki Master
 Holding the space for you

815 Annex Ave., GV
 Home office--by appointment only
 Please no walk-ins

530.205.6700

Marlene Sharon, Newsletter Editor, Delegate