

June 30, 2023

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# American Rescue Plan Act Quarter 4 Report



Special thanks to our  
fiscal sponsor:



# Thank you to our ARPA funded partners:



HUMANIDAD  
Therapy & Education Services



Aliados Health  
Access | Equity | Advocacy | Innovation



**Sonoma Connect | Sonoma Unidos (SC | SU)** is a coalition of nonprofits and multi-sector partners utilizing organizational capacity building and a powerful new technology to eliminate adverse childhood experiences from systemic racism and poverty, to abuse and neglect

In July 2022, Sonoma Connect | Sonoma Unidos was awarded \$3 million in American Rescue Plan Act funding. The focus of our collaborative work is to provide a comprehensive response to the root causes of mental health disparities and enduring health inequities along racial, ethnic, and socioeconomic lines. Through our ten partners, the funding is being used to increase and strengthen client-centered, culturally responsive mental health support for our community.

## **Funded Partners doing direct services and collaborative systems change work:**

- Aliados Health
- The Botanical Bus
- Center for Wellbeing
- Community Action Partnership of Sonoma
- Child Parent Institute
- Hanna Institute
- Humanidad Therapy
- La Luz Center
- Raizes Collective
- Sonoma County Office of Education

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*Services are to be completed between July 2022 and December 2023, this report reflects all activities from the beginning of the program to the end of the current quarter. This report includes aggregate data on services provided and does not include individual-level data.*

# Overall Progress

July 1, 2022 to June 30, 2023



62%

average target % achieved

5815 individuals

## received culturally responsive mental health supports

- Farmworker clinics
- stress reduction education
- Individual and group therapy
- Group and community convivencias community building & cultural events cross-sector resource connection
- In-home family therapy

916 individuals



Potential reach:  
> 20,600

received professional development and/or training through mental health systems change partners. These staff, providers, and community members are better equipped to implement trauma-informed practices with potential to influence the lives of children, youth, and families throughout Sonoma County.

# Subcontractor Programs

Organization	Outputs	Highlights
Aliados Health	Program starts Fall 2023	<ul style="list-style-type: none"> <li>Creating a model program with Healthcare Foundation for paid traineeships for bilingual, bicultural third-year students in the social justice-focused USF Marriage and Family Therapy Masters program.</li> </ul>
Botanical Bus	5 farmworker clinics held with 96 participants	<ul style="list-style-type: none"> <li>Provided participants with 102 direct healthcare services</li> <li>All clinics have been registered to capacity</li> <li>completed training for our team of 3 BIPOC clinical apprentices</li> </ul>
Center for Wellbeing	78 participants in 3 CHW core training cohorts	<ul style="list-style-type: none"> <li>Held 2 speciality trainings on "Serving Families with Heart" for CHWs who serve families with children ages 0-5 years old</li> <li>Facilitated 12 CHW network meetings with 268 participants representing 75 organizations</li> </ul>
CAP	25 ACE screenings completed	<ul style="list-style-type: none"> <li>Held two Group Convivencias in collaboration with Humanidad Therapy</li> <li>Collaborated with RAIZES to bring art and indigenous danza for participant's post-screening healing</li> </ul>
CPI	27 families received in-home therapy	<ul style="list-style-type: none"> <li>The scope of work was expanded to include therapy, behavioral support, and parenting education for children and families.</li> </ul>
Humanidad	152 individual therapy 104 in community convivencias 76 in group convivencias	<ul style="list-style-type: none"> <li>Partnered with CAP's Via-Esperanza Family Resource Center and had two Bilingual Community Convivencias</li> <li>Engaged 864 adults and youth through community events</li> </ul>



# Subcontractor Programs

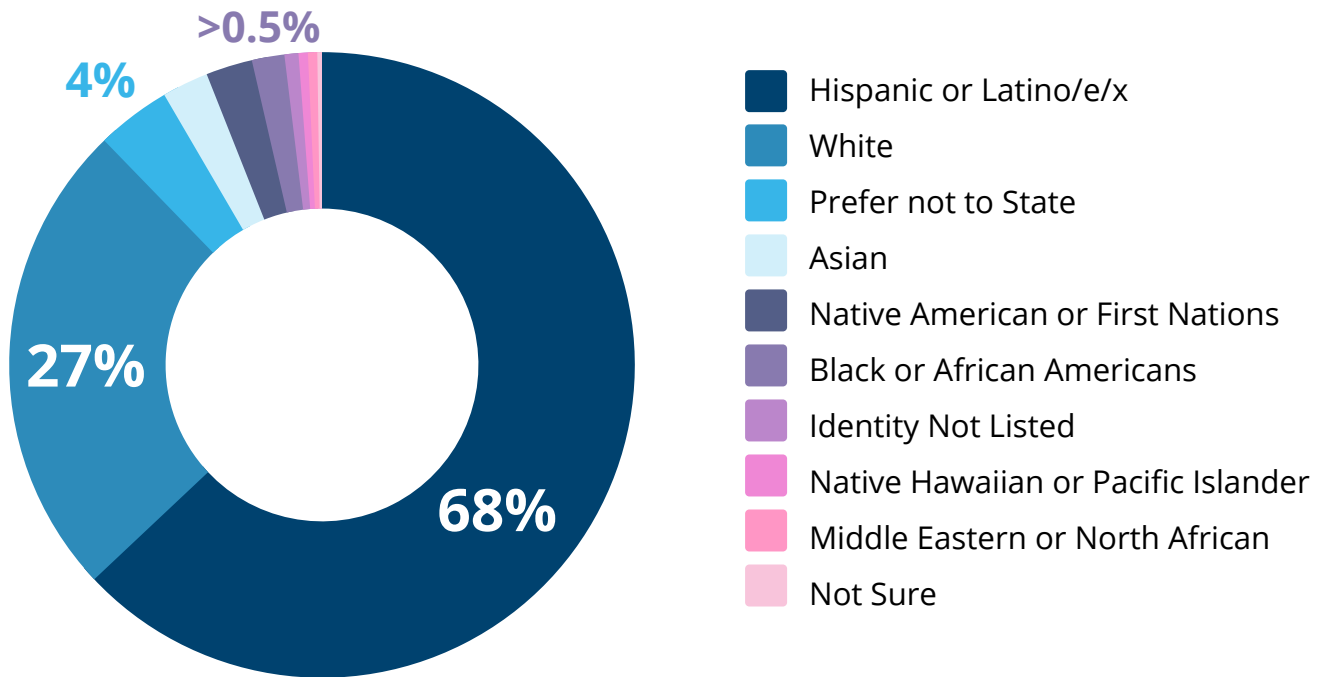
Organization	Outputs	Highlights
<b>Hanna Institute</b>	8 training opportunities with <b>448</b> participants	<ul style="list-style-type: none"><li>• Worked with the CA-AT team to create the Trauma-Responsive Practices in Sonoma County: Learning and Professional Development Needs survey.</li><li>• First live Spanish translation</li></ul>
<b>La Luz Center</b>	<b>109</b> participants in stress-education workshops	<ul style="list-style-type: none"><li>• 225 additional individuals received successful referral and navigation to partner agencies.</li><li>• 100% of participants identify as Latinos, 99% females</li></ul>
<b>RAIZES</b>	<b>877</b> event participants in <b>46</b> events including murals, pop-up art, and cultural events	<ul style="list-style-type: none"><li>• 8 events including 2 student murals and pop-art available at 5 community events</li><li>• Coordinated Indigenous Peoples Gathering with over 500 attendees</li></ul>
<b>SCOE</b>	<b>484</b> participants <b>35</b> training opportunities	<ul style="list-style-type: none"><li>• 7 different districts and 2 universities with a reach of 8,904 students</li><li>• Facilitated 8 Community of Practice meetings to foster Transformative Social Emotional Learning</li></ul>



# Performance Measures

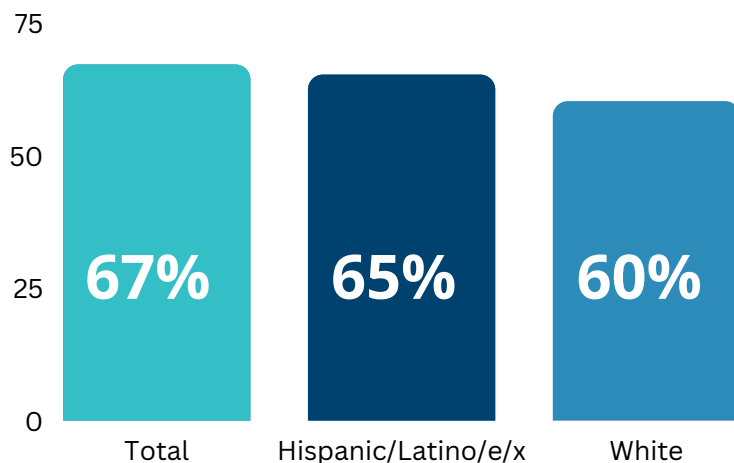
Based on data entered into Apricot

## Total Participants by Race/Ethnicity



### Better Off:

% participants reporting **they are aware of how to access local community support resources** for myself of others after engaging with SCSU partners



### How Well:

# 95%

of professional development participants who **would recommend** the training received

# Q3 Highlights



**RAIZES Collective Sonoma Valley High School Latinx Mural project** led and codesigned by Marisol Álvarez - Diaz, SVHS Senior was completed with the help of students to provide inclusivity for students of color. Specifically, those that feel culturally isolated in the school environment and who are not motivated systemically to pursue higher education. The Latinx Mural will represent a symbol of self-determination and vast possibilities.

**Humanidad (HTES)** successfully completed a Youth Group Convivencia with Montgomery High School. HTES worked closely with the counseling team and some of the teaching staff to create a supportive environment for each participant. At the start of the new year, HTES held a youth community convivencia for the Latino Services Provider's Youth Promotores Hub. 14 students attended the youth community convivencia.



# Q4 Highlights



**Hanna Institute** launched the **Trauma Responsive Sonoma** series. This series of workshops was designed and developed with input from the survey data gathered in the previous quarter through the Community Accountability Action Team. Due to the positive feedback and the significant turnout, planning for the next set in the series is underway with the focus being on building resiliency.

**Community Action Partnership of Sonoma** has partnered with **Humanidad Therapy** to do group convivencias as supportive gatherings to address ACEs and help build resiliency. The gatherings included a workshop for adults with two bilingual and bi-cultural therapists, dinner and child care. Participants were able to learn about ACEs, know their ACE score and practice mindfulness/healing tools.



# Action Team Progress

SC|SU brings together resource providers, service providers, and community members to form Action Teams grounded in an anti-racist, healing-centered framework that centers community voices to address fragmentation of resources. Current SC|SU Action Teams convene representatives from 91 Sonoma County organizations across five sectors.

## Screening Implementation Action Team

Objective: Increase screening for Adverse Childhood Experiences (ACEs) and Social Determinants of Health.

- Together we have achieved a **33% increase** in attested screeners from 228 (Feb 2021) to 304 (June 2023). 9 new attestations in 2023.
- Featured presentations on "Becoming a Trauma-Informed and Healing Organization" and incorporating ACE screenings into a CBO in a trauma-informed way to mitigate secondary trauma.



## Community Accountability Action Team

Objective: Co-creating antiracist and equity-centered frameworks to increase healing-centered engagement and trauma-responsive organizational capacity.

- **54 organizations** engaged in discussions around healing centered engagement, centering equity in our work, and building leadership capacity.
- The CA-AT Co-chairs and Backbone team attended 5 sessions of coaching with Equity First Consulting which allowed space to create intentional changes to the charter and develop definitions on **equity** and **anti-racism** for the initiative
- Co-created a stipend procedure for community representation in action teams and a **Land Acknowledgement**
- The team assisted Hanna Institute in a creation of a survey aimed to assess which Trauma Responsive Practices the community is seeking and what their needs are which led them to create the Trauma Responsive Sonoma Webinar series.

# Action Team Progress

## Resource Connection Network Action Team

Objective: Co-create a sustainable medical and social system integration tool using technology to connect existing platforms across sectors. The platform will support cross-sector care coordination, closed-loop referrals, data sharing, and shared case management between organizations.

Inspired by the Community Information Exchange model, this system will focus on integrating Social Service sector data systems with Healthcare sector Health Information data systems.

- **59 participants from 34 cross-sector organizations** actively participating in this Action Team
- Created a **FAQ webpage on the Resource Connection Network** including an explanation of why we are doing things differently, our consent process, NinePatch's technological capabilities, and client process/referral pathway.
- Held hybrid strategic planning session with 35 participants to discuss target state of the Resource Connection Network, what is needed to reach that, and created project milestones for 6-12 months.
- Our work in this area is getting multi-sector state and nationwide interest.
- The team has begun to vet and prioritize platform integrations with existing systems based on community needs.



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