



THE SWEET HEART PENDANT

Featuring Swarovski Stones
and Miyuki Seed Beads

Create Your Own

Written and designed by
Debra Schwartz for John Bead Corp.

blog.johnbead.com

John Bead Product List for the Sweet Heart Pendant

#96711221030223

Swarovski Stones 1122 Rivoli
14mm S Light Rose

#96711221035001

SWAROVSKI STONES 1122 RIVOLI
MM14 S AB CRYSTAL

#27753011170001

SWAROVSKI BEADS 5328 Bicone
3mm Crystal AB2X

#2775301117209

SWAROVSKI BEAD 5328 Bicone
3mm ROSE AB

#695SB11O-0643

Miyuki Seed Bead 11/0
Pink S/L Dyed Alabaster

#695SB11O-4210V

Miyuki Seed Bead 11/0 apx.22g
GalvanizDuracoat Hot Pink

#695SB15O-1051V

Miyuki Seed Bead 15/0 apx.22g
Silver Galvanized

#695SB15O-0643V

Miyuki Seed Bead 15/0 apx.22g
Pink S/L Dyed Alabaster

#695SB15O-0551V

Miyuki Seed Bead 15/0 apx.22g
White Opal Silver Lined

#74422020-01

Miyuki Nylon Beading
Thread B *Eggshell* (50m)

#74422020-03

Miyuki Nylon Beading
Thread B *Blush* (50m)

#74509850

Bead mat

#74509607

Scissors/Snips

#74509836

Thread burner (optional)
Wildfire Battery Operated Heat Cord Cutter

Step by Step Instructions for the *Sweet Heart Pendant*

Design & Pattern by *Debra Schwartz* for John Bead Corp.

Techniques: Basic bead weaving knowledge, PRAW (prismatic right angle weave), Circular Peyote, Peyote

You will need:

R (2) Swarovski Rivoli 14mm
- Light Rose

B3 (40) Swarovski 3mm bicone
- Crystal ABx2

S11 (8- 10 grams) 11/o Miyuki seed beads
- GalvanDuracoat Hot Pink

S15 (2-3grams) 15/o Miyuki seed beads
- silver galvanized

Beading Thread – Miyuki B - Blush

Beading needles – Gold Eye size 11 & 12

Beading mat

Scissors or thread burner

Finished Size: approx. 2 x 2 1/2 inches

Tips:

- You must know how to do PRAW to make this design.
- Thread tension: be careful not to pull the beading thread to tight as the rope will loose flexibility
- Cull the beads for uniformity and consistency.
- Switch to a smaller beading needle when necessary, to avoid breaking beads.

Sample Colorways for the Sweet Heart Pendant:

Pendant A:



R – Crystal AB

B3 – Crystal ABx2

D11 – GalvanDuracoat Hot Pink

S15 – Silver Galvanized

Pendant B:



R – Light Rose

B3 – Rose AB

D11 – Pink S/L dyed Alabaster

S15 – Pink S/L dyed Alabaster

S15 – White Opal S/L

Sweet Heart Pendant

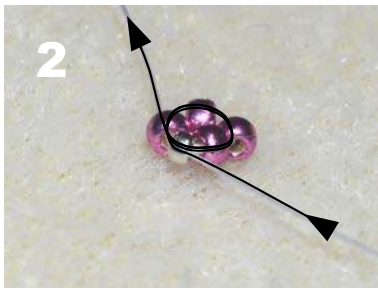
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Use a gentle thread tension
so the PRAW rope is flexible

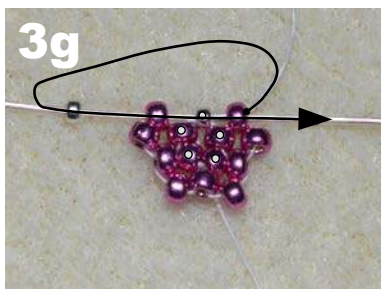
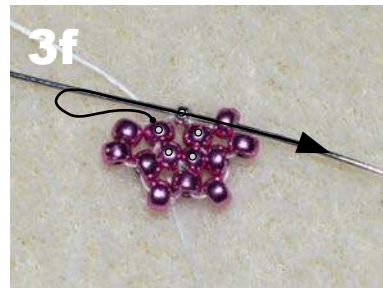
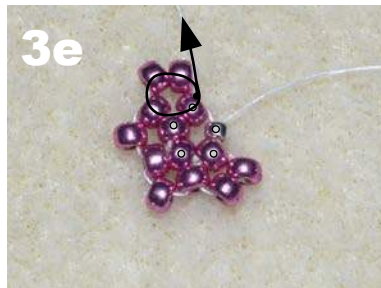
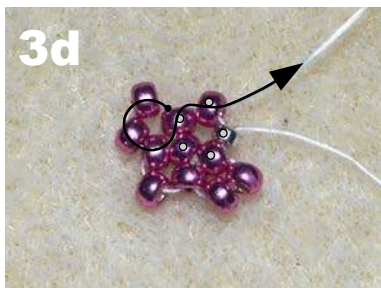
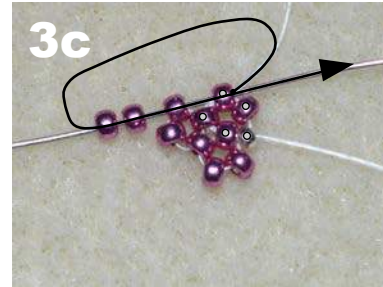
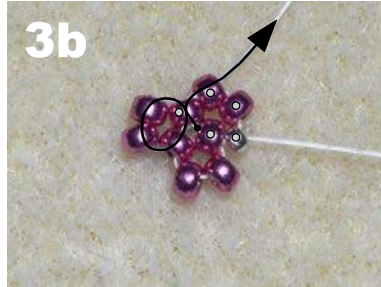
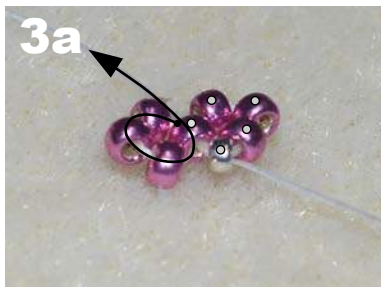
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1. Begin by threading a size 11 beading needle with approx. 4 to 5 feet of prepared beading thread. Leave a 10 to 12 inch tail thread.

2. PRAW rope: Pick up 1 S15 + 4 S11. Sew into a circle by going through all the beads again + the S15 and 1 S11. By exiting the S11 just after the S15, the last bead you add to each unit will be an S15. This will keep all the S15 beads aligned. [photo 2]



3. Work in PRAW to make a rope that is 26 units long / 27 S15 beads. The photos (3a to 3l) show how to make one PRAW unit. Repeat to make successive units on top of the previous unit. Beads marked with \circ are the five beads you start with. [photo 3a to 3l]

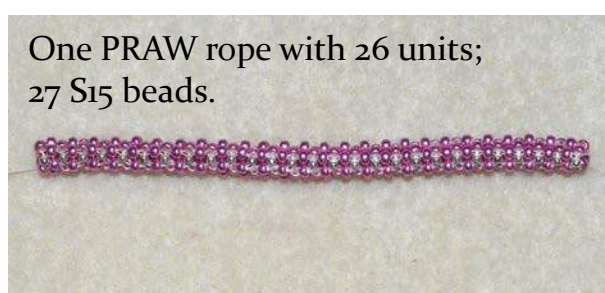
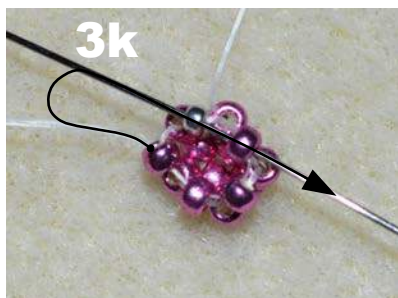
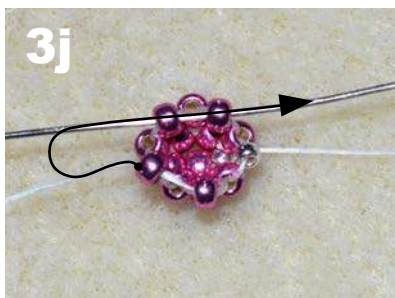


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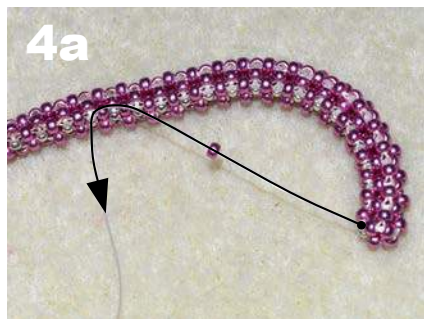
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3. Work in PRAW continued... Close the top of the unit by sewing through all the top beads. Thread exits the S11 just after the S15. [photo 3i to 3l]



4. Use the tail thread to join the end of the rope to the side of the rope; be careful to not twist the rope. The thread exits the S15 at the end of the rope, pick up 1 S11. Sew through the 18th S15 on the rope. Pick up 1 S11 and sew through the S15 you started with. Sew through the S11 next to the S15 on the end of the rope. Sew through the S11 on the rope that fits into the space and through the next S11 on the end of the rope. Do the same to the other side. Weave the thread into the bead work. Trim any excess. [photo 4a, 4b, 4c]



5. Repeat Steps 2, 3 and 4 to make another PRAW rope with a loop.

6. Make the bezel in the loop for the Rivoli:

Secure a *new* 2 to 3 foot strand of prepared beading thread to the loop part of the rope. Sew through the bead work so the thread exits the row just above the row of S₁₅ beads. Add 1 S₁₅ bead between each of the S₁₁ beads. When you have gone all the way around the loop, remember to step up. [photo 6a, 6b & 6c].



7. Work in peyote stitch around the loop using S₁₅ beads. Remember to step up at the end of the round. [photo 7a, 7b]



8. Sew through each of the S₁₅ beads. Pull the thread gently to snug the beads together. Double stitch this round. Sew down into the bead work (loop) to the other side to make the back of the bezel. [photo 8a, 8b & 8c]

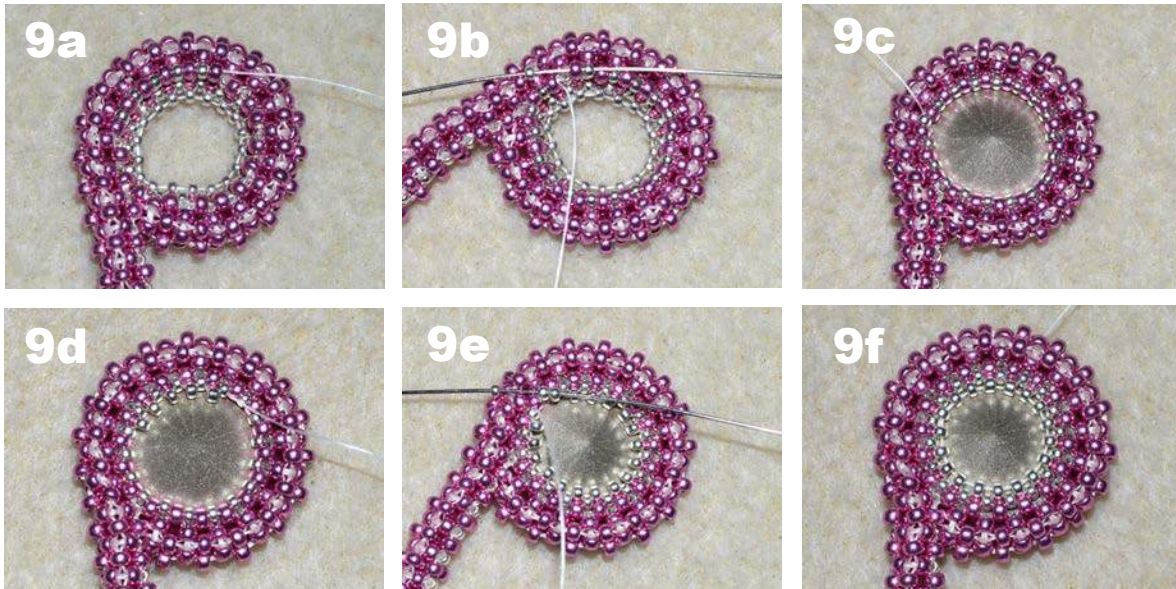


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9. Repeat Steps 6, 7 and 8 on the other side of the loop. However, place the rivoli in the bezel before adding the 2nd round of S15 beads; step 7. [photo 9a to 9f]



10. Repeat Steps 6, 7, 8 and 9 on the 2nd loop. Make sure that the loops face each other and that you have placed the rivoli correctly so the pretty side is up. The loop on the left will be like a backward 9. [photo 10]



11. Join the PRAW rope ends to make the point of the heart:

Be sure the thread is exiting the S15 bead. Pick up 1 S11. Sew through the S15 on the other rope end.[photo 11a, 11b]



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Be sure the thread doesn't snag
on previously added beads

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12. Pick up 1 S11. Sew through the S15 you started with. Pull the thread gently to snug the beads together. Sew through the bead just above/next to the S15 just exited. [photo 12a & 12b]



13. Pick up 1 S11 + 1 B3 + 1 S11. Sew through the ... bead on the other rope end. Gently pull thread to snug beads together. [photo 13a, 13b]



14. Sew through the bead work to the back of the pendant. Add 1S11 + 1 B3 + 1 S11 to the space on the back, like you did on the front. Pull the thread gently to snug the beads together. [photo 14a, 14b]



15. *Optional - I joined the B3s; sew through them + S11s, adding an S15 on either side. [photo 15]



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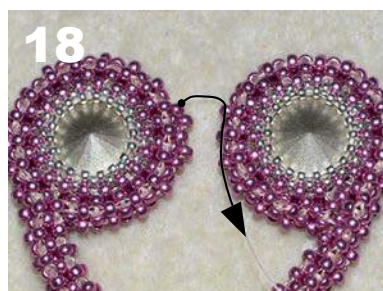
16. Join the loops: Secure a new 2 to 3 foot strand of prepared beading thread to one of the loops. The thread exits the 5th bead on the inner edge of the loop. Note: I am working on the back of the pendant. [photo 16]



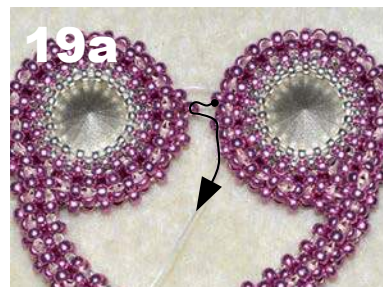
17. Peyote 1 S11 into the 6th and the 7th bead on the loop. Pull the thread gently to snug the beads into place. [photo 17a, 17b]



18. Sew through the top of the 7th bead on the opposite loop. [photo 18]



19. Using Peyote stitch, sew the beads added in Step 19 into the spaces on the other loop. Sew up through the S11 opposite the last S11 you exited.[photo 19a, 19b & 19c]



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20. Sew up through the S11s joining the loops. Sew through the beads on the inner edge of the loop to exit the 9th bead as shown in the photo.[photo 21]



21. Make the bail: Pick up 3 S15. Sew through the 9th S11. Using RAW stitch make 4 more RAW units. Make the last RAW unit with 3 S15 + the 9th S11 on the opposite loop [photo 21a, 21b]



22. Gently pull the thread to snug the beads together. Weave the thread into the bead work and trim any excess. [photo 22]



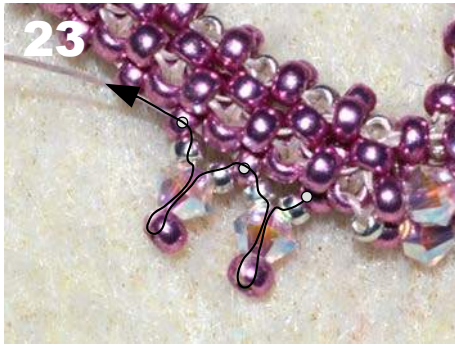
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23. Embellish the outside edge of the heart with 3mm crystal bicones:

Secure a *new* 2 to 3 foot piece of prepared beading thread to the bottom of one side of the pendant. The thread exits the first horizontal bead marked with a dot ○, after the point join. Pick up 1 S15 + 1 B3 + 1 S11. Sew down through the B3. Pick up 1 S15 and sew through the next horizontal S11 on the rope; marked with a dot ○. Continue adding crystals to the side of the rope as explained all the way up the side of the heart. Weave the thread into the bead work. Trim any excess. [photo 23]



24. Repeat Step 23 on the other side of the heart. [photo 24]



You're Done! Enjoy wearing your new
Sweet Heart Pendant