

# Thriving LEADERSHIP

Increasing Well-Being, School Culture & Student Achievement



**Tuesday, March 10, 2026**  
**9:30-10:30 AM \*Zoom**

**Free to ESSAA members.**

## WHAT TO EXPECT:

In this interactive session, you will learn how applying thriving leadership and the science of well-being to schools significantly elevates well-being, school culture and student achievement.

You'll gain:

- A foundational understanding of thriving leadership and what helps leaders and school communities thrive. You'll learn about the PERMA-V framework, a research-backed model proven to impact individual and school well-being and success.
- Actionable, practical strategies you can use to boost well-being, improve your school's culture, and dramatically improve student outcomes.
- Ideas for you to increase your own well-being. You deserve to thrive, and thriving leaders are best able to help staff and students thrive and achieve!

Spend one hour on yourself and your school community to build a strong foundation for elevating well-being, school culture, and student success.



**This workshop  
is presented by  
Dr. Rick Evans**

Participants earn (1) hour  
of CTLE professional  
development credit applicable  
toward the hours needed  
for continuing certification.

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