

# Cooking with Soy Beans



8 week business model training course coordinated by former W/NP Youth Ambassador [Lilliam Perez Somarriba](#) in collaboration with Thrive. The cooking class held every Friday at the W/NP Managua office is designed to teach how to cook certain foods and also how to market and sell the foods they make. In this class today there are 15 students and two teachers, a mother and daughter who own an organic food business in Nicaragua. The goal is for the women to go back to their communities and open up their own businesses. For example, in today's class the students learned how to make soy milk from soy beans and also how to make a soy meat/tofu dish.

