

The Professional Formation Center for the Early
Relational Health Workforce
at Montclair State University



Professional Development topics in Infant and Early Childhood Mental Health

**FREE virtual workshops presented by the
Professional Formation Center
for the Early Relational Health Workforce
at Montclair State University
(aka SEFI)**

As part of our professional formation offerings, in addition to the Keeping Babies and Children in Mind and Pyramid Model workshop series, 3Cs (Conversations for Connection, Comfort and Calm), 4Cs (Reflective Supervision Consultation), and PFC (Professional Formation Communities), we offer **FREE** professional development workshops on different topics in early relational health and early childhood mental health.

Join us for any of the offerings coming up this Winter and Spring, and feel free to share with colleagues or contacts. Each workshop includes an interactive session

either 90 minutes, 120 minutes, or 180 minutes long, packed with valuable information related to the important work you do with children and families.

If you are unable to attend or the workshop is full, please look at the other dates and times, and know that we will be offering additional opportunities to attend these workshops throughout the year.

E-mail us at sefi@montclair.edu if you have questions or would like to be added to our mailing list.

Professional Development Topics **Summer 2025**

Stop, Drop & Roll: Addressing Behaviors that Challenge

Addressing behaviors that challenge often cause us to feel like we are 'putting out fires' all day long. This workshop packages effective actions within a Stop, Drop, and Roll framework that aim to help adults 'extinguish' concerns that arise. Participants will learn strategies that help us stop 'fueling the fire', strategies that drop the stress that surround behavior, and strategies that help us roll out individualized actions that support positive behavior.

Tuesday, July 15th from 6:30-8:30pm

- To register on NJCCIS, log into your account at njccis.com and use Event ID: **148537**
- NOT a member of NJCCIS? Click [here](#) to register

Early Speech & Language Development

This presentation will provide participants with the opportunity to learn about the importance of language development in early childhood as well as major milestones. Simple tips to promote communication will be shared. Participants will also have the opportunity to learn how to identify challenges in language development that may indicate the need for potential intervention as well as ways to access assessment/intervention services.

Thursday, August 14th from 9:00-10:30am

- To register on NJCCIS, log into your account at njccis.com and use Event ID: **148553**
- NOT a member of NJCCIS? Click [here](#) to register

Supporting the Social and Emotional Development of Young Children diagnosed with Autism

When a child is diagnosed with autism, one of the two criteria is that the child is having persistent challenges in social communication and social interactions across contexts. The diagnostic label of autism does not cause these social and emotional challenges but we are learning more about what does. Join us for a presentation and conversation to learn more about ways to help young children with a diagnosis form close adult and peer relationships, experience, manage, and express their emotions and explore their environment and learn all in the context of family, community, and culture.

Thursday, August 7th from 9:00 - 10:30am

- To register on NJCCIS use Event ID: **148549**
- NOT a member of NJCCIS? Click [here](#) to register

Introduction to Regulation & Sensory Safety

This workshop will provide participants with foundational understanding of the emerging framework of early relational health and the early relational health workforce in our state. Participants will receive a comprehensive understanding of the origins and development of early relational health, and review strategies to build early relational health through their work.

Wednesday, August 6th from 6:00-7:30pm

- To register on NJCCIS, log into your account at njccis.com and use Event ID: **148550**
- NOT a member of NJCCIS? Click [here](#) to register

Trauma-Informed and Healing-Centered Care

This workshop reviews the impact of trauma on the well being of young children and how programs can respond through trauma-informed practices. We also introduce the concept of healing-centered care, and discuss strategies that can be used at programs and within families that enhance or transform the climate to be healing-centered.

**** In Spanish****

Monday, August 18th from 6:00-7:30pm

- To register on NJCCIS use Event ID: **148551**
- NOT a member of NJCCIS?
Email sefi@montclair.edu

Introduction to Early Relational Health

This informative workshop will provide participants with foundational understanding of the emerging framework of early relational health and the early relational health workforce in our state. Participants will receive a comprehensive understanding of the origins and development of early relational

health, and review strategies to build early relational health through their work.

**** In Spanish****

Thursday, August 21st from 6:30-8:00pm

- To register on NJCCIS use Event ID: **148552**
- NOT a member of NJCCIS?
Email sefi@montclair.edu

*** Registration is required - Group sizes are limited ***
Must have working computer with microphone and webcam

**** IMPORTANT Registration NOTE:** If you have a profile on NJCCIS, please register through that system. If you do not have a profile on NJCCIS and would like to register outside of this system, you will need to create profile on the Steamsonline registration system if you do not already have one.

If you already have a Steamsonline profile, please log into your already existing profile, do not create a new one. Be sure to select the date and time that you would like to register for.

Please be prepared to actively participate in at least one or more ways:

1. One person on each device
2. Camera On for most/all of each session
3. Interaction by using the chat box, gestural emojis, and/or Unmute features
4. Be free of childcare duties and responsibilities

Questions for our Team? Email sefi@montclair.edu

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