

# PROFESSIONAL DEVELOPMENT CALENDAR MAY 2026



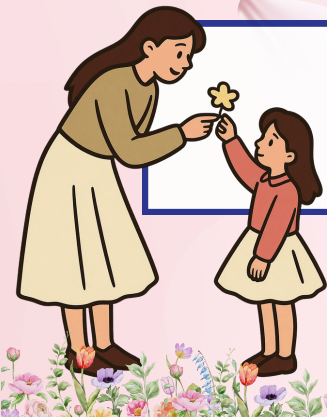
BERGEN COUNTY  
DEPARTMENT OF HUMAN SERVICES  
DIVISION OF CHILD CARE RESOURCES  
ONE BERGEN COUNTY PLAZA • 2ND FLOOR  
HACKENSACK, NJ 07601-7075  
(201) 336-7150

Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

				1	2 Adult/Pediatric CPR, First Aid & AED English ID: 153079 Spanish ID: 153081
4	5	6 ITERS-3 Part II- Spanish Private Class	7	8	9
11	12 Tiempo Libre para Cuerpos en Movimiento 6:00 PM - 7:00 PM Event ID: 153737	13 The Growing Brain Unit 5: Emotional Development 6:30 PM - 7:30 PM Event ID: 153776	14	15 Keeping children healthy by reducing the spread of germs during diaper changes Private Class	16 Adult/Pediatric CPR, First Aid & AED English ID: 153079 Spanish ID: 153081
18 The Growing Brain Unit 4: Cognitive and Executive Function 6:30 PM - 7:30 PM Event ID: 153697	19	20 Family Child Care & FFN Orientation Eng: 10:30 AM- 12:30 PM Event ID: 153757 Spa: 12:30 PM- 2:30 PM Event ID: 153758	21	22 Sudden Infant Death Syndrome (SIDS) Private Class	23
25	26 Emergency Preparedness 6:30 PM - 7:30 PM Event ID: 153795	27 Utilizando las Practicas Apropriadas del Desarrollo Para Configurar Su Programa de Cuidado de Niños en Casa (FCC) 6:00 PM - 7:00 PM Event ID: 153736	28	29	

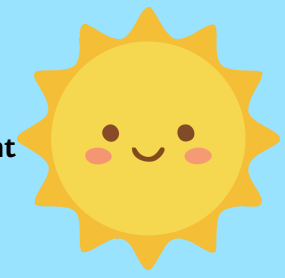
Contact Us  
Andrea Alexander  
aalexander@bergencountynj.gov  
(201)336-7167  
Lead Trainer

To Register for Training, Please Visit:  
[www.NJCCIS.com](http://www.NJCCIS.com)





# Description of Training Classes:



## Tiempo Libre para Cuerpos en Movimiento May 12, 2026 • 6:00 PM – 7:00 PM

Explore fun, developmentally appropriate ways to support children’s physical growth through movement and play. This session highlights simple activities that build coordination, confidence, and healthy habits while keeping children engaged and active.

## The Growing Brain Unit 4: Cognitive and Executive Function May 18, 2026 • 6:30 PM – 7:30 PM

Discover how children develop thinking skills, problem-solving abilities, and self-control. This session explains the foundations of executive function and offers practical strategies to help children focus, follow routines, and build independence through daily experiences.

## The Growing Brain Unit 5: Social-Emotional Development May 13, 2026 • 6:30 PM – 7:30 PM

Learn how young children develop social and emotional skills and how everyday interactions help shape the brain.

This session focuses on building strong relationships, supporting emotional expression, and creating environments where children feel safe, connected, and understood.



## Emergency Preparedness

### May 26, 2026 • 6:30 PM – 7:30 PM

Gain confidence in preparing for emergencies in child care settings. This session covers essential steps for planning, responding, and communicating during unexpected situations. Participants will learn practical tools to keep children safe and remain calm under pressure.

## Utilizando las Prácticas Apropriadas del Desarrollo Para Configurar Su Programa de Cuidado de Niños en Casa (FCC) May 27, 2026 • 6:00 PM – 7:00 PM

Learn how to use developmentally appropriate practices to organize and enhance your home-based child care program. This session provides clear strategies for creating safe, stimulating environments that meet the needs of children at every stage.



Bergen County Executive, James J. Tedesco III, and the Bergen County Board of Commissioners, together with the Bergen County Department of Human Services, Division of Child Care Resources in partnership with the American Red Cross invite you to join

### Adult & Pediatric CPR, First Aid, and AED Training

*Blended Learning Program with 2-Year Certification*

A four-hour online training will be emailed to all registered participants on the day of the training.  
A two-hour in-person CPR skill training will be scheduled at One Bergen County Plaza, Hackensack, NJ 07601  
Cost is \$70.00 per person for a two-year Certificate

**May Trainings:**  
May 2, 2026, and May 16, 2026  
9:30 am in English (Event ID for NJCCIS 153079)  
11:30 am in Spanish (Event ID for NJCCIS 153081)

**Training Location:**  
One Bergen County Plaza  
Hackensack, NJ, 07407

Registration is required. Space is limited.  
Register through NJCCIS or contact Andrea Alexander at AAAlexander@BergenCountyNJ.Gov or (201) 336-7167



James J. Tedesco III  
Bergen County Executive

Bergen County Board of Commissioners  
Steven A. Tanelli, Chairman • Tracy Silina Zur, Vice Chairwoman • Dr. Joan M. Voss, Chair Pro Tempore  
Mary J. Amoroso • Rafael Marte • Germaine M. Ortiz • Thomas J. Sullivan

