

# MOVE, GROOVE & LEARN!

Igniting Children's Minds  
Through Dance and Music

 Saturday, August 2, 2025






 10:00 AM – 12.00 PM

 In-Person Workshop

One Bergen County Plaza, 4th Floor  
Hackensack, NJ 07601



## What You'll Learn:

-  Self-Regulation through rhythmic movement
-  Confidence & Self-Esteem building
-  Language & Literacy through music
-  Social-Emotional connection
-  Physical & Cognitive development



This high-energy, hands-on class blends dance, music, and early learning strategies to help children thrive across all domains. Come ready to move, laugh, and learn techniques you can use every day!



**Register Now – Spots Are Limited!**

Register on [NJCCIS.com](https://njccis.com) Event ID: 149279