

OCTOBER 2026

SIDS Awareness Month

Webinar Wednesdays

Join us each Wednesday for expert-led webinars on safe infant sleep, SIDS, SUID, and family education.



A Quality Improvement Project to Improve Safe Infant Sleep Practices in the NICU

Presenter: Tracey Koplick, MSN RN CCRN, Clinical Nurse Specialist in the NICU at Morristown Medical Center

Preterm and low birthweight infants are particularly vulnerable to SIDS and SUID with an incidence of death 2-3 times greater than healthy term infants. We'll explore the quality improvement initiative at Sam's NICU, a Level III Neonatal Intensive Care Unit at Goryeb Children's Hospital, to improve safe sleep practices in the NICU prior to discharge in an effort to promote patient safety and improved family-centered care outcomes.



Date:

Oct. 7, 2026 • 12 PM

[Register Here](#)



A Child Dies: A Portrait of Family Grief

**Presenter: Joan Arnold, PhD, RN
First Coordinator of the NYC Information and Counseling Program for Sudden Infant Death**

Coauthor of **A Child Dies: A Portrait of Family Grief**
Winner of the 1994 American Journal of Nursing Book of the Year Award

Through an exploratory discussion, enhanced with selected works of art and poetry, this program will consider the dimensions of grief on the sudden death of an infant. The complexities and profound nature of grief for parents, family members, and caregivers will be considered.



Date:

Oct. 14, 2026 • 12 PM

[Register Here](#)



Safe Infant Sleep: Reducing the Risk of SUID from Birth to 12 Months

**Presenter: Ariana Nuñez-Restituyo, MPH
Health Education & Social Media Manager SCNJ
Adjunct Instructor, RWJMS**

Learn about SIDS, SUID, and the latest American Academy of Pediatrics (AAP) safe sleep recommendations for the first year of life. Review examples of unsafe or recalled infant sleep products and learn practical ways to educate families. Test your knowledge with an interactive activity and explore free SCNJ resources to support safe sleep education in your community.



Date:

Oct. 21, 2026 • 12 PM

[Register Here](#)



A Conversation with the Medical Director of the SIDS Center of NJ

**Presenter: Thomas Hegyi, MD
Professor, Department of Pediatrics, RWJMS
Medical Director, SIDS Center of New Jersey
Director, Neonatal-Perinatal Medicine Fellowship Program**

Dr. Hegyi will respond to your questions about Sudden Unexpected Infant Death, including SIDS, the latest research, safe sleep, and other risk reducing strategies.



Date:

Oct. 28, 2026 • 12 PM

[Register Here](#)