



UNITED MENTAL HEALTH PROMOTERS

You're invited to participate in a free, educational, and informative workshop to learn about mental health and wellness by the **Los Angeles County United Mental Health Promoters Program**.

DATE: Wednesday, March 8, 2023

TIME: 6:00-7:30 PM

LOCATION: ZOOM

TOPIC: Understanding the Impact of Addiction and
Mental Wellness

This workshop will be held via Zoom in **English only**:

Zoom ID: 886-8933-0091

<https://lacoed-edu.zoom.us/i/88689330091>

For more information, contact: Heidi Garcia, 562-783-3723
Teresa Murillo, 562-783-3724

