

Health Management Programs Improve Member Health

Molina Healthcare offers focused Health Management Programs that can significantly influence the health of our members and provide a variety of helpful services for those with chronic conditions such as asthma, depression and diabetes.

Molina Healthcare offers the following Health Management Programs to our members:

- Asthma management
- Depression management

All Health Management Program interventions are targeted to the specific needs of each member. Members are automatically enrolled based on medical and pharmacy claims. Program materials include condition specific pamphlets and brochures, workbooks, patient logs, action plans, newsletters and other tools that educate the patient on how to manage his or her condition. In addition, nurses or health educators reach out to patients and provide care management to those who will benefit the most from more frequent, in-depth follow-up. Physicians receive results of their patient's self-assessments and updates describing interventions and education offered to members. In addition, practitioners receive notifications and patient profiles on all members enrolled in any of the Health Management Programs.

At each point of contact, members are encouraged to discuss their care with their provider and follow their plan of treatment. Other services available to members include having access to the 24-hour nurse advice line. Members can call and speak to a nurse for advice on any health problems or be connected with a licensed professional for behavioral health issues. Molina Nurse Advice Line has highly trained nurses that can help members any time of the day. They can help decide what to do to get their family feeling better fast. A nurse can help decide if they should see a provider right away. The nurses can also help make an appointment if they need to see a provider quickly. They will also call the member back to see how they are doing. All Health Management Programs are voluntary, and members can stop participating at any time. If you have a Molina Healthcare patient you think will benefit from receiving educational materials or talking with a Case Manager, please refer them to our Health Management Programs by calling the Health Management Department at **(866) 891-2320, TTY/TDD: 711**.

You can find more information about our programs on the Molina Healthcare website at MolinaHealthcare.com.