

PD Care Partner Support Group

Please join us for our support group for care partners of those with Parkinson's disease. We hope the support group provides you with a place to connect with other care partners, share stories, gain new perspectives, and share coping strategies with others going through similar experiences.

Date: 2nd Tuesday of the month

Time: 2:30-3:30 PM (CT)

Location: Virtual

Cost: Free

2021 Schedule:

January 12th: "Care and Share" session: open discussion about caring for someone with PD

February 9th: How and When: Looking for Long-term Care

March 9th: "Care and Share" session

April 13th: Caregiving Solo: How to manage when you're the only one

May 11th: "Care and Share" session

June 8th: Palliative and Hospice

July 13th: "Care and Share" session

August 10th: Realistic Expectations for Paid Help

September 14th: "Care and Share" session

October 12th: Resources to Know about-PMD Alliance

November 9th: "Care and Share" session

December 14th: Tips for getting through the holidays/living your best life while caring for someone with PD –members share their best ideas

Contact Erin to register via e-mail at erin.cecchi@nm.org