

Women's PD Support Group

Please join us for our online support group for women with Parkinson's disease. We hope the support group provides you with a place to connect with other women, share stories, gain new perspectives, and share coping strategies with others going through similar experiences.

Date: 2nd Tuesday of the month

Time: 11:30-12:30 PM (CT)

Location: Virtual

Cost: Free

2021 Schedule:

January 12th: "Care and Share" session: open discussion about living with PD
February 9th: Mental Health
March 9th: "Care and Share" session
April 13th: Cognitive Health
May 11th: "Care and Share" session
June 8th: Clinical Trials/Research Updates
July 13th: "Care and Share" session
August 10th: Dealing with Symptoms in Public
September 14th: "Care and Share" session
October 12th: Illness Identify and Perceptions
November 9th: "Care and Share" session
December 14th: Tips for living your best life with PD –members share their best ideas

Contact Erin to register via e-mail at erin.cecchi@nm.org