

General PD Support Group

Please join us for our support group for our PD community. We hope it provides you with a place to meet, share stories, gain new perspectives, and share coping strategies with others going through similar experiences.

Date: 1st Wednesday of the month

Time: 2:00-3:00 PM (CT)

Location: Virtual

Cost: Free

2021 Schedule:

January 6th: “Care and Share” session: open discussion about living with PD

February 3rd: Clinical Trials/Research Updates

March 3rd: “Care and Share” session

April 7th: Nutrition and Diet

May 5th: “Care and Share” session

June 2nd: Preparing for the Later Stages

July 7th: “Care and Share” session

August 4th: Developing Healthy Habits using Health Technology

September 1st: “Care and Share” session

October 6th: Non- Motor Symptoms

November 3rd: “Care and Share” session

December 1st: Tips for living your best life with PD—members share their best ideas

Contact Erin to register via e-mail at erin.cecchi@nm.org