



Study Title: Study in Parkinson Disease of Exercise Phase 3 Clinical Trial: SPARX3

We are seeking volunteers to participate in a clinical research trial to learn more about the effects of aerobic exercise on people with Parkinson's disease.

You may be eligible to participate if you:

- Have been diagnosed with Parkinson's disease within the last 3 years and are not yet taking medication for your PD symptoms
- You do not plan to start medication for PD within the next 6 months
 - Are willing to take part in a regular treadmill exercise program 4x/week for 18 months and participate in study visits periodically for 24 months
 - Are 40-80 years old
- Are not already participating in a structured exercise program

Principal Investigator: Cynthia Poon, PhD
Department: Neurology

If interested, please contact Garrett Griffith
garrett.griffith@northwestern.edu, 312-503-0071

Participants will be recruited under study number: STU00211903